



01

- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Morning Scenic Drive
- 1:00 Lidia & Isaia Hymn Sing Along
- 2:00 Who am I?
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

02

- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Reminiscing Time!
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Balloon Toss
- 3:00 Karaoke Sing Along
- 6:00 Open Activities W/CNA's

03

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Things you would find..
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 National Chocolate Wafer Day W/Milk
- 3:00 Guess the Tune!
- 6:00 Open Activities W/CNA's

July 4th

- 9:00 Chronicles & Horoscope
- 9:30 Fun Yoga Video's
- 10:15 Hangman
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Bowling!
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

05

- 9:00 Chronicles & Horoscope
- 10:00 Worship Hymn Sing Along W/Lidia & Isaia
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Manicures!
- 2:30 Movie Afternoon with Popcorn!
- 6:00 Open Activities W/CNA's

06

- 9:00 Fun Noodles
- 9:30 Chronicles & Horoscope
- 10:00 Coffee Clutch & Chat!
- 1:30 National Geographic program
- 1:30 Exercise & Walking Club
- 2:30 Music & Hydration
- 3:30 Word search's & Coloring
- 6:00 Open Activities W/CNA's

07

- 9:15 Chronicles & Horoscope
- 9:45 Stretch & Move
- 10:15 Words to live by
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Tabletop Games
- 3:00 Kickball
- 6:00 Open Activities W/CNA's

08



- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Morning Scenic Drive
- 1:00 Lidia & Isaia Hymn Sing Along
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 3:00 BINGO!
- 3:00 Hands on Hickory Knolls!
- 6:00 Open Activities W/CNA's

09

- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Guess the Tune!
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Basketball
- 3:00 I Got It!
- 6:00 Open Activities W/CNA's

10

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Rolls the Dice Break the Ice
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Happy Hour (Piña Colada Day)
- 3:00 Headbandz Game
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Fun Yoga Video's
- 10:00 Junk Drawer Detective
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 7-11 Day
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Worship Hymn Sing Along W/Lidia & Isaia
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Manicures!
- 2:30 Movie Afternoon with Popcorn!
- 6:00 Open Activities W/CNA's

13

- 9:00 Visit W/Julia
- 10:00 Coffee Clutch & Chat!
- 1:30 National Geographic program
- 1:30 Exercise & Walking Club
- 2:30 Music & Hydration
- 3:30 Word search's & Coloring
- 6:00 Open Activities W/CNA's

14

- 9:00 Chronicles & Horoscope
- 9:30 Stretch & Move
- 10:00 Words in Words
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 The Price Is Right!
- 3:00 Who am I?
- 6:00 Open Activities W/CNA's

15

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Morning Scenic Drive
- 1:00 Lidia & Isaia Hymn Sing Along
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

16



- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Finish the Phrase
- 1:00 Let's Chat!!
- 1:30 Hickory Knolls
- 2:30 Exercise & Walking Club
- 3:00 Karaoke Sing Along
- 6:00 Open Activities W/CNA's

17

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Name the 10
- 1:00 Visit W/Chance!
- 2:00 National Hot Dog Day!
- 3:00 Let's Chat!!
- 6:00 Open Activities W/CNA's

18

- 9:00 Chronicles & Horoscope
- 9:30 Fun Yoga Video's
- 10:00 Book Club
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Magazine Scrapbooking!
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Worship Hymn Sing Along W/Lidia & Isaia
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Ice Cream Social
- 3:00 Movie Afternoon with Popcorn!
- 6:00 Open Activities W/CNA's

20

- 9:00 Visit W/Hairy & Dolan
- 10:00 Coffee Clutch & Chat!
- 1:30 National Geographic program
- 1:30 Exercise & Walking Club
- 2:30 Music & Hydration
- 3:30 Word search's & Coloring
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Stretch & Move
- 10:00 I Got It!
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Magazine Scrapbooking!
- 3:00 Reminiscing Time!
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Morning Scenic Drive
- 1:00 Lidia & Isaia Hymn Sing Along
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 National Mango Day
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

23

- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Basketball
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Vanilla Ice Cream Day
- 3:00 Who am I?
- 6:00 Open Activities W/CNA's

24

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Guess the Logo
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Parachute
- 3:00 Hangman
- 6:00 Open Activities W/CNA's

25

- 9:00 Chronicles & Horoscope
- 9:30 Fun Yoga Video's
- 10:00 Breaking Grounds!
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 National Hot Fudge Sundae's
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Worship Hymn Sing Along W/Lidia & Isaia
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Manicures!
- 2:30 Movie Afternoon with Popcorn!
- 6:00 Open Activities W/CNA's

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- 9:00 Fun Noodles
- 9:30 Chronicles & Horoscope
- 10:00 Coffee Clutch & Chat!
- 1:30 National Geographic program
- 1:30 Exercise & Walking Club
- 2:30 Music & Hydration
- 3:30 Word search's & Coloring
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Stretch & Move
- 10:00 The Prize is Right!
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Balloon Toss
- 3:00 Things you would find..
- 6:00 Open Activities W/CNA's

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- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Morning Scenic Drive
- 1:00 Lidia & Isaia Hymn Sing Along
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 HW Birthday Social
- 3:00 BINGO!
- 6:00 Open Activities W/CNA's

30

- 9:00 Chronicles & Horoscope
- 9:30 Exercise
- 10:00 Who am I?
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 Magazine Scrapbooking!
- 3:00 Kickball
- 6:00 Open Activities W/CNA's

31

- 9:00 Chronicles & Horoscope
- 9:30 Fun Noodles
- 10:00 Words in Words
- 1:00 Let's Chat!!
- 1:30 Exercise & Walking Club
- 2:00 National Watermelon Day!
- 3:00 Karaoke Sing Along
- 6:00 Open Activities W/CNA's



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

Activities are subject to change.

Monthly wellness checks with nursing: The 1st week of the month.

Resident Council: 2nd Wednesday of the month.