

JUNE 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

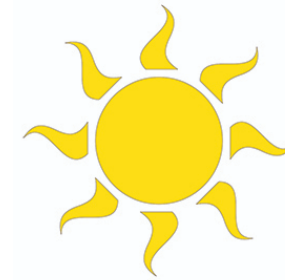
SATURDAY

Jun 30

9:00 | Chronicles & Horoscope
9:30 | Stretch & Move
10:00 | Words in Words
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Sunshine & Kickball
3:00 | Fun Facts!
6:00 | Open Activities W/CNA's



-6/2 Regina
-6/18 Betty



01

9:00 | Fun Noodles
9:30 | Chronicles & Horoscope
10:00 | Coffee Clutch & Chat!
1:30 | National Geographic program
1:30 | Exercise & Walking Club
2:30 | Music & Hydration
3:30 | Word search's & Coloring
6:00 | Open Activities W/CNA's

02

9:00 | Chronicles & Horoscope
9:30 | Stretch & Move
10:00 | Junk Drawer Detective
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Basketball Game!
3:00 | Guess the Tune!
6:00 | Open Activities W/CNA's

03

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Morning Scenic Drive
1:00 | Lidia & Isaia Hymn Sing Along
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Finish the Phrase & Perfect Pairs
3:00 | BINGO!
6:00 | Open Activities W/CNA's

04

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Karaoke Sing Along
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Happy Hour!!
3:00 | Words To Live By...
6:00 | Open Activities W/CNA's



05

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Butterfly Garden Outing!
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Balloon Volleyball!
3:00 | Book Club!
6:00 | Open Activities W/CNA's



06

9:00 | Chronicles & Horoscope
9:30 | Fun Yoga Video's
10:00 | Hangman!
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Headbandz Game!
3:00 | BINGO!
6:00 | Open Activities W/CNA's

07

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Hymn Sing Along W/Lidia & Isaia
1:00 | Let's Chat!!
1:30 | Exercise & Walking
2:00 | Donut Day!
3:00 | Donuts Fun Facts & Coloring
6:00 | Open Activities W/CNA's



It is DONUT DAY!

08

9:00 | Visit W/Julia (Therapy Dog)
10:00 | Coffee Clutch & Chat!
1:30 | National Geographic program
1:30 | Exercise & Walking Club
2:30 | Music & Hydration
3:30 | Word search's & Coloring
6:00 | Open Activities W/CNA's



09

9:00 | Chronicles & Horoscope
9:30 | Stretch & Move
10:00 | Kickball!
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Who am I?
3:00 | Fun Trivia!
6:00 | Open Activities W/CNA's

10

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Morning Scenic Drive
1:00 | Lidia & Isaia Hymn Sing Along
2:00 | BINGO!
3:00 | Hands on Hickory Knolls
6:00 | Open Activities W/CNA's



11

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | I got it! (card game)
12:30 | Paddlewheel RiverBoat Outing
1:30 | Exercise & Walking Club
2:00 | The Prize is Right!
3:00 | Reminiscing Fun!
6:00 | Open Activities W/CNA's



12

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Bowling!
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Book Club!
3:00 | Karaoke Sing Along
6:00 | Open Activities W/CNA's



13

9:00 | Chronicles & Horoscope
9:30 | Fun Yoga Video's
10:00 | Memory Card Games
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Reading Skills Puzzles
3:00 | BINGO!
6:00 | Open Activities W/CNA's

14 Flag Day

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Worship Hymn Sing Along W/Lidia & Isaia
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Flag Day Craft!
3:00 | Movie Afternoon with Popcorn!
6:00 | Open Activities W/CNA's



15

9:00 | Visit W/Hairy & Dolan (Therapy Dog)
10:00 | Coffee Clutch & Chat!
1:30 | National Geographic program
1:30 | Exercise & Walking Club
2:30 | Music & Hydration
3:30 | Word search's & Coloring
6:00 | Open Activities W/CNA's



16 Father's Day

9:00 | Chronicles & Horoscope
9:30 | Stretch & Move
10:00 | Table Top Games
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | The Prize is Right
3:00 | Things you would find...
6:00 | Open Activities W/CNA's



17

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Library Program
1:00 | Lidia & Isaia Hymn Sing Along
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
3:00 | BINGO!
6:00 | Open Activities W/CNA's

18

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Name the 5
1:00 | Let's Chat!!
1:30 | Hickory Knolls Program
2:30 | Exercise & Walking Club
3:30 | Karaoke Sing Along
6:00 | Open Activities W/CNA's



19

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Guess the Tune
1:00 | Visit with Chance (Therapy Dog)
2:00 | Let's Chat!!
2:30 | Exercise & Walking Club
3:30 | Kickball & Sunshine
6:00 | Open Activities W/CNA's



20

9:00 | Chronicles & Horoscope
9:30 | Fun Yoga Video's
10:00 | Brain Teasers & Spelling Bee
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Watercolor Painting
3:00 | BINGO!
6:00 | Open Activities W/CNA's

21

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Worship Hymn Sing Along W/Lidia & Isaia
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Sweet Iced Tea & Sandwiches!
3:00 | Movie Afternoon with Popcorn!
6:00 | Open Activities W/CNA's



22

9:00 | Fun Noodles
9:30 | Chronicles & Horoscope
10:00 | Coffee Clutch & Chat!
1:30 | National Geographic program
1:30 | Exercise & Walking Club
2:30 | Music & Hydration
3:30 | Word search's & Coloring
6:00 | Open Activities W/CNA's

23

9:00 | Chronicles & Horoscope
9:30 | Stretch & Move
10:00 | Balloon Toss
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Would you rather..
3:00 | Color by Number
6:00 | Open Activities W/CNA's

24

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Outdoor Picnic!
1:00 | Lidia & Isaia Hymn Sing Along
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
3:00 | BINGO!
6:00 | Open Activities W/CNA's



25

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Words To Live By...
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Heritage Woods Birthday Social
3:00 | Kickball!
6:00 | Open Activities W/CNA's



26

9:00 | Chronicles & Horoscope
9:30 | Fun Noodles
10:00 | Puzzles & Adult Coloring
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Ice Cream Social & Riddles
3:00 | I got it (Card Game)
6:00 | Open Activities W/CNA's



27

9:00 | Chronicles & Horoscope
9:30 | Fun Yoga Video's
10:00 | Breaking Grounds!
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
3:00 | BINGO!
3:00 | Guess the Tune!
6:00 | Open Activities W/CNA's



28

9:00 | Chronicles & Horoscope
9:30 | Exercise
10:00 | Worship Hymn Sing Along W/Lidia & Isaia
1:00 | Let's Chat!!
1:30 | Exercise & Walking Club
2:00 | Manicures!
2:30 | Movie Afternoon with Popcorn!
6:00 | Open Activities W/CNA's

29

9:00 | Fun Noodles
9:30 | Chronicles & Horoscope
10:00 | Coffee Clutch & Chat!
1:30 | National Geographic program
1:30 | Exercise & Walking Club
2:30 | Music & Hydration
3:30 | Word search's & Coloring
6:00 | Open Activities W/CNA's

Dimensions of Wellness
Physical
Emotional
Spiritual
Environmental
Vocational
Social
Intellectual

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

Activities are subject to change.

Monthly wellness checks with nursing: The 1st week of the month.

Resident Council: 2nd Wednesday of the month.