

# May

MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Dimensions of Wellness**

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

Activities are subject to change.

Monthly wellness checks with nursing: The 1st week of the month.

Resident Council: 2nd Wednesday of the month.

			<b>01</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  The Prize is Right! 1:00  Let's Chat!! 1:30  Gail Borden Outing! 3:00  Guess the Tune! 6:00  Open Activities W/CNA's	<b>02</b> 9:00  Chronicles & Horoscope 9:30  Fun Yoga Video's 10:00  Balloon Toss 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Words in Words 3:00  BINGO! 6:00  Open Activities W/CNA's	<b>03</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Worship Hymn Sing Along W/Lidia & Isaia 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Manicures! 2:30  Movie Afternoon with Popcorn! 6:00  Open Activities W/CNA's	<b>04</b> 9:00  Fun Noodles 9:30  Chronicles & Horoscope 10:00  Coffee Clutch & Chat! 1:30  National Geographic program 1:30  Exercise & Walking Club 2:30  Music & Hydration 3:30  Word search's & Coloring 6:00  Open Activities W/CNA's
<b>05</b>  9:00  Chronicles & Horoscope 9:30  Stretch & Move 10:00  Basketball Game! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Junk Drawer Detective 3:00  The Price is Right! 6:00  Open Activities W/CNA's	<b>06</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Morning Scenic Drive 1:00  Lidia & Isaia Hymn Sing Along 2:00  Exercise & Walking Club 3:00  BINGO! 6:00  Open Activities W/CNA's	<b>07</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Name the 10 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Roll The Dice Break The Ice 3:00  Guess the Tune! 6:00  Open Activities W/CNA's	<b>08</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  The Price Is Right! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Magazine Scrapbooking! 3:00  Kickball 6:00  Open Activities W/CNA's	<b>09</b> 9:00  Chronicles & Horoscope 9:30  Fun Yoga Video's 10:00  I Got It! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Mother's Day Party! 3:00  BINGO! 6:00  Open Activities W/CNA's 	<b>10</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Worship Hymn Sing Along W/Lidia & Isaia 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Manicures! 2:30  Movie Afternoon with Popcorn! 6:00  Open Activities W/CNA's	<b>11</b>  9:00  Therapy Dog Visit! 9:00  Fun Noodles 9:30  Chronicles & Horoscope 10:00  Coffee Clutch & Chat! 1:30  National Geographic program 1:30  Exercise & Walking Club 2:30  Music & Hydration 3:30  Word search's & Coloring 6:00  Open Activities W/CNA's
<b>12</b> <b>Mother's Day</b> 9:00  Chronicles & Horoscope 9:30  Stretch & Move 10:00  Headbandz Game 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Puzzles & Pondering! 3:00  Balloon Toss 6:00  Open Activities W/CNA's 	<b>13</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Morning Scenic Drive 1:00  Lidia & Isaia Hymn Sing Along 2:00  BINGO! 3:00  Hands on Hickory Knolls! 6:00  Open Activities W/CNA's	<b>14</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Guess the Tune! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Watercolor Painting 3:00  Basketball 6:00  Open Activities W/CNA's	<b>15</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Reading Club! 1:00  Therapy Dog Chance!  2:00  Let's Chat!! 2:30  Exercise & Walking Club 3:00  Junk Drawer Detective 6:00  Open Activities W/CNA's	<b>16</b> 9:00  Chronicles & Horoscope 9:30  Fun Yoga Video's 10:00  Bowling 1:00  Let's Chat!! 1:30  Exercise & Walking Club 3:00  BINGO! 3:00  Who am I? 6:00  Open Activities W/CNA's	<b>17</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Worship Hymn Sing Along W/Lidia & Isaia 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Manicures! 2:30  Movie Afternoon with Popcorn! 6:00  Open Activities W/CNA's	<b>18</b>   9:00  Hairy & Dolan Therapy Dog Visit! 10:00  Coffee Clutch & Chat! 1:30  National Geographic program 1:30  Exercise & Walking Club 2:30  Music & Hydration 3:30  Word search's & Coloring 6:00  Open Activities W/CNA's
<b>19</b> 9:00  Chronicles & Horoscope 9:30  Stretch & Move 10:00  Sunshine fun 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Tabletop Games 3:00  Kickball 6:00  Open Activities W/CNA's	<b>20</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Morning Scenic Drive 1:00  Lidia & Isaia Hymn Sing Along 1:00  Let's Chat!! 1:30  Exercise & Walking Club 3:00  BINGO! 6:00  Open Activities W/CNA's	<b>21</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Reminiscing Time! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  International Tea Day! 3:00  I Got It! 6:00  Open Activities W/CNA's 	<b>22</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Guess the Tune! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Volleyball 3:00  Words in Words 6:00  Open Activities W/CNA's	<b>23</b> 9:00  Chronicles & Horoscope 9:30  Fun Yoga Video's 10:00  Breaking Grounds! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Balloon Toss 3:00  BINGO! 6:00  Open Activities W/CNA's 	<b>24</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Worship Hymn Sing Along W/Lidia & Isaia 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Manicures! 2:30  Movie Afternoon with Popcorn! 6:00  Open Activities W/CNA's	<b>25</b> 9:00  Fun Noodles 9:30  Chronicles & Horoscope 10:00  Coffee Clutch & Chat! 1:30  National Geographic program 1:30  Exercise & Walking Club 2:30  Music & Hydration 3:30  Word search's & Coloring 6:00  Open Activities W/CNA's
<b>26</b> 9:00  Chronicles & Horoscope 9:30  Stretch & Move 10:00  Brain Teasers & Spelling Bee 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Guess the Logo 6:00  Open Activities W/CNA's	<b>27</b> <b>Memorial Day</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Morning Scenic Drive 1:00  Lidia & Isaia Hymn Sing Along 1:00  Let's Chat!! 1:30  Exercise & Walking Club 3:00  BINGO! 6:00  Open Activities W/CNA's	<b>28</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Book Club 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Birthday Social at Heritage 3:00  Woods 6:00  Would you Rather Open Activities W/CNA's	<b>29</b> 9:00  Chronicles & Horoscope 9:30  Fun Noodles 10:00  Finish the Phrase 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Parachute! 3:00  Name the 10 6:00  Open Activities W/CNA's	<b>30</b> 9:00  Chronicles & Horoscope 9:30  Fun Yoga Video's 10:00  Magazine Scrapbooking! 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Words to live by 3:00  BINGO! 6:00  Open Activities W/CNA's	<b>31</b> 9:00  Chronicles & Horoscope 9:30  Exercise 10:00  Worship Hymn Sing Along W/Lidia & Isaia 1:00  Let's Chat!! 1:30  Exercise & Walking Club 2:00  Manicures! 2:30  Movie Afternoon with Popcorn! 6:00  Open Activities W/CNA's	