

APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual



If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

Activities are subject to change.

Monthly wellness checks with nursing: The 1st week of the month.

Resident Council: 2nd Wednesday of the month.

01	02	03	04	05	06
 <p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Morning Scenic Drive 1:00 Lidia & Isaia Hymn Sing Along 2:00 Exercise & Walking Club 3:00 BINGO! 6:00 Open Activities W/CNA's</p> 	<p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Headbandz Game! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Volleyball! 3:00 I got it (Card Game) 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Tabletop Games 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Paint a Rainbow! 3:00 Words To Live By... 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Fun Yoga Video's 10:00 Guess the Tune! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Reminiscing Fun! 3:00 BINGO! 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Worship Hymn Sing Along W/Lidia & Isaia 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Manicures! 2:30 Movie Afternoon with Popcorn! 6:00 Open Activities W/CNA's</p>	<p>9:00 Fun Noodles 9:30 Chronicles & Horoscope 10:00 Coffee Clutch & Chat! 1:30 National Geographic program 1:30 Exercise & Walking Club 2:30 Music & Hydration 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's</p>
<p>9:00 Chronicles & Horoscope 9:30 Stretch & Move 10:00 Roll The Dice Break The Ice 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Target Shooting Game 3:00 Famous People Conversating 4:00 Hangman! 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Morning Scenic Drive 1:00 Lidia & Isaia Hymn Sing Along 2:00 BINGO! 3:00 Hickory Knolls Hands On 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Book Club! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Basketball Game! 3:00 Reading Skills Puzzles 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Words in Words 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Happy Hour!! 3:00 Balloon Toss 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Fun Yoga Video's 10:00 Guess the Tune! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Puzzles & Adult Coloring 3:00 BINGO! 6:00 Open Activities W/CNA's</p>	<p>9:00 Therapy Dog Visit! 10:00 Coffee Clutch & Chat! 1:30 National Geographic program 1:30 Exercise & Walking Club 2:30 Music & Hydration 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's</p>
<p>9:00 Chronicles & Horoscope 9:30 Stretch & Move 10:00 Words to live by 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Magazine Scrap-Booking 3:00 Parachute 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Library Program 1:00 Lidia & Isaia Hymn Sing Along 2:00 BINGO! 3:00 Words in Words 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Volleyball! 1:00 Let's Chat!! 1:30 Hickory Knolls Program 2:30 Exercise & Walking Club 3:00 Pokeno 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Guess the Tune! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Parachute Game 3:00 Target Shooting Game 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Worship Hymn Sing Along W/Lidia & Isaia 1:00 Let's Chat!! 1:30 Fruit Activity 2:00 Manicures! 2:30 Movie Afternoon with Popcorn! 6:00 Open Activities W/CNA's</p>	<p>9:00 Therapy Dog Visit! 10:00 Coffee Clutch & Chat! 1:30 National Geographic program 1:30 Exercise & Walking Club 2:30 Music & Hydration 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's</p>
<p>9:00 Chronicles & Horoscope 9:30 Stretch & Move 10:00 Junk Drawer Detective 1:00 Exercise & Walking Club 1:30 Let's Chat!! 2:00 The Prize is Right! 3:00 Kickball! 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Morning Scenic Drive 1:00 Lidia & Isaia Hymn Sing Along 2:00 Earth Day - Make Seed Bombs! 3:00 BINGO! 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Exercise 10:00 Tea Time! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Headbandz Game! 3:00 Reminiscing Fun/Open Activities W/CNA's</p> 	<p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Reading Club! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Crafting Corner! 3:00 Finish the Phrase & Perfect Pairs 6:00 Open Activities W/CNA's</p>	 <p>9:00 Chronicles & Horoscope 9:30 Fun Yoga Video's 10:00 Rock Painting! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Guess the Tune! 3:00 BINGO! 6:00 Open Activities W/CNA's</p>	<p>9:00 Fun Noodles 9:30 Chronicles & Horoscope 10:00 Coffee Clutch & Chat! 1:30 National Geographic program 1:30 Exercise & Walking Club 2:30 Music & Hydration 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's</p>
<p>9:00 Chronicles & Horoscope 9:30 Stretch & Move 10:00 Balloon Toss 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 I got it (Card Game) 3:00 Things you would find... 6:00 Open Activities W/CNA's</p>	<p>9:00 Chronicles & Horoscope 9:30 Fun Noodles 10:00 Morning Scenic Drive 1:00 Lidia & Isaia Hymn Sing Along 2:00 Exercise & Walking Club 3:00 BINGO! 6:00 Open Activities W/CNA's</p>	<p>9:30 Splash of Color W/Colleen! 1:00 Let's Chat!! 1:30 Exercise & Walking Club 2:00 Basketball Game! 3:00 Junk Drawer Detective 6:00 Open Activities W/CNA's</p> 			