

SUMMER TIME

JUNE 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Jun 30

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Coffee & News DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Music with Friends UPF
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD

02

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Coffee & News DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Music with Friends UPF
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD

09

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Coffee & News DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Music with Friends UPF
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD

Father's Day

16

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Coffee & News DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Fathers Day Cook Out DIN
- 11:00 Physical/INT. Wellness MCD
- 1:00 Music with Friends UPF
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD

23

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Coffee & News DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Music with Friends UPF
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD

03

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Trash Card Game ACT
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Bingo DIN
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Evening Exercise ACT

10

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Match that candy Game DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Sweet Tea Social BP
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Evening Exercise ACT

17

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Aggregation Board Game ACT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Trivia- General MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 Gardening Club BP
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Evening Exercise ACT

24

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Trivia- General DOW
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Gardening Club BP
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Evening Exercise ACT

04

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Shuttle Day VT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Bingo DIN
- 2:00 Creative Expressions MCD
- 3:00 Happy Hour DOW
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Evening Revival ACT

11

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Shuttle Day VT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Bingo DIN
- 2:00 Creative Expressions MCD
- 3:00 Happy Hour DOW
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Evening Revival ACT

18

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Shuttle Day VT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Bingo DIN
- 2:00 Creative Expressions MCD
- 3:00 Happy Hour DOW
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Evening Revival ACT

25

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Shuttle Day VT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Bingo DIN
- 2:00 Creative Expressions MCD
- 3:00 Happy Hour DOW
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Evening Revival ACT

05

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Guess that TV Tune DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Communion DIN
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Garden Trivia BP
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Walking Warriors Hall

12

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Gardening Club BP
- 1:00 Communion DIN
- 1:00 Quiet/Indep. Time RC
- 2:00 Axe Throwing Game DOW
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Walking Warriors Hall

Juneteenth

19

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Communion DIN
- 1:00 Quiet/Indep. Time RC
- 2:00 Connect 4 Game DOW
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 5:30 County Theater- Annie VT
- 6:00 Intentional Moments MCD
- 6:30 Walking Warriors Hall

26

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Library Trip VT
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Communion DIN
- 1:00 Quiet/Indep. Time RC
- 2:00 Food Meeting ACT
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Walking Warriors Hall

06

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Bingo DIN
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Facts about The Baltics DOW
- 3:00 Grab-and-Go Craft ACT
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Game Night UL

13

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Bingo DIN
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Snacks From The Baltics DOW
- 3:00 Grab-and-Go Craft ACT
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Game Night ACT

20

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Bingo DIN
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 First Day Of Summer Social BP
- 3:00 Grab-and-Go Craft ACT
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 5:30 The Longest day Carnival Event EC
- 6:00 Intentional Moments MCD
- 6:30 Game Night Hall

27

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Bingo DIN
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 June Birthday Party DIN
- 3:00 Grab-and-Go Craft ACT
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Game Night ACT

07

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Chair Exercise- floor Ball DOW
- 10:00 Donut Day (Donuts and Coffee) DOW
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 2:00 Fishing Trip VT
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Movies With Friends ACT

14

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Chair Exercise - ti-chi UL
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 2:00 Mystery Van Ride VT
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Movies With Friends ACT

21

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Chair Exercise - Dance UL
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 12:00 Picnic At the Park VT
- 1:00 Quiet/Indep. Time RC
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Movies With Friends ACT

28

- 9:00 Music Appreciation- iN2L MCD
- 9:30 Chair Exercise- Yoga DOW
- 10:00 Resident Council UPF
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Mystery Van Ride VT
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:30 Movies With Friends ACT

08

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Activity Puzzle Packets FD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Helping Hands UL
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Games with Friends UL

15

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Activity Puzzle Packets FD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Helping Hands UL
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Games with Friends UL








22

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Activity Puzzle Packets FD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Helping Hands UL
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Games with Friends UL

29

- 9:00 Music Appreciation- iN2L MCD
- 10:00 Activity Puzzle Packets FD
- 10:00 Spiritual/ INT. Wellness MCD
- 11:00 Physical/INT. Wellness MCD
- 1:00 Quiet/Indep. Time RC
- 1:30 Helping Hands UL
- 2:00 Creative Expressions MCD
- 3:00 INT. Wellness & Snacks MCD
- 4:00 Vocational Wellness MCD
- 6:00 Intentional Moments MCD
- 6:00 Games with Friends UL

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- BP** Back Patio
- MCD** MC Dining room
- FD** Front Desk
- RC** Resident Choice
- UL** Upstairs Lounge
- DOW** Downstairs Foyer
- UPF** Upstairs Foyer
- ACT** Activity Room
- DIN** Dining Room
- ACT** Activity Room
- VT** Van Trip
- DIN** Dining Room
- DOW** Downstairs Foyer
- Hall** Hallway Walks
- EC** Entire Community

Wellness Checks will be completed by CNAs the first week of June

Be sure to sign up for all bus trips. Sign up sheets will be posted across from the mail boxes.

