

# SUMMER TIME

**JUNE 2024**

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**








**THURSDAY**

**FRIDAY**

**SATURDAY**

	<b>Jun 30</b>							<b>01</b>					
9:30 ☐ Coffee & News <span style="float:right">DOW</span> 1:00 ☐ Music with Friends <span style="float:right">UPF</span>								10:00 ☐ Activity Puzzle Packets <span style="float:right">FD</span> 1:30 ☐ Helping Hands <span style="float:right">UL</span> 6:00 ☐ Games with Friends <span style="float:right">UL</span>					
9:30 ☐ Coffee & News <span style="float:right">DOW</span> 1:00 ☐ Music with Friends <span style="float:right">UPF</span>	<b>02</b>	10:00 ☐ Trash Card Game <span style="float:right">ACT</span> 1:30 ☐ Bingo <span style="float:right">DIN</span> 6:30 ☐ Evening Exercise <span style="float:right">ACT</span>	<b>03</b>	9:30 ☐ Shuttle Day <span style="float:right">VT</span> 1:30 ☐ Bingo <span style="float:right">DIN</span> 3:00 ☐ Happy Hour <span style="float:right">DOW</span> 6:00 ☐ Evening Revival <span style="float:right">ACT</span>	<b>04</b>	10:00 ☐ Guess that TV Tune <span style="float:right">DOW</span> 1:00 ☐ Communion <span style="float:right">DIN</span> 2:00 ☐ Garden Trivia <span style="float:right">BP</span> 6:30 ☐ Walking Warriors <span style="float:right">Hall</span>	<b>05</b>	9:30 ☐ Bingo <span style="float:right">DIN</span> 2:00 ☐ Facts about The Baltics <span style="float:right">DOW</span> 3:00 ☐ Grab-and-Go Craft <span style="float:right">ACT</span> 6:30 ☐ Game Night <span style="float:right">UL</span>	<b>06</b>	9:30 ☐ Chair Exercise-floor Ball <span style="float:right">DOW</span> 10:00 ☐ Donut Day (Donuts and Coffee) <span style="float:right">DOW</span> 2:00 ☐ Fishing Trip <span style="float:right">VT</span> 6:30 ☐ Movies With Friends <span style="float:right">ACT</span>	<b>07</b>	10:00 ☐ Activity Puzzle Packets <span style="float:right">FD</span> 1:30 ☐ Helping Hands <span style="float:right">UL</span> 6:00 ☐ Games with Friends <span style="float:right">UL</span>	<b>08</b>
9:30 ☐ Coffee & News <span style="float:right">DOW</span> 1:00 ☐ Music with Friends <span style="float:right">UPF</span>	<b>09</b>	10:00 ☐ Match that candy Game <span style="float:right">DOW</span> 2:00 ☐ Sweet Tea Social <span style="float:right">BP</span> 6:30 ☐ Evening Exercise <span style="float:right">ACT</span>	<b>10</b>	9:30 ☐ Shuttle Day <span style="float:right">VT</span> 1:30 ☐ Bingo <span style="float:right">DIN</span> 3:00 ☐ Happy Hour <span style="float:right">DOW</span> 6:00 ☐ Evening Revival <span style="float:right">ACT</span>	<b>11</b>	1:00 ☐ Gardening Club <span style="float:right">BP</span> 1:00 ☐ Communion <span style="float:right">DIN</span> 2:00 ☐ Axe Throwing Game <span style="float:right">DOW</span> 6:30 ☐ Walking Warriors <span style="float:right">Hall</span>	<b>12</b>	9:30 ☐ Bingo <span style="float:right">DIN</span> 2:00 ☐ Snacks From The Baltics <span style="float:right">DOW</span> 3:00 ☐ Grab-and-Go Craft <span style="float:right">ACT</span> 6:30 ☐ Game Night <span style="float:right">ACT</span>	<b>13</b>	9:30 ☐ Chair Exercise - ti-chi <span style="float:right">UL</span> 1:30 ☐ Mystery Van Ride <span style="float:right">VT</span> 6:30 ☐ Movies With Friends <span style="float:right">ACT</span>	<b>14</b>	10:00 ☐ Activity Puzzle Packets <span style="float:right">FD</span> 1:30 ☐ Helping Hands <span style="float:right">UL</span> 6:00 ☐ Games with Friends <span style="float:right">UL</span>	<b>15</b>
<b>Father's Day</b>	<b>16</b>	10:00 ☐ Aggregation Board Game <span style="float:right">ACT</span> 2:00 ☐ Gardening Club <span style="float:right">BP</span> 6:30 ☐ Evening Exercise <span style="float:right">ACT</span>	<b>17</b>	9:30 ☐ Shuttle Day <span style="float:right">VT</span> 1:30 ☐ Bingo <span style="float:right">DIN</span> 3:00 ☐ Happy Hour <span style="float:right">DOW</span> 6:00 ☐ Evening Revival <span style="float:right">ACT</span>	<b>18</b>	1:00 ☐ Communion <span style="float:right">DIN</span> 1:30 ☐ Connect 4 Game <span style="float:right">DOW</span> 5:30 ☐ County Theater-Annie <span style="float:right">VT</span> 6:30 ☐ Walking Warriors <span style="float:right">Hall</span>	<b>19</b>	9:30 ☐ Bingo <span style="float:right">DIN</span> 2:00 ☐ First Day Of Summer Social <span style="float:right">BP</span> 3:00 ☐ Grab-and-Go Craft <span style="float:right">ACT</span> 5:30 ☐ The Longest day Carnival Event <span style="float:right">EC</span> 6:30 ☐ Game Night <span style="float:right">UL</span>	<b>20</b>	9:30 ☐ Chair Exercise - Dance <span style="float:right">UL</span> 12:00 ☐ Picnic At the Park <span style="float:right">VT</span> 6:30 ☐ Movies With Friends <span style="float:right">ACT</span>	<b>21</b>	10:00 ☐ Activity Puzzle Packets <span style="float:right">FD</span> 1:30 ☐ Helping Hands <span style="float:right">UL</span> 6:00 ☐ Games with Friends <span style="float:right">UL</span>	<b>22</b>
9:30 ☐ Coffee & News <span style="float:right">DOW</span> 1:00 ☐ Music with Friends <span style="float:right">UPF</span>	<b>23</b>	10:00 ☐ Trivia- General <span style="float:right">DOW</span> 2:00 ☐ Gardening Club <span style="float:right">BP</span> 6:30 ☐ Evening Exercise <span style="float:right">ACT</span>	<b>24</b>	9:30 ☐ Shuttle Day <span style="float:right">VT</span> 1:30 ☐ Bingo <span style="float:right">DIN</span> 3:00 ☐ Happy Hour <span style="float:right">DOW</span> 6:00 ☐ Evening Revival <span style="float:right">ACT</span>	<b>25</b>	10:00 ☐ Library Trip <span style="float:right">VT</span> 1:00 ☐ Communion <span style="float:right">DIN</span> 1:30 ☐ Food Meeting <span style="float:right">ACT</span> 6:30 ☐ Walking Warriors <span style="float:right">Hall</span>	<b>26</b>	9:30 ☐ Bingo <span style="float:right">DIN</span> 2:00 ☐ June Birthday Party <span style="float:right">DIN</span> 3:00 ☐ Grab-and-Go Craft <span style="float:right">ACT</span> 6:30 ☐ Game Night <span style="float:right">ACT</span>	<b>27</b>	9:30 ☐ Chair Exercise-Yoga <span style="float:right">DOW</span> 10:00 ☐ Resident Council <span style="float:right">UPF</span> 1:30 ☐ Mystery Van Ride <span style="float:right">VT</span> 6:30 ☐ Movies With Friends <span style="float:right">ACT</span>	<b>28</b>	10:00 ☐ Activity Puzzle Packets <span style="float:right">FD</span> 1:30 ☐ Helping Hands <span style="float:right">UL</span> 6:00 ☐ Games with Friends <span style="float:right">UL</span>	<b>29</b>

**Dimensions of Wellness**

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

**Meeting Places**

- BP** Back Patio
- MCD** MC Dining room
- FD** Front Desk
- RC** Resident Choice
- UL** Upstairs Lounge
- DOW** Downstairs Foyer
- UPF** Upstairs Foyer
- ACT** Activity Room
- DIN** Dining Room
- ACT** Activity Room
- VT** Van Trip
- DIN** Dining Room
- DOW** Downstairs Foyer
- Hall** Hallway Walks
- EC** Entire Community

Wellness Checks will be completed by CNAs the first week of June

Be sure to sign up for all bus trips. Sign up sheets will be posted across from the mail boxes.

