







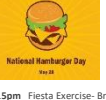




May 2024

White Oaks at Heritage Woods of South Elgin
America/Chicago (CDT)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|---|
| | | | 1 | 2 | 3 | 4 |
| | | | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | |
| <p>This Month We Are Celebrating All Month Resident Birthdays: May 4th Nancy May 8th Dietgard (Dieta) May 12th Rose May 13th Patricia</p>  |  | <p>Tree of the Month: Elm</p>  <p>Flower of the Month: Lily of the Valley</p>  <p>Birthstone of the Month: Emerald</p>  |  <p>10:00am Welcome May- May Day -Trivia- IQ, Sunroom 10:30am Balloon Toss- Kickball, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Snacks & Water, Sunroom 1:30pm Julia Comfort Dog Visit, Sunroom 3:00pm May Day- Bingo, Peach House 5:30pm Hangman Game, Blue House</p> | <p>10:00am Higher or Lower Board Game, Sunroom 10:30am May Stickman Board Game, Sunroom 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing, Bus for Outing 3:20pm afternoon workout with me- May Detective Games/ IN2L, Sunroom</p> | <p>10:00am Bingo, Peach House 11:00am Morning Walking Club, AB 1:00pm Cinco De Mayo Pre-Celebration-Happy Hour, Peach House 2:00pm Sing Along with Lidia & Isais', Blue House 3:00pm Comedy Hour, TV Room 5:30pm Instrumental Music, Garden Room</p> |  <p>10:00am *May the 4th be with you*- Trivia, Sunroom 10:30am Kickball, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity With Cna's, Blue House</p> |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | |
|  <p>10:00am Name that Tune- Sing Along, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p> | <p>10:00am BBQ & Backyard Game Trivia - Book Reading Club, Sunroom 10:30am Letter C Food Hangman - Can You picture this? Sunroom 11:00am Walking Club With Yvette, Blue House 1:30pm Bingo win & get a price, Peach House 2:30pm Sing Along with Lidia & Isais', Blue House 5:30pm Instrumental Music, Garden Room</p> |  <p>10:00am Traveling Tunes Tuesday- "On the road again", Sunroom 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Fiesta Exercise, Garden Room 3:00pm Brain Games & Kickball- Noodle Ball game with Yvette, Blue House 5:30pm Open Activity with Cna's, Blue House</p> | <p>10:00am May Name That Tune, Garden Room 11:00am Walking Club with Yvette, Blue House 1:15pm Bean Bag Toss, Blue House 2:30pm Fiesta Exercise & Snacks, Garden Room 3:00pm Bingo, Peach House 5:30pm Hangman Game, Blue House</p> | <p>10:00am Bings, Peach House 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing Drive in the Country, Bus for Outing 3:20pm afternoon workout with me- May Detective Games/ Family Feud IN2L Games, Sunroom 5:30pm- Game of the day- AB</p> |  <p>10:00am Mother's Day Tea Party, Peach House 10:45am Mother's Day- Short Story- Mother's Day Humor & Evolution, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Fiesta Exercise & Snacks - IN2L Mother's Day Trivia, Sunroom 5:30pm Instrumental Music, Garden Room</p> <p>HAPPY HOUR</p> | <p>10:00am Balloon Toss, Sunroom 10:30am Hangman & Family Feud IN2L, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p> |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | |
|  <p>10:00am Mother's Day Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p> | <p>10:00am Bingo win & get a price, Peach House 11:00am Walking Club with Yvette, Blue House 1:15pm National Apple Pie Day & History, Peach House 2:30pm Sing Along with Lidia & Isais', Blue House 5:30pm Instrumental Music, Garden Room</p> | <p>10:00am "Bicycle Built for Two"- Tuesday Song Trivia & History, Sunroom 10:45am Detective Game & Can you picture this? Garden Room 2:00pm Fiesta Exercise & Snacks, Sunroom 3:20pm Higher or Lower Board Game - Random Trivia, Sunroom 5:30pm Open Activity with Cna's, Blue House</p>  |  <p>10:00am Chocolate Chip Day- Milk & Cookies, Peach House 10:45am Chocolate Chip Day- Trivia & History, Sunroom 1:00pm Sit & Fit Exercise- Snacks, Garden Room 1:45pm Remembering Reces & Outdoor Games, Sunroom 3:00pm Bingo, Green House 5:30pm Puzzle Wednesday - Table Games, Blue House</p> | <p>10:00am Love a Tree- Tree Craft, Peach House 10:45am Balloon Toss- Kickball, Sunroom 1:30pm Bus Outing Drive in the Country, Bus for Outing 3:00pm afternoon workout with me, Sunroom 5:30pm Book Reading Club - Random May Trivia, Sunroom 5:30pm Game of the day with CNA, AB</p> | <p>10:00am Bingo, Peach House 11:30am Pizza Party- Lunch, AB 1:00pm Pizza Day- Toppings-Hangman Board Game - Pizza Trivia & History, Garden Room 2:00pm Sing Along with Lidia & Isais', Blue House 3:00pm Comedy Hour, TV Room 5:30pm Instrumental Music, Garden Room</p> | <p>10:00am- May Table Talk- Jeopardy Trivia-Sunroom 10:30am- Finish the phrase- Opposites - Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p> |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | B-Fit exercise with Yvette | |
| <p>10:00am May Random Trivia - Detective Games- Family Feud, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p> |  <p>10:00am Victoria Day- Victoria Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Ice Cream in The House Day- Ice Cream Social, Peach House 2:00pm Exercise & Snack, Sun Room 2:30pm Sing Along with Lidia & Isais', Blue House 5:30pm Instrumental Music, Garden Room</p> | <p>10:00am Balloon Toss, Sunroom 10:30am Hangman & Family Feud IN2L, Sunroom 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing, Bus for Outing 3:00pm Fiesta Exercise, Garden Room 3:30pm Brain Games & Jeopardy Trivia, Garden Room 5:30pm Open Activity with Cna's, Blue House</p>  | <p>10:00am Outdoor Rhyme Time, Garden Room 10:30am Who/Where/What am I Trivia, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Bean Bag Toss, Blue House 2:00pm Afternoon Stretches & Snacks, Sunroom 3:00pm Bingo, Peach House 5:30pm Hangman Game, Blue House</p> |  <p>10:00am Ladies Tea Party, Peach House 10:45am May Color Me Your Way- Word Searches, Peach House 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing Drive in the Country, Bus for Outing 3:00pm afternoon workout with me, Sunroom 3:30pm Higher or Lower Board Game - Family Feud, Sunroom 5:30pm- Puzzling & Table Games-AB</p> | <p>10:00am National Scavenger Hunt Day- Music Scavenger Hunt, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Afternoon Stretches & Snacks - May E2 Category Trivia/ Detective Games, Sunroom 2:00pm Sing Along with Lidia & Isais', Blue House 3:00pm Comedy Hour, TV Room 5:30pm Instrumental Music, Garden Room</p>  | <p>10:00am Bings, Peach House 11:00am Walking Club With Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity With Cna's, Blue House</p> |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | Seated Exercise With Yvette | |
| <p>10:00am Name that tune- catch a country by the tune, out 11:00am Walking Club with Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p> |  <p>10:00am Bingo win & get a price, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Patriotic Music- Name that tune- History & Trivia, Garden Room 2:00pm Afternoon Stretches & Snacks, Sunroom 2:30pm Sing Along with Lidia & Isais', Blue House 5:30pm Instrumental Music, Garden Room</p> |  <p>10:00am Eat A Burger Day- Trivia & History, Sunroom 10:30am Hamburger Toppings Hangman, Garden Room 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing, Bus for Outing 3:15pm Fiesta Exercise- Brain Games & Trivia, Garden Room 5:30pm Open Activity with Cna's, Blue House</p> | <p>10:00am Parachute Game & Name the 5, Blue House 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 3:00pm Bingo, Peach House 6:30pm Hangman Game, Blue House</p> |  <p>10:30am Manicure Day- Nails & Table Games & Coloring, Peach House 1:30pm Bus Outing Drive in the Country, Bus for Outing 3:15pm afternoon workout with me- April Detective Games/ family feud IN2L, Sunroom 5:30pm- Open Activity with CNA- AB</p> | <p>10:00am Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 5:30pm Instrumental Music, Garden Room</p> |  |

*If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator

*Activities Subject to change upon resident preferences.