

Activities subject to change.



JUNE 2024 SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- Dimensions of Wellness**
- Physical
 - Emotional
 - Spiritual
 - Environmental
 - Vocational
 - Social
 - Intellectual

- Meeting Places**
- DR** Dining Room
 - AR** Activity Room
 - LR** Living Room
 - MCD** MC Dining Room
 - L** Lounge
 - PL** Parking Lot
 - MC** Sun Room



Fundraisers
 Heritage Woods & White Oaks are having a fundraiser to raise money for the Longest Day. Bracelet Sales & Donations 5/20-6/20
 Line and Design Totes & Prints 5/1-6/7
 Abstract Paint and Sip Auction 6/18
 Paint the Courtyards purple 6/20
 MC & AL Exotic Feline Rescue Trip 6/21



	Jun 30	Staff Birthdays Alice B. 6/15 Marissa B. 6/19 Vivian J. 6/21 Clyde-Netta T. 6/22 Emma R. 6/24	<i>"My humanity is bound up in yours, for we can only be human together."</i> - Desmond Tutu		Happy FATHER'S DAY 	When one door closes, sometimes we need to turn the knob to open another... - J.A. TRAN	
	01						
	02	03	04	05	06	National Chocolate Ice Cream Day 07	08
	09	National Ballpoint Pen Day 10	11	12	13	14	15
	16	17	18	Juneteenth 19	20	21	22
	23	24	25	26	National Bomb Pop Day 27	28	29

9:00 Meet and Greet AR
 10:00 Songs of Faith LR
 12:00 Independent Time LR
 1:30 Puzzles and Table Games MCD
 2:00 Music Hour LR
 3:00 Sing Along MCD
 4:00 Activities with CNA's L

9:00 Doctor's Appointments PL
 9:30 Muscle moving Mondays LR
 10:00 Hangman AR
 12:30 Stretch and Sing LR
 1:30 Snack Social LR
 2:00 Book Club DR
 4:00 Activities with CNA's L

9:30 Tone it up Tuesdays AR
 10:00 Who Am I? LR
 12:30 Brain Teasers LR
 1:30 Memory Card Game DR
 1:30 Snack Social LR
 2:00 Bingo DR
 4:00 Activities with CNA's L

9:30 Work it out Wednesdays AR
 10:00 Name That Tune LR
 12:30 Balloon Ball LR
 1:30 Snack Social LR
 2:00 Music With Drew! MC
 3:00 Kickball MC
 4:00 Activities with CNA's L

9:30 Thriving Thursdays AR
 10:00 Pictionary LR
 12:30 Creative Expressions DR
 1:30 Spill the Tea LR
 2:00 Fun with words LR
 3:00 Classical Music with Clare MC
 4:00 Activities with CNA's L

9:30 Fitness Fridays AR
 10:00 Memory Lane LR
 12:30 Orientation & Hymns LR
 1:00 Ice Cream Happy Hour LR
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