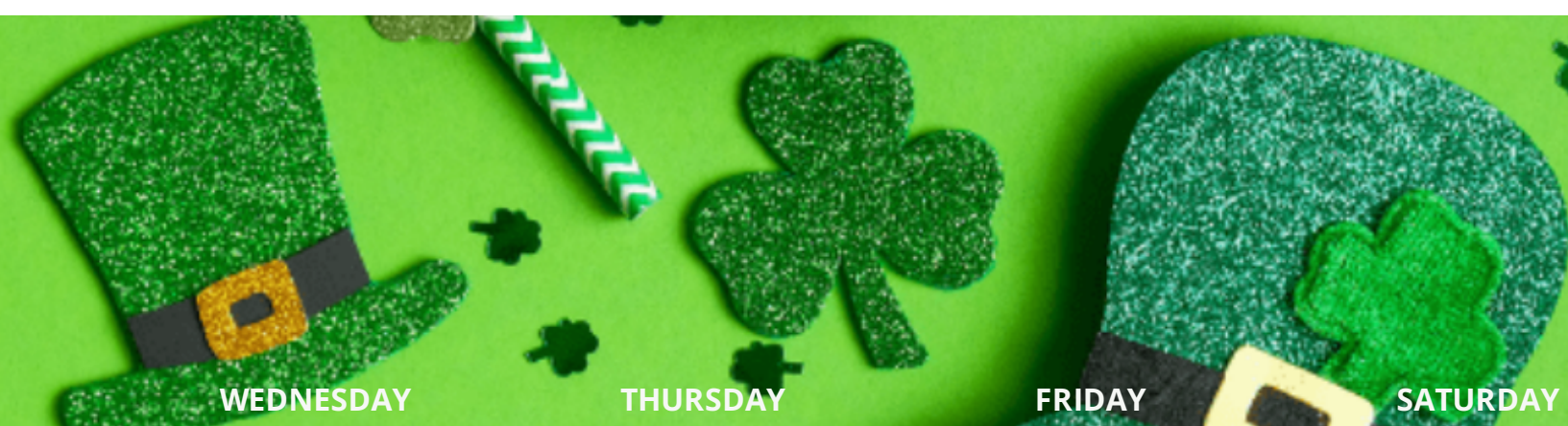


Activities subject to change.



MARCH 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

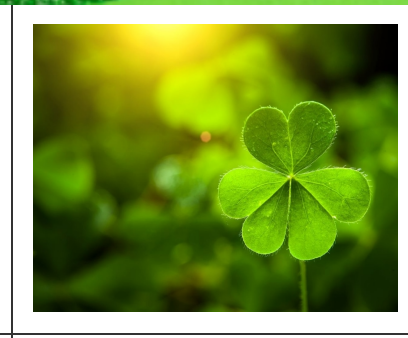
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual



Easter Day Mar 31

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

Riddle: What is easy to get into, but hard to get out of?



I am a great believer in luck, and find the harder I work the more I have of it.
-Thomas Jefferson

01

- 9:00 Exercise AR
- 10:00 Remember when LR
- 12:00 Independent Time LR
- 12:30 Orientation & Hymns LR
- 1:00 Ice Cream Happy Hour LR
- 2:00 Music With Drew! DR
- 3:00 Kick Ball MC
- 4:00 Activities with CNA's L

02

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

Meeting Places

- DR Dining Room
- LR Living Room
- AR Activity Room
- MC Sun Room
- L Lounge
- MCD MC Dining Room

Happy Birthday Betty B. 03

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

04

- 9:00 Exercise AR
- 10:00 Hangman AR
- 10:30 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 2:00 Book Club DR
- 4:00 Activities with CNA's L

05

- 9:00 Exercise AR
- 10:00 Who Am I? LR
- 12:00 Independent Time LR
- 12:30 Sensory Stimulation LR
- 1:30 Snack Social LR
- 2:00 Memory Card Game DR
- 3:00 Classical Music with Clare MC
- 4:00 Activities with CNA's L

06

- 9:00 Exercise AR
- 10:00 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 12:30 Balloon Ball LR
- 1:30 Snack Social LR
- 2:00 Music With Drew! MC
- 3:00 Bean Bag Toss MC
- 4:00 Activities with CNA's L

07

- 9:00 Exercise AR
- 10:00 News we can use LR
- 10:30 Pictionary LR
- 12:00 Independent Time LR
- 12:30 Creative Expressions DR
- 1:30 Snack Social LR
- 2:00 Fun with words LR
- 3:00 Balloon Ball LR
- 4:00 Activities with CNA's L

08

- 9:00 Exercise AR
- 10:00 Remember when LR
- 12:00 Independent Time LR
- 12:30 Orientation & Hymns LR
- 1:00 Ice Cream Happy Hour LR
- 2:00 Music With Drew! DR
- 3:00 Kick Ball MC
- 4:00 Activities with CNA's L

09

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

Staff Birthdays

- Sierra H. 03/03
- Tirza M. 03/06
- Jazlyn C. 03/10
- Mandeep S. 03/14
- Brooklyn R. 03/31

10

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

11

- 9:00 Exercise AR
- 10:00 Reminiscent Conversations LR
- 10:30 Hangman AR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 2:00 Book Club DR
- 4:00 Activities with CNA's L

12

- 9:00 Exercise AR
- 10:00 Who Am I? LR
- 10:30 Music Memories DR
- 12:00 Independent Time LR
- 12:30 Sensory Stimulation LR
- 1:00 Heart-to-Heart Social AR
- 2:00 Bingo DR
- 4:00 Activities with CNA's L

13

- 9:00 Exercise AR
- 10:00 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 12:30 Balloon Ball LR
- 1:30 Snack Social LR
- 2:00 Music With Drew! MC
- 3:00 Bean Bag Toss MC
- 4:00 Activities with CNA's L

Happy Birthday Diana N. 14

- 9:00 Exercise AR
- 10:00 News we can use LR
- 10:30 Pictionary LR
- 12:00 Independent Time LR
- 12:30 Creative Expressions DR
- 1:30 Snack Social LR
- 2:00 Fun with words LR
- 3:00 Classical Music with Clare MC
- 4:00 Activities with CNA's L

15

- 9:00 Exercise AR
- 10:00 Remember when LR
- 12:00 Independent Time LR
- 12:30 Orientation & Hymns LR
- 1:00 St. Patrick's Day Social LR
- 2:00 Music With Drew! DR
- 3:00 Kick Ball MC
- 4:00 Activities with CNA's L

16

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

St. Patrick's Day 17



17

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

18

- 9:00 Exercise AR
- 10:00 Hangman AR
- 10:30 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 2:00 Book Club DR
- 3:00 Classical Music with Clare MC
- 4:00 Activities with CNA's L

19

- 9:00 Exercise AR
- 10:00 Who Am I? LR
- 10:30 Music Memories DR
- 12:00 Independent Time LR
- 12:30 Sensory Stimulation LR
- 1:30 Memory Card Game DR
- 1:30 Snack Social LR
- 2:00 Bingo DR
- 4:00 Activities with CNA's L

20

- 9:00 Exercise AR
- 10:00 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 12:30 Balloon Ball LR
- 1:30 Snack Social LR
- 2:00 Music With Drew! MC
- 3:00 Bean Bag Toss MC
- 4:00 Activities with CNA's L

21

- 9:00 Exercise AR
- 10:00 News we can use LR
- 10:30 Pictionary LR
- 12:00 Independent Time LR
- 12:30 Creative Expressions DR
- 1:30 Snack Social LR
- 2:00 Fun with words LR
- 3:00 Balloon Ball LR
- 4:00 Activities with CNA's L

22

- 9:00 Exercise AR
- 10:00 Remember when LR
- 12:00 Independent Time LR
- 12:30 Orientation & Hymns LR
- 1:00 Ice Cream Happy Hour LR
- 2:00 Music With Drew! DR
- 3:00 Kick Ball MC
- 4:00 Activities with CNA's L

23

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

Daylight savings time is Sunday March 10th, don't forget to Spring Forward!

24

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L

25

- 9:00 Exercise AR
- 10:00 Hangman AR
- 10:30 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 12:00 Independent Time LR
- 1:00 Flex Gardening LR
- 2:00 Snack Social DR
- 4:00 Activities with CNA's L

26

- 9:00 Exercise AR
- 10:00 Who Am I? LR
- 10:30 Music Memories DR
- 12:00 Independent Time LR
- 12:30 Sensory Stimulation LR
- 1:30 Memory Card Game DR
- 1:30 Snack Social LR
- 2:00 Bingo DR
- 4:00 Activities with CNA's L

27

- 9:00 Exercise AR
- 10:00 Reminiscent Conversations LR
- 12:00 Independent Time LR
- 12:30 Balloon Ball LR
- 1:30 Snack Social LR
- 2:00 Music With Drew! MC
- 3:00 Bean Bag Toss MC
- 4:00 Activities with CNA's L

28

- 9:00 Exercise AR
- 10:00 News we can use LR
- 10:30 Pictionary LR
- 12:00 Independent Time LR
- 12:00 Independent Time LR
- 1:00 Monthly Birthday Party! LR
- 2:00 Fun with words LR
- 3:00 Classical Music with Clare LR
- 4:00 Activities with CNA's L

29

- 9:00 Exercise AR
- 10:00 Remember when LR
- 12:00 Independent Time LR
- 12:30 Orientation & Hymns LR
- 1:00 Ice Cream Happy Hour LR
- 2:00 Birthday Party! DR
- 2:00 Music With Drew! DR
- 3:00 Kick Ball MC
- 4:00 Activities with CNA's L

30

- 9:00 Meet and Greet AR
- 10:00 Songs of Faith LR
- 12:00 Independent Time LR
- 1:00 Snack Social LR
- 1:30 Puzzles and Table Games MCD
- 2:00 Music Hour LR
- 3:00 Sing Along MCD
- 4:00 Activities with CNA's L