

Activities subject to change.



HAPPY New Year

JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

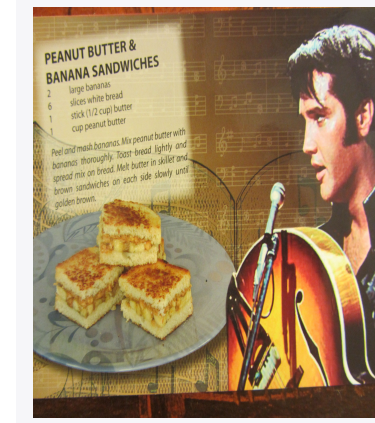
Meeting Places

- AR** Activity Room
- LR** Living Room
- DR** Dining Room
- L** Lounge
- MC** Sun Room
- MCD** MC Dining Room

Staff Birthday's

- Kulvir L. 01/01
- Maria F 01/08
- Jessica M. 01/15

On **01/08** we will be celebrating **Elvis Presley's** Birthday with Shakes & Peanut Butter and Banana Sandwiches. Please join us for our 1pm snack social for these delightful snacks.



Activity	01	02	03	04	05	06	
New Year's Day	01 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Book club DR 3:00 Classical Music with Clare MC 4:00 Activities with CNA's L	02 9:00 Exercise AR 10:00 Who Am I? LR 10:30 Music Memories DR 12:00 Independent Time LR 12:30 Sensory Stimulation LR 1:00 Snack Social AR 2:00 Heart to Heart Social DR 3:00 Bingo MC 4:00 Activities with CNA's L	03 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Balloon Ball LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! MC 3:00 Bean Bag Toss MC 4:00 Activities with CNA's L	04 9:00 Exercise AR 10:00 News we can use LR 10:30 Pictionary LR 12:00 Independent Time LR 12:30 Creative Expressions DR 1:00 Snack Social AR 2:00 Fun with words LR 3:00 Balloon Ball LR 4:00 Activities with CNA's L	05 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Orientation & Hymns LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! DR 3:00 Kick Ball MC 4:00 Activities with CNA's L	06 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L	
Happy birthday Judy W.	07 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L	08 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Book club DR 4:00 Activities with CNA's MC L	09 9:00 Exercise AR 10:00 Who Am I? LR 10:30 Music Memories DR 12:00 Independent Time LR 12:30 Sensory Stimulation LR 1:00 Snack Social AR 2:00 Bingo DR 3:00 Singing with Silver Dan! MC 4:00 Activities with CNA's L	10 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Balloon Ball LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! MC 3:00 Bean Bag Toss MC 4:00 Activities with CNA's L	11 9:00 Exercise AR 10:00 News we can use LR 10:30 Pictionary LR 12:00 Independent Time LR 12:30 Creative Expressions DR 1:00 Snack Social AR 2:00 Fun with words LR 3:00 Classical Music w/ Clare LR 4:00 Activities with CNA's L	12 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Orientation & Hymns LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! DR 3:00 Kick Ball MC 4:00 Activities with CNA's L	13 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L
Happy Birthday Jim T.	14 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L	15 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 1:00 Snack Social AR 2:00 Book club DR 3:00 Classical Music with Clare MC 4:00 Activities with CNA's L	16 9:00 Exercise AR 10:00 Who Am I? LR 10:30 Music Memories DR 12:00 Independent Time LR 12:30 Sensory Stimulation LR 1:00 Snack Social AR 2:00 Bingo DR 4:00 Activities with CNA's L	17 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Balloon Ball LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! MC 3:00 Bean Bag Toss MC 4:00 Activities with CNA's L	18 9:00 Exercise AR 10:00 News we can use LR 10:30 Pictionary LR 12:00 Independent Time LR 12:30 Creative Expressions DR 1:00 Snack Social AR 2:00 Fun with words LR 3:00 Balloon Ball LR 4:00 Activities with CNA's L	19 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Orientation & Hymns LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! DR 3:00 Kick Ball MC 4:00 Activities with CNA's L	20 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L
Happy Birthday Kay D.	21 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L	22 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Book club DR 3:00 Classical Music with Clare MC 4:00 Activities with CNA's L	23 9:00 Exercise AR 10:00 Who Am I? LR 10:30 Music Memories DR 12:00 Independent Time LR 12:30 Sensory Stimulation LR 1:00 Snack Social AR 2:00 Bingo DR 4:00 Activities with CNA's L	24 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Balloon Ball LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! MC 3:00 Bean Bag Toss MC 4:00 Activities with CNA's L	25 9:00 Exercise AR 10:00 News we can use LR 10:30 Pictionary LR 12:00 Independent Time LR 12:30 Creative Expressions DR 1:00 Snack Social AR 2:00 Fun with words LR 3:00 Balloon Ball LR 4:00 Activities with CNA's L	26 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Orientation & Hymns LR 1:30 Sing Along LR 2:00 Birthday Party! DR 2:00 Music With Drew! DR 3:00 Kick Ball MC 4:00 Activities with CNA's L	27 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L
Happy Birthday Jim T.	28 9:00 Meet and Greet AR 10:00 Songs of Faith LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Puzzles and Table Games MCD 2:00 Music Hour LR 3:00 Sing Along MCD 4:00 Activities with CNA's L	29 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Book club DR 3:00 Classical Music with Clare MC 4:00 Activities with CNA's L	30 9:00 Exercise AR 10:00 Who Am I? LR 10:30 Music Memories DR 12:00 Independent Time LR 12:30 Sensory Stimulation LR 1:00 Snack Social AR 2:00 Bingo DR 4:00 Activities with CNA's L	31 9:00 Exercise AR 10:00 Reminiscent Conversations LR 12:00 Independent Time LR 12:30 Balloon Ball LR 1:00 Snack Social AR 1:30 Sing Along LR 2:00 Music With Drew! MC 3:00 Bean Bag Toss MC 4:00 Activities with CNA's L			<p>Think positively and positive things will happen.</p>