



If you would like an activity/service not reflected on the calendar, please see the RSC/

Administrator." All activities & locations are subject to change:

Monthly wellness checks 1st thru the 7th

JUNE 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- ACT** Activity Room
- 3rd** Heritage Woods Theater
- 3rd** Heritage Woods Theater 3rd Floor
- S** Store
- L** Lobby
- AC** Around the Community
- AR** Art Room (2nd Floor)
- OS** Outside
- B** Bistrol
- LB** Library
- AR** Art Room
- O** Outing
- AD** All Day
- Dr** Dining Room

Heritage Woods Store:

Tuesday 9:30a-10:30a

Friday 9:30a-10:30a

See Activities if the Store is closed and you need something



DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jun 30	11:00 Church Services /TV Ch 11 ACT 2:00 Orthodox Divine Liturgy with Fr. Richard AR 3:00 Senior Steppers with Friends L	Open to the Public June 7th 8:30a Coffee & Donuts with Friends June 14 ,5pm Father Day Celebration	June 20,6:30p Benefit Bingo for Alzheimer's				01 1:00 Sing Along with Friends Choir ACT 2:00 Bible Study with Friends ACT 3:00 Senior Steppers (Independent walking) AC 5:30 Movie - Apple Dumpling Gang 3rd
02	11:00 Church Services /TV Ch 11 ACT 2:00 Orthodox Divine Liturgy with Fr. Richard AR 3:00 Senior Steppers with Friends L 6:00 Music with Angela Goedde ACT	03 10:00 Individual Singing (Everyone Welcome) ACT 2:00 Keno with Jackie ACT 3:00 Senior Steppers (Independent walking) OS 6:30 Wheel of Fortune/TV B	04 9:30 Country Store S 10:00 Bible Study 3rd 2:00 Ice-cream Social ACT 5:30 Sing Along with Friends Choir ACT 6:30 Wheel of Fortune/TV L	05 10:00 Games with Friends (Independent) ACT 2:00 Music with Barb ACT 4:00 Music with Tony Givens B 6:30 Wheel of Fortune/TV L	06 10:00 Check out a Book (Library 2nd Floor) LB 2:00 Church Services with Gary ACT 2:00 Puzzles ,word searches with friends ACT 6:30 Wheel of Fortune/TV B	07 8:30 Coffee & Donuts with Friends ACT 9:30 Country Store S 10:15 Catholic Services AR 2:00 Music with Dale ACT 3:00 Senior Steppers (Independent walking) OS	08 1:00 Sing Along with Friends Choir ACT 2:00 Bible Study with Friends ACT 3:00 Senior Steppers (Independent walking) AC 5:30 Movie - Star Danielle Steel 3rd
09	11:00 Church Services /TV Ch 11 ACT 2:00 Orthodox Divine Liturgy with Fr. Richard AR 3:00 Senior Steppers with Friends L	10 10:45 Cracker Barrel Restaurant O 1:30 Sittercise ACT 2:15 Resident Council ACT 6:30 Wheel of Fortune/TV L	11 9:45 Walmart (Sign up) 3rd 1:15 Sittercise ACT 2:00 Bingo ACT 3:15 Country Store S 5:30 Sing Along with Friends Choir ACT	12 8:00 Let's go Fishing OS 2:30 June Birthday Bash - Birthday Bingo ACT 6:30 Wheel of Fortune/TV L 6:30 Wheel of Fortune/TV L	13 8:00 Doctors Appointment AD 10:00 Adult Coloring(independently) AD 2:00 Puzzles ,word searches with friends ACT 6:30 Wheel of Fortune/TV L	14 9:30 Country Store S 10:15 Catholic Services AR 10:45 Burgh House O 1:30 June Jeopardy ACT 5:00 Father Day Celebration Pizza Party for Men and their Family Pizza Party ACT	15 1:00 Sing Along with Friends Choir ACT 2:00 Bible Study with Friends ACT 3:00 Senior Steppers (Independent walking) AC 5:30 Movie -I Still Believe 3rd
16 Father's Day	11:00 Church Services /TV Ch 11 ACT 2:00 Orthodox Divine Liturgy with Fr. Richard AR 3:00 Senior Steppers with Friends L	17 10:45 Golden Coral Restaurants O 2:00 4 Girls and a Song ACT 5:00 Senior Steppers (Independent walking) OS 6:00 Movie Ordinary Angels with Dawn ACT	18 9:30 Country Store S 10:00 Bible Study 3rd 1:30 Town Hall ACT 2:30 Bingo ACT 5:30 Sing Along with Friends Choir ACT	19 Juneteenth 10:00 Picnic In the Park O 4:00 Casino Night (Bally's) O 6:30 Wheel of Fortune/TV L	20 All Day Doctor's Appointments 2:00 Church Services with Gary ACT 2:00 Puzzles ,word searches with friends ACT 6:30 Benefit Bingo (Alzheimer's) Dr	21 9:30 Health Pro -Heritage : ACT 9:30 Country Store S 10:15 Catholic Services AR 1:00 Walks Outside ACT 2:00 Games with Friends) ACT	22 1:00 Sing Along with Friends Choir ACT 2:00 Bible Study with Friends ACT 3:00 Senior Steppers (Independent walking) AC 5:30 Movie-Wolf Hound (True Story) 3rd
23	11:00 Church Services /TV Ch 11 ACT 2:00 Orthodox Divine Liturgy with Fr. Richard AR 3:00 Senior Steppers with Friends L	24 9:45 Walmart (Sign up) O 12:00 Jewelry Making ACT 3:00 Bible Warriors ACT 7:00 Men's Club -Baseball Party ACT	25 10:00 Bible Study 3rd 2:15 Bingo ACT 3:15 Sittercise ACT 6:00 Music with Monty B. ACT	26 10:00 Who ,What,When Trivia ACT 1:30 June Jeopardy ACT 4:00 Twisted Tomato O 6:30 Wheel of Fortune/TV L	27 10:00 Library (2nd Floor) Read a Book LB 2:00 Puzzles ,word searches with friends ACT 3:00 Senior Steppers with Friends L 6:30 Wheel of Fortune/TV(Lobby) L	28 9:30 Country Store S 10:15 Catholic Services AR 2:00 Games with Friends (Independent) ACT 3:00 Senior Steppers (Independent walking) OS 6:30 Wheel of Fortune/TV B	29 1:00 Sing Along with Friends Choir ACT 2:00 Bible Study with Friends ACT 3:00 Senior Steppers (Independent walking) AC 5:30 Movie- News of the World(Tom Hanks) 3rd