

SUMMER TIME

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- O** Outing
- AR** Activity Room
- Apt.** Apartment
- L** Lounge
- CS** Country Store
- LOB** Lobby
- RR** Resident's Room
- w.o.** White Oaks

*If you would like an activity/service that's not reflected on the calendar, please see the RSC/Administrator.

*Activities subject to change.

*Monthly wellness checks conducted the 1st-5th.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Jun 30</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo DR</p> <p>5:00 Sunday Movie L</p>		<p>Come Join Us:</p> <p>13th: Live Music</p> <p>20th: Longest Day Fundraiser Event</p>	<p>Dimensions of Wellness International Council on Active Aging®</p>	<p>June Birthdays:</p> <p>Bob 6/1, Cookie 6/1, Joan 6/12, Richard 6/18, Bernie 6/23, Woody 6/29</p>	<p>Happy Father's Day</p>	<p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p>
<p>02</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo DR</p> <p>5:00 Sunday Movie L</p>	<p>03</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:30 Cornhole/Bags AR</p> <p>3:00 Craft AR</p> <p>6:00 Independent Board Games AR</p>	<p>04</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Bingo DR</p> <p>2:00 Confession RR</p> <p>2:00 Live Music w.o.</p> <p>3:00 Resident Run Card Games AR</p>	<p>05</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>1:30 Outing-Millie's O</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p>	<p>06</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Craft AR</p> <p>6:00 Independent Card Games AR</p>	<p>07</p> <p>9:45 Chair Exercise AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p>	<p>08</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p>
<p>09</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo with Marie DR</p> <p>5:00 Sunday Movie L</p>	<p>10</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:30 Baking Club AR</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Independent Board Games AR</p>	<p>11</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Bingo DR</p> <p>3:00 Resident Run Card Games AR</p>	<p>12</p> <p>9:45 Chair Exercise AR</p> <p>10:00 Discovery Series AR</p> <p>10:30 Manicures AR</p> <p>1:30 Outing-Toms Farm Market O</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p>	<p>13</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Live Music-Prairie Voices DR</p> <p>2:00 Lutheran Church Service-St. Peter AR</p>	<p>14</p> <p>9:45 Chair Exercise AR</p> <p>11:00 Father's Day Lunch DR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p>	<p>15</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p>
<p>Father's Day 16</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo DR</p> <p>5:00 Sunday Movie L</p>	<p>17</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>2:00 Food Council Meeting DR</p> <p>3:00 Craft DR</p> <p>6:00 Independent Board Games AR</p>	<p>18</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Bingo DR</p> <p>3:00 Resident Run Card Games AR</p>	<p>Juneteenth 19</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>2:00 Resident Council Meeting DR</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p>	<p>20</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Live Music by Mark DR</p> <p>4:00 Longest Day Fundraiser DR</p>	<p>21</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Chapel Service w/ Gentiva Hospice Chaplin AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p>	<p>22</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p>
<p>23</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>11:00 Mass on Ch. 119 Apt.</p> <p>2:00 Bingo with Marie DR</p> <p>5:00 Sunday Movie L</p>	<p>24</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>1:30 Baking Club AR</p> <p>2:00 Pet Visits w/ Riley L</p> <p>3:00 Wheel of Fortune AR</p> <p>6:00 Independent Board Games AR</p>	<p>25</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>10:15 Hand Massages-Sign up at front desk AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Bingo DR</p> <p>3:00 Resident Run Card Games AR</p>	<p>26</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Manicures AR</p> <p>1:30 Wine & Cheese Social AR</p> <p>3:00 Jeopardy AR</p> <p>6:00 Independent Adult Coloring AR</p>	<p>27</p> <p>8:30 Doctor appt- sign up LOB</p> <p>9:45 Chair Exercise AR</p> <p>10:30 Country Store CS</p> <p>10:30 Catholic Communion AR</p> <p>1:00 Pet Visit Cooper LOB</p> <p>2:00 Lutheran Church Service-St. Peter AR</p>	<p>28</p> <p>9:45 Chair Exercise AR</p> <p>1:45 Dance Party DR</p> <p>2:00 Bingo DR</p> <p>3:00 Happy Hour and Music DR</p> <p>6:00 Independent Dice Games AR</p>	<p>29</p> <p>All Day Activity Pack-pick up at front desk IND,DR \$</p> <p>10:30 Exercises AR</p> <p>1:00 Saturday Movie w/ Snack AR</p> <p>6:00 Independent Card Games AR</p>