

JANUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- 3FL** 3rd floor lounge
- FC** Fitness Center
- 3TVR** 3rd Floor TV Room
- AR** Activity room
- cs** Country Store
- Lob** Lobby
- RA** Resident Apartment
- 2nd** 2nd floor
- FL**
- DR** Dining room

Happy Birthday!!

- 1/03 Judy D.
- 1/10 Norma A.
- 1/12 Roger M.
- 1/14 Rae R.
- 1/29 Charles C.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open to the public Events 1/08 Happy Birthday Elvis 1/16 National Bagel Day	New Year's Day 01 10:00 Fitness Center FC 2:00 Bingo AR 6:00 Independent Card Games AR	02 10:00 Bible Study AR 2:00 Country Store cs 2:00 Mindful Coloring AR	03 10:00 Coffee Social AR 2:00 Open house chair yoga with Canella AR 2:30 Movie & Popcorn 3TVR	04 10:15 Drum Circle AR 2:00 Country Store cs 2:00 Nail Day AR 6:00 Independent Adult coloring AR	05 10:30 Bank Run Lob 2:00 Bingo AR 3:15 Happy Hour AR	06 10:00 In2L Interactive Computer Available AR 10:30 Independent Puzzle Packets Lob 2:00 Bingo With Judy AR
07 9:30 Televised Church Services RA 10:00 In2L Interactive Computer Available AR 2:00 Independent Card Games AR 2:00 Pool Table 2nd FL	08 10:15 Drum Circle FC 12:00 Communion Service AR 2:00 Happy Birthday Elvis DR 6:00 Independent Card Games AR	09 10:00 Bible Study AR 2:00 Country Store cs 2:00 Mindful Coloring AR 3:15 Wii Bowling 3TVR	10 10:30 Cook with the Cook AR 1:00 Library AR 2:00 Open house chair yoga with Canella 3FL	11 10:00 Town Hall DR 2:00 Country Store cs 2:00 Center Piece Craft AR 6:00 Independent Adult coloring AR	12 10:15 Drum Circle AR 1:30 Barb's Boutique Lob 2:00 Bingo AR 3:15 Happy Hour AR	13 10:00 In2L Interactive Computer Available AR 10:30 Independent Puzzle Packets Lob 2:00 Bingo With Judy AR
14 9:30 Televised Church Services RA 10:00 In2L Interactive Computer Available AR 2:00 Independent Card Games AR 2:00 Pool Table 2nd FL	Birthday of Martin Luther King, Jr. 15 10:15 Fitness Center FC 12:00 Communion Service AR 2:00 Bingo AR 6:00 Independent Card Games AR	16 10:00 Bible Study AR 2:00 Country Store cs 2:00 National Bagel Day AR	17 10:00 Hot Chocolate AR 10:30 Nail Day AR 2:00 Open house chair yoga with Canella AR 3:00 Wii Bowling 3TVR	18 10:00 Winter Craft AR 2:00 Country Store cs 2:00 Movie & Popcorn AR 6:00 Independent Adult coloring AR	19 10:00 News & Coffee AR 10:15 Drum Circle AR 2:00 Bingo AR 3:15 Happy Hour AR	20 10:00 In2L Interactive Computer Available AR 10:30 Independent Puzzle Packets Lob 2:00 Bingo With Judy AR
21 9:30 Televised Church Services RA 10:00 In2L Interactive Computer Available AR 2:00 Independent Card Games AR 2:00 Pool Table 2nd FL	22 10:15 Drum Circle FC 12:00 Communion Service AR 2:00 Bingo AR 6:00 Independent Card Games AR	23 10:00 Bible Study AR 2:00 Country Store cs 2:00 Mindful Coloring AR	24 10:00 Hot Chocolate AR 2:00 Open house chair yoga with Canella AR 3:00 Wii Bowling AR	25 10:00 Bake Club Pie Day AR 2:00 Country Store cs 6:00 Independent Adult coloring AR	26 10:00 News & Coffee AR 10:15 Drum Circle AR 2:00 Bingo AR 3:15 Happy Hour AR	27 10:00 In2L Interactive Computer Available AR 10:30 Independent Puzzle Packets Lob 2:00 Bingo With Judy AR
28 9:30 Televised Church Services RA 10:00 In2L Interactive Computer Available AR 2:00 Independent Card Games AR 2:00 Pool Table 2nd FL	29 10:15 Drum Circle FC 12:00 Communion Service AR 2:00 Resident Council AR 3:00 Bingo AR	30 10:00 Bible Study AR 2:00 Country Store cs 2:00 Food Council AR	31 10:00 Fitness Center AR 1:00 Library AR 2:00 Open house chair yoga with Canella 3TVR			