



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY APRIL 2024



- Dimensions of Wellness**
- Physical
 - Emotional
 - Spiritual
 - Environmental
 - Vocational
 - Social
 - Intellectual

- Meeting Places**
- UPX Upstairs Exercise Room
 - DOW Downstairs Dining Room
 - SIG Sign Up at Information Table
 - UPK Upstairs Kitchen
 - ACO Activity Office
 - SIG Sign up at Front Desk
 - DL Downstairs Lobby
 - UPS Upstairs TV Lounge
 - SIG Sign up at Front Desk

Resident Birthdays

- Ruth Y. 4/6
- Charles L. 4/8
- Carolyn F. 4/14

- Mary K. 4/15
- Victor B. 4/20

**Special Music Events
Open to the Public**

- 4/5/24 at 5:30
- 4/26/24 at 2:00
- 4/24/24 Free Senior
Breakfast 7-9

<p>07 UPX 9:00 Xenia Comm. Church</p> <p>SIG 9:30 Chuck's Church (Bus)</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPS 6:00 JC & The SONshine Saints</p>	<p>08 UPX 9:30 Exercise Class</p> <p>UPX 10:00 Resident Council</p> <p>DOW 10:00 Creative Vision Meeting</p> <p>SIG 1:30 Solar Eclipse Viewing Party</p> <p>ACO 3:00 Country store</p>	<p>09 UPX 9:30 Exercise Class</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country Store</p> <p>UPK 6:00 Board Games</p>	<p>10 SIG 9:00 Walmart Shopping Trips</p> <p>UPX 1:00 Wii Bowling</p> <p>DOW 2:00 Wellness Chats</p> <p>DOW 3:00 Mary K on the Piano</p> <p>ACO 3:00 Country store</p>	<p>11 UPX 9:30 Exercise Class</p> <p>SIG 9:45 Meals on Wheels Bingo</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country store</p>	<p>12 UPX 9:30 Exercise Class</p> <p>SIG 1:00 Hair Salon with Lisa</p> <p>UPK 2:00 Heritage Pinochle's</p> <p>DOW 2:00 Jimmy Plus Me</p> <p>ACO 3:00 Country Store</p>	<p>13 UPX 9:30 Exercise Class</p> <p>DOW 9:45 Social Hour</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPK 5:30 Board Games</p> <p>UPK 6:00 Dominoes</p>
<p>14 UPX 9:00 Xenia Comm. Church</p> <p>SIG 9:30 Chuck's Church (Bus)</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPS 6:00 JC & The SONshine Saints</p>	<p>15 UPX 9:30 Exercise Class</p> <p>SIG 2:00 Country Drive</p> <p>ACO 3:00 Country store</p>	<p>16 UPX 9:30 Exercise Class</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country Store</p> <p>UPK 6:00 Board Games</p>	<p>17 SIG 9:00 Walmart Shopping Trips</p> <p>UPX 1:00 Wii Bowling</p> <p>DOW 3:00 Mary K on the Piano</p> <p>ACO 3:00 Country store</p>	<p>18 UPX 9:30 Exercise Class</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country store</p> <p>DOW 5:30 Hoosier Prairie Baptist Church</p>	<p>19 UPX 9:30 Exercise Class</p> <p>DOW 10:00 Rachel the Comfort Dog</p> <p>SIG 1:00 Hair Salon with Lisa</p> <p>UPK 2:00 Heritage Pinochle's</p> <p>ACO 3:00 Country Store</p>	<p>20 UPX 9:30 Exercise Class</p> <p>DOW 11:30 Daily Chronicle</p> <p>DOW 2:00 Vending Machine Bingo</p> <p>UPK 5:30 Board Games</p> <p>UPK 6:00 Dominoes</p>
<p>21 UPX 9:00 Xenia Comm. Church</p> <p>SIG 9:30 Chuck's Church (Bus)</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPS 6:00 JC & The SONshine Saints</p>	<p>22 UPX 9:30 Exercise Class</p> <p>SIG 2:00 Country Drive</p> <p>ACO 3:00 Country store</p>	<p>23 UPX 9:30 Exercise Class</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country Store</p> <p>UPK 6:00 Board Games</p>	<p>24 DOW 7:00 Free Senior Breakfast Public Welcome</p> <p>SIG 9:00 Walmart Shopping Trips</p> <p>UPX 1:00 Wii Bowling</p> <p>DOW 3:00 Mary K on the Piano</p> <p>ACO 3:00 Country store</p>	<p>25 UPX 9:30 Exercise Class</p> <p>DOW 12:00 Dr. Chung on the piano!</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country store</p>	<p>26 UPX 9:30 Exercise Class</p> <p>DOW 10:30 National Pretzel Day Yummy!</p> <p>SIG 1:00 Hair Salon with Lisa</p> <p>UPK 2:00 Heritage Pinochle's</p> <p>DOW 2:00 The Misfits</p> <p>ACO 3:00 Country Store</p>	<p>27 UPX 9:30 Exercise Class</p> <p>DOW 9:45 Social Hour</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPK 5:30 Board Games</p> <p>UPK 6:00 Dominoes</p>
<p>28 UPX 9:00 Xenia Comm. Church</p> <p>SIG 9:30 Chuck's Church (Bus)</p> <p>DOW 11:30 Daily Chronicle</p> <p>UPS 6:00 JC & The SONshine Saints</p>	<p>29 UPX 9:30 Exercise Class</p> <p>SIG 2:00 Country Drive</p> <p>ACO 3:00 Country store</p>	<p>30 UPX 9:30 Exercise Class</p> <p>DOW 2:00 Bingo</p> <p>ACO 3:00 Country Store</p> <p>UPK 6:00 Board Games</p>				