*4TH OF JUL

INDEPENDENCE DAY



Dimensions of Wellness

Physical Emotional Spiritual

Environmental Vocational

Social Intellectual

Meeting Places

DR Dining Room **LOB** Lobby

FL Front Lobby

TVR TV Room **CS** Country Store

LOUNGE Upstairs Coffee Lounge

AR Activity Room

We will be going to the theatre on July 8th!

Open to the Public **Events!**

JULY 9th ICE CREAM Social!! 2pm

July 25th "Trivia Night!" at 6:30 pm

Activity and Outing sign-up sheets are

SUNDAY	
INTELECTUAL PE	01
ENVIRONMENTAL PROPERTY OF PROP	9:30 10:00
Dimensions of Wellness	12:00
of Wellness International Council on Active Aging*	12:00 1:00
Active Aging* SPIRITUAL	2:30 4:00
ON STINIONE	
07	08
10:00 Color Me Calm DR	9:30
12:00 WII Bowling Practice! TVR	10:00
1:00 Card Club in LOUNGE	11:30

9:30	Fitness Fun on IN2L!	DR
10:00	Bible Study WII Bowling Practice!	DR
12:00	WII Bowling Practice!	TVR
12:00	Walking Club!	FL
1:00	Country Store Open	CS
	Bingo!	DR
4:00	"Trivia Team LOU	JNGE
	Practice"	
08		

	02			
	9:30	Coffee Talk	LOU	NGI
	12:00	WII Bowling Pract Resident Birthday	ice!	TVF
R	2:30	Resident Birthday		DR
		Party!		
	4:00	"Trivia Team	LOU	NGI
		Practice"		
Ē	6:00	Board Games in Coffee Lounge	LOU	NGI
		Coffee Lounge		
	00	·		

	03		
GE	9:00	Walmart Shopping Fitness Fun on IN2L! Piano Music WII Bowling Practice! Bell Choir! "Trivia Team Dragtice"	FL
/R	9:30	Fitness Fun on IN2L!	D
R	10:00	Piano Music	D
	12:00	WII Bowling Practice!	T۱
GΕ	2:00	Bell Choir!	D
	4:00	"Trivia Team LOU	IN
GE		Practice"	



U5			U 6		
9:30	Fitness Fun on IN2L!	DR	9:00	Music with Piano	DR
12:00	WII Bowling Practice!	TVR	10:00	Color Me Calm	DR
12:00	Walking Club!	FL	12:00	WII Bowling Practice!	TVR
1:00	Country Store Open	CS	1:00	Board Games in	DR
2:30	Bingo!	DR		Coffee Lounge	
4:00	"Trivia Team	OUNGE	6:00	Wii Game Time	TVR
	Practice"				
6:30	Self Lead Karaoke Night	! DR			

07	V
10:00 Color Me Calm	9:3
12:00 WII Bowling Practice! TVR	10
1:00 Card Club in LOUNGE	11
Coffee Lounge	12
Upstairs	12
2:00 Church Services DR	12



U D			l
9:30	Coffee Talk	LOUNGE	9
12:00	WII Bowling Prac	tice! TVR	
2:00	Ice CReam Social		l
4:00	"Trivia Team	LOUNGE	
	Practice"		ľ
6:00	Practice" Board Games in Coffee Lounge	LOUNGE	ľ
	Coffee Lounge		1
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	10		
GE	9:00	Dollar Tree/Ruler	FL
VR		Dollar Tree/Ruler Foods/Goodwill	
R		Shopping	
GE	9:30	Fitness Fun on IN2L!	DI
	10:00	Piano Music	DF
GE	12:00	Fitness Fun on IN2L! Piano Music WII Bowling Practice! Bell Choir!	T٧
	2:00	Bell Choir!	DF
	4:00	"Trivia Team LOL	JNO
		Practice"	

11			
10:00	Weekly Workshee	t	DR
	Time		
12:00	WII Bowling Pract	ice!	TVR
1:30	Physical Fun with		DR
	Physical Therapy!		
4:00	"Trivia Team	LOU	NGE
	Practice"		

12		13
:30	Fitness Fun on IN2L! DR	9:00 Music wit
2:00	WII Bowling Practice! TVR	10:00 Color M
2:00	Walking Club! FL	12:00 WII Bow
:00	Country Store Open CS	1:00 Board Ga
	Bingo! DR	Coffee Lo
:00	Trivia Team LOUNGE	6:00 Wii Game
	Practice"	•
:30	Self Lead Karaoke Night! DR	

	13		
?	9:00	Music with Piano	D
R	10:00	Color Me Calm WII Bowling Practice!	D
			T۱
	1:00	Board Games in	D
ξ		Coffee Lounge	
GE	6:00	Wii Game Time	T۱
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0:00	Color Me Calm
2:00	WII Bowling Practi
.00	Card Club in Dining

0 WII Bowling Practice!	TVR	10:0
Card Club in Dining	DR	12:0
Room		12:0
Church Services	DR DR	1:00
		2:30

15		
9:30	Fitness Fun on IN2L!	DR
10:00	Bible Study	DR
12:00	WII Bowling Practice!	TVR
12:00	Walking Club!	FL
1:00	Country Store Open	CS
2:30	Bingo!	DR
4:00	"Trivia Team LOL	JNGE
	Practice"	

16	17
9:30 Coffee Talk LOUNGE	9:00
12:00 WII Bowling Practice! TVR	9:30
2:00 Universal Yums DR	10:00 12:00
"United Kingdom!"	12:00
4:00 "Trivia Team LOUNGE	2:00
Practice"	4:00
6:00 Board Games in LOUNGE	l '

"United Kingdom!"	LOUNGE	12:00	Ī
"Trivia Team	LOUNGE	2:00	В
Practice"		4:00	"
Board Games in	LOUNGE	'	P
Coffee Lounge		7:00	E
		'	•

• /		
:00	Walmart Shopping	FL
:30	Fitness Fun on IN2L!	DR
0:00	Piano Music	DR
2:00	WII Bowling Practice!	TVR
:00	Bell Choir!	DR
:00	"Trivia Team LOU	JNGE
	Practice"	
·00 I	Factorel	DR

18	
10:00 Weekly Workshe Time	eet DR
12:00 WII Bowling Prac	ctice! TVR
1:30 Physical Fun with	DR
Physical Therapy!	
2:30 DIY Canvas Bags!	AR
4:00 🛘 "Trivia Team	LOUNGE
Practice"	

19			20	
30	Fitness Fun on IN2L!	DR	9:00	Music with Pia
2:00	WII Bowling Practice!	TVR	10:00	Color Me Cal
2:00	Walking Club!	FL	12:00	WII Bowling
00	Country Store Open	CS	1:00	Board Games
	Bingo!	DR		Coffee Lounge
00	"Trivia Team LC	DUNGE	6:00	Wii Game Tim
	Practice"			
30	Self Lead Karaoke Night!	DR		

	20		
	9:00	Music with Piano	D
R	10:00	Color Me Calm	D
	12:00	Music with Piano Color Me Calm WII Bowling Practice!	Т
	1:00	Board Games in Coffee Lounge	D
		Coffee Lounge	
ΞE	6:00	Wii Game Time	Т

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10.00

10:00	Color Me Calm	DR
12:00	WII Bowling Practice!	TVF
1:00	Card Club in LOU	JNG
	Coffee Lounge	
	Upstairs	
2:00	Church Services	DR

22		
9:30	Fitness Fun on IN2L!	DR
10:00	Bible Study	DR
12:00	WII Bowling Practice!	TVR
12:00	Walking Club!	FL
1:00	Country Store Open	CS

L!	DR	9:30	Coffee Talk WII Bowling Prac	LOUNGE
	DR	12:00	WII Bowling Prac	tice! TVR
ice!	TVR	2:00	Universal Yums	DR
	FL		"United Kingdom!"	1
n	CS	4:00		LOUNGE
	DR		Practice"	
LOL	JNGE	6:00	Board Games in	LOUNGE
			Coffee Lounge	

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24		
8:30	Silk Purse Catholic	LOI
	Charities Effingham	
9:30	Fitness Fun on IN2L!	DR
10:00	Piano Music	DR
12:00	WII Bowling Practice!	TVF
2:00	Bell Choir!	DR
4:00	"Trivia Team LOU	ING
	Practice"	

25	
10:00 Weekly Worksheet	DR
Time	
12:00 WII Bowling Practice!	TVR
1:30 Physical Fun with	DR
Physical Therapy!	
6:30 Trivia Night LOL	JNGE
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26				
9:30	Fitness Fun on IN2L!	DR	9:00 10:00 12:00 1:00	Mu
	WII Bowling Practice!	TVR	10:00	C
12:00	Walking Club!	FL	12:00	W
1:00	Country Store Open	CS	1:00	Boa
2:30	Bingo!	DR	'	Cof
4:00	"Trivia Team	LOUNGE	6:00	Wii
	Practice"			
6:30	Self Lead Karaoke Nig	ht! DR		

	27		
?	9:00	Music with Piano	D
R	10:00	Color Me Calm	D
	12:00	WII Bowling Practice!	T۱
	1:00	Board Games in	D
}		Coffee Lounge	
GE	6:00	Wii Game Time	T۱

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0:00	Color Me Calm	D
2:00	WII Bowling Practice!	T۱
00	Card Club in Dining	D
	Room	
00	Church Services	D



Practice"

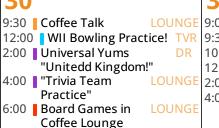
Practice"

2:30 | Bingo! 4:00 Trivia Team

2:30 | Bingo!







9:00 Standing Stone!

