

-if you would like a service/activity that is not reflected on calendar, please see RSC
 -Monthly wellness checks with Nursing are conducted the 1st-10th of each month (please see Nursing for your monthly vitals checks)

-Activities are subject to change

HAPPY FOURTH OF JULY

JULY 2024 **SUNDAY** **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY**

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- IL DR** IL Dining Room
- DR** Dining Room
- FL** Front Lobby
- AR** Activity Room
- CS** Country Store
- PDR** Private Dining Room

An activity with * means you will earn smart bucks for participating.

Beauty Shop opens at 1 p.m. on Thursdays

Open To Public-

Senior Yoga-every Wednesday 10 a.m.

4th of July Cookout and Fun-7/3 11-2:30 p.m.

July Community Bingo-7/8 1:30 p.m.



07	8:00 Word Search*-Available In AR 11:00 Catholic Communion 1:30 Church Sermon with Johnnie Bob George 2:30 The Great Tours
14	8:00 Word Search*-Available In AR 10:30 Catholic Communion 1:30 Church Sermon with Johnnie Bob George 2:30 The Great Tours
21	8:00 Word Search*-Available In AR 10:30 Catholic Communion 11:00 National Hot Dog Day 2:30 The Great Tours
28	8:00 Word Search*-Available In AR 10:30 Catholic Communion 1:30 Church Sermon with New Testament Baptist 2:30 The Great Tours

01	10:00 Chair Exercise * 10:30 Activity Meeting with Ami 1:30 Bingo with "Adam" 2:30 Lemonade, cookies and Velcro Darts 3:30 Computer Games *
08	10:00 Chair Exercise * 1:30 Community BINGO 2:30 Pass The Pig Game 3:30 Computer Games *
15	10:00 Chair Exercise * 1:30 Bingo with "Adam" 3:00 Dice Game and Pink Lemonade 3:30 Computer Games *
22	10:00 Chair Exercise * 1:30 Bingo with "Adam" 3:00 Monthly Birthday Celebration! 3:30 Computer Games *
29	10:00 Chair Exercise * 1:30 Bingo with "Adam" 2:30 Universal Yums! 3:30 Computer Games *

02	9:00 Dr. Appt Shuttle Day-sign up at Front Desk 10:00 Chair Exercise * 1:30 Game Club* 3:00 Wii Bowling * 3:00 Dollar General trip 3:00 Country Store 3:30 Computer Games *
09	9:00 Dr. Appt Shuttle Day-sign up at Front Desk 9:00 SSM Healthcare Blood Pressure Clinic 10:00 Chair Exercise * 1:30 Johnnie Bob George-singing 3:00 Wii Bowling * 3:00 Dollar General trip 3:00 Country Store
16	9:00 Dr. Appt Shuttle Day-sign up at Front Desk 10:00 Chair Exercise * 2:00 Cooking with Genny-Fried Ice Cream 3:00 Wii Bowling * 3:00 Dollar General trip 3:00 Country Store 3:30 Computer Games *
23	9:00 Dr. Appt Shuttle Day-sign up at Front Desk 10:00 Chair Exercise * 1:30 Game Club* 3:00 Wii Bowling * 3:00 Dollar General trip 3:00 Country Store 3:30 Computer Games *
30	9:00 Dr. Appt Shuttle Day-sign up at Front Desk 10:00 Chair Exercise * 1:30 Game Club* 3:00 Wii Bowling * 3:00 Dollar General trip 3:00 Country Store 3:30 Computer Games *

03	9:00 Coffee Talk and Chronicle 10:00 Chair Exercise* 11:00 4th Of July Cookout 1:30 4th of July Fun!- Corn Hole Game 2:30 Pretty Nails 3:00 Wii Bowling *
10	9:00 Coffee Talk and Chronicle 10:00 Chair Exercise* 1:30 Bingo with "Adam" 2:30 Hall of Representatives Meeting 3:00 Wii Bowling *
17	9:00 Coffee Talk and Chronicle 10:00 Chair Exercise* 1:30 Bingo with "Adam" 2:30 Pretty Nails 2:30 Wellness Wednesday Chat 3:00 Wii Bowling *
24	9:00 Coffee Talk and Chronicle 10:00 Chair Exercise* 1:30 Bingo with "Adam" 3:00 Wii Bowling *
31	9:00 Coffee Talk and Chronicle 10:00 Chair Exercise* 1:30 Bingo with "Adam" 2:30 Pretty Nails 3:00 Wii Bowling *

04	Independence Day 10:00 Chair Exercise * 1:30 Bingo with "Adam" 3:00 Country Store 3:30 Computer Games *
11	10:00 Resident Council * 10:00 Chair Exercise * 11:00 Outing - Sign up at Front Desk-Subway 1:30 Book Club Meeting 3:00 Country Store 3:30 Computer Games *
18	10:00 Outing - Sign up at Front Desk-Dollar Tree 10:00 Chair Exercise * 1:00 Meeting with Mandy 1:30 Book Club Meeting 2:00 Dean Farris Gospel Singing 3:00 Country Store 3:30 Computer Games *
25	10:00 Outing - Sign up at Front Desk-Walmart 10:00 Chair Exercise * 1:00 Meeting with Mandy 1:30 Book Club Meeting 2:00 Jimmy & Me Band 3:00 Country Store 3:30 Computer Games *

05	10:00 Outing - Dollar Tree-SCT-sign up at Front Desk 10:00 Chair Exercise * 3:00 Wii Bowling * 3:30 Computer Games * 6:30 *Movie Night-The Patriot
12	10:00 Chair Exercise * 2:00 Happy Hour 3:00 Wii Bowling * 3:30 Computer Games * 6:30 *Movie Night-Journey To Bethlehem
19	10:00 Chair Exercise * 1:30 Chair Hockey and Ice Cream 3:00 Wii Bowling * 3:30 Computer Games * 6:30 *Movie Night-The Last Samurai

06	1:30 Bingo 3:00 Wii Bowling * 3:30 Computer Games * 6:30 Game Club*
13	1:30 Bingo 3:00 Wii Bowling * 3:30 Computer Games * 6:30 Game Club*
20	11:00 National Ice Cream Soda Day 1:30 Bingo 3:00 Wii Bowling * 3:30 Computer Games * 6:30 Game Club*
27	1:30 Bingo 3:00 Wii Bowling * 3:30 Computer Games * 6:30 Game Club*

