

--if you would like a service/activity that is not reflected on calendar, please see RSC
 -Monthly Wellness Checks with Nursing are conducted the 1st thru the 10th of each month (please see Nursing for your monthly vital checks)
 -Activities are subject to change

MAY 2024

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual



Meeting Places

- FL Front Lobby
- IL DR IL Dining Room
- DR Dining Room
- AR Activity Room
- CS Country Store
- PDR Private Dining Room

An activity with * means you will earn smart bucks for participating.


Beauty Shop opens at 1 p.m. bi-weekly on Thursdays

Open To Public-

Senior Yoga-every Wednesday 10 a.m.

May Community Bingo-4/8 1:30 p.m.

Memorial Day Cookout-5/24 11-1:00 p.m.

01	02	03	04
<p>9:00 Coffee Talk and Chronicle AR</p> <p>10:00 Senior Yoga *-Open to the Public IL DR</p> <p>11:00 National Chocolate Parfait Day DR</p> <p>1:30 Bingo with "Adam" DR</p> <p>3:00 Wii Bowling * AR</p>	<p>10:00 Outing - Sign up at Front Desk-Dollar Tree FL</p> <p>10:00 Chair Exercise * AR</p> <p>2:00 Dean Farris Gospel Singing FL</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>10:00 Chair Exercise * AR</p> <p>2:00 Cinco De Mayo Happy Hour - Margaritas AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 *Movie Night-While You Were Sleeping IL DR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>
<p>8:00 Word Search*-Available In AR AR</p> <p>10:30 Catholic Communion PDR</p> <p>1:30 Church Sermon with New Testament Baptist DR</p> <p>2:30 The Great Tours IL DR</p>	<p>10:00 Chair Exercise * AR</p> <p>1:30 Bingo with "Adam" DR</p> <p>3:00 Craft Day AR</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Dr. Appt Shuttle Day FL</p> <p>9:00 SCT Presentation with Sherrri Bassen from SCT DR</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Game Club* AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Coffee Talk and Chronicle AR</p> <p>10:00 Senior Yoga *-Open to the Public IL DR</p> <p>1:30 Bingo with "Adam" DR</p> <p>2:30 Pretty Nails AR</p> <p>3:00 Wii Bowling * AR</p>
<p>10:00 Resident Council * DR</p> <p>10:00 Chair Exercise * AR</p> <p>11:00 Outing - Sign up at Front Desk FL</p> <p>1:30 Men's Club AR</p> <p>2:00 Mother's Day Tea DR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>10:00 Chair Exercise * AR</p> <p>1:30 Universal Yums! AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 *Movie Night-Dirty Dancing IL DR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>
<p>8:00 Word Search*-Available In AR AR</p> <p>10:30 Catholic Communion PDR</p> <p>1:30 Johnnie Bob George DR</p> <p>2:30 The Great Tours IL DR</p>	<p>10:00 Chair Exercise * AR</p> <p>11:00 National Apple Pie Day DR</p> <p>1:30 May Community BINGO AR</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Dr. Appt Shuttle Day FL</p> <p>9:00 SSM Blood Pressure Clinic FL</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Game Club* AR</p> <p>1:30 Johnnie Bob George-singing FL</p> <p>3:00 Wii Bowling * AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Coffee Talk and Chronicle AR</p> <p>10:00 Senior Yoga *-Open to the Public IL DR</p> <p>1:30 Bingo with "Adam" DR</p> <p>2:30 Wellness Wednesday Chat DR</p> <p>3:00 Wii Bowling * AR</p>
<p>10:00 Outing - Sign up at Front Desk-Walmart FL</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Men's Club AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>10:00 Chair Exercise * AR</p> <p>2:00 Happy Hour and Cooking with Genny AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 *Movie Night-The Hill IL DR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>
<p>8:00 Word Search*-Available In AR AR</p> <p>10:30 Catholic Communion PDR</p> <p>1:30 Church Sermon with First UMC DR</p> <p>2:30 The Great Tours IL DR</p>	<p>10:00 Chair Exercise * AR</p> <p>1:30 Bingo with "Adam" DR</p> <p>3:00 Craft Day AR</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Dr. Appt Shuttle Day FL</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Game Club* AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Coffee Talk and Chronicle AR</p> <p>10:00 Senior Yoga *-Open to the Public IL DR</p> <p>1:30 Bingo with "Adam" DR</p> <p>2:30 Pretty Nails AR</p> <p>3:00 Wii Bowling * AR</p>
<p>10:00 Outing - Sign up at Front Desk-Dollar General FL</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Men's Club AR</p> <p>2:30 Monthly Birthday Celebration! AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>10:00 Chair Exercise * AR</p> <p>11:00 Memorial Day Cook Out-open to the public FL</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 *Movie Night-For The Love Of The Love IL DR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>	<p>1:30 Bingo DR</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 Game Club* AR</p>
<p>8:00 Word Search*-Available In AR AR</p> <p>10:30 Catholic Communion PDR</p> <p>1:30 Church Sermon with New Testament Baptist DR</p> <p>2:30 The Great Tours IL DR</p>	<p>10:00 Chair Exercise * AR</p> <p>1:30 Bingo with "Adam" DR</p> <p>3:00 Craft Day with Phyllis and Vivian AR</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Dr. Appt Shuttle Day-SCT FL</p> <p>see Receptionist to schedule</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Game Club* AR</p> <p>3:00 Wii Bowling * AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>9:00 Coffee Talk and Chronicle AR</p> <p>10:00 Senior Yoga *-Open to the Public IL DR</p> <p>1:30 Bingo with "Adam" DR</p> <p>3:00 Wii Bowling * AR</p>
<p>10:00 Outing - Sign up at Front Desk-Residents choice-SCT FL</p> <p>10:00 Chair Exercise * AR</p> <p>1:30 Men's Club AR</p> <p>3:00 Country Store CS</p> <p>3:30 Computer Games * AR</p>	<p>10:00 Chair Exercise * AR</p> <p>2:00 Jimmy & Me Band FL</p> <p>3:00 Wii Bowling * AR</p> <p>3:30 Computer Games * AR</p> <p>6:30 *Movie Night-Beautiful Day In The Neighborhood IL DR</p>	<td>  </td>	