

Activities Subject to change



MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- AR** Activity Room
- PA** Patio
- DLOB** Downstairs Lobby
- ULOB** Upstairs Lobby
- WC** Whittington Church
- TVL** TV Lounge
- OUT** Outing (Van)
- FP** Front Porch

MAY BIRTHDAYS

- 5/3 Rosalie N
- 5/17 Helen S
- 5/24 Cee Cee C
- 5/28 Jane B
- 5/30 Carol S
- 5/30 Sharon Z

PUZZLES ARE ALWAYS BEING
Done in upstairs TV Room



05
10:00 | Independent TV DLOB
2:00 | "I Found It" with MaryBeth AR
6:00 | Adult Coloring AR

06
10:00 | Independent Bible Study & Devotions ULOB
10:15 | iN2L - Morning Stretch ULOB
1:30 | Wii Bowling TVL
2:00 | Story Time - Benton Public ULOB

07
9:00 | Open Transport OUT
1:30 | Bingo With Leonda DR

08
9:00 | Open Transport DLOB
1:30 | Balloon Noodleball DLOB
3:30 | Country Store AR

09
10:00 | Catholic Mass DLOB
1:30 | Bingo With Leonda DR

10
10:00 | Morning Stretch ULOB
2:00 | Mother's Day Celebration DR
3:30 | Country Store AR

11
10:00 | Independent T.V TVL
6:00 | Adult Coloring AR

Mother's Day 12
10:00 | Independent TV DLOB
2:00 | "I Found It" with MaryBeth AR
6:00 | Adult Coloring AR

13
10:00 | Independent Bible Study & Devotions ULOB
10:15 | iN2L - Morning Stretch ULOB
1:30 | Wii Bowling TVL

14
9:00 | Open Transport OUT
1:30 | Bingo DR

15
9:00 | Open Transport DLOB
1:00 | Resident & Food Councils AR
3:30 | Country Store AR

16
10:00 | Rescue Church AR
1:30 | Bingo DR

17
2:00 | Therapy Discovery Series AR
3:30 | Country Store AR

18
10:00 | Independent T.V TVL
3:00 | 7th Day Adventist Church of West Frankfort ULOB
6:00 | Adult Coloring AR

19
10:00 | Independent TV DLOB
2:00 | "I Found It" with MaryBeth AR
6:00 | Adult Coloring AR

20
10:00 | Independent Bible Study & Devotions ULOB
10:15 | iN2L - Morning Stretch ULOB
1:30 | Wii Bowling TVL
2:00 | Story Time - Benton Public ULOB

21
9:00 | Open Transport OUT
1:30 | Bingo DR

22
9:00 | Open Transport DLOB
2:00 | Music & Karaoke with Cactus Jack and Jill FP
3:30 | Country Store AR

23
10:00 | iN2L - Chair Dancing ULOB
1:30 | Resident Birthday Bingo Party DR

24
10:00 | Morning Stretch ULOB
2:00 | Wood Painting Project with MaryBeth AR
3:30 | Country Store AR

25
10:00 | Independent T.V TVL
6:00 | Adult Coloring AR

26
10:00 | Independent TV DLOB
2:00 | "I Found It" with MaryBeth AR
6:00 | Adult Coloring AR

Memorial Day 27
10:00 | Independent Bible Study & Devotions ULOB
10:15 | iN2L - Morning Stretch ULOB
1:30 | Wii Bowling TVL

28
9:00 | Open Transport OUT
1:30 | Bingo DR

29
9:00 | Open Transport DLOB
2:00 | iN2L - Trivia Fun ULOB
3:30 | Country Store AR

30
10:00 | iN2L - Chair Exercises ULOB
2:00 | Snake/Mammel Show PA

31
12:00 | iN2L - Let's Drive ULOB
10:00 | Outdoors Walking FP
3:30 | Country Store AR

