

Activities Subject to change



APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	01	02	03	04	05	06	
Dimensions of Wellness Physical Emotional Spiritual Environmental Vocational Social Intellectual Meeting Places AR Activity Room DR Dining Room ULOB Upstairs Lobby TVL TV Lounge OUT Outing (Van) DLOB Downstairs Lobby FP Front Porch WC Whittington Church	 10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL	9:00 Open Transport OUT DR 1:30 Bingo DLOB 3:00 Balloon Noodleball	9:00 Open Transport DLOB 1:30 Cookie Club AR FP 2:30 Let's Walk Day AR 3:30 Country Store	10:00 First United Methodist Church ULOB 11:00 Whittington Luncheon WC 1:30 Bingo DR	10:00 First Baptist Church of Benton ULOB 1:30 Pictionary ULOB AR 3:30 Country Store	10:00 Independent T.V TVL 6:00 Adult Coloring AR	
	10:00 Independent TV DLOB 6:00 Adult Coloring AR	10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL 2:00 Story Time - Benton Public ULOB	9:00 Open Transport OUT DR 1:30 Bingo DLOB 3:00 Finish the Phrase	9:00 Open Transport DLOB 2:00 Crafts With Robert AR 3:30 Country Store AR	10:00 Catholic Mass DLOB DR 1:30 Bingo DLOB 3:00 Thumb Ball	10:00 Morning Stretch ULOB 1:30 Cards AR 3:30 Country Store AR	10:00 Independent T.V TVL 6:00 Adult Coloring AR
	10:00 Independent TV DLOB 6:00 Adult Coloring AR	10:00 National Gardening Day AR 10:00 Independent Bible Study & Devotions ULOB 1:30 Wii Bowling TVL	9:00 Open Transport OUT DR 1:30 Bingo ULOB 2:45 How Many Words	9:00 Open Transport DLOB AR 1:00 Resident & Food Councils AR 3:30 Country Store AR	10:00 Rescue Church ULOB DR 1:30 Bingo ULOB 2:45 Musical Memories	10:00 iN2L - Chair Exercises ULOB 2:00 Therapy Discovery AR 3:30 Country Store AR	10:00 Independent T.V TVL 3:00 7th Day Adventist Church of West Frankfort ULOB 6:00 Adult Coloring AR
APRIL BIRTHDAYS 4/1 Randall M 4/7 Phyllis K 4/9 Kathy P 4/12 Jeanette V 4/22 Debbie G 4/24 Deanna D 4/28 Christel G & Phillip K 4/29 Terry T PUZZLES ARE ALWAYS BEING Done in upstairs TV Room	10:00 Independent TV DLOB 6:00 Adult Coloring AR	10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL 2:00 Story Time - Benton Public ULOB	9:00 Open Transport OUT DR 1:30 Bingo FP 2:45 Music and Chat	9:00 Open Transport DLOB ULOB AR 2:30 Balloon Toss ULOB 3:30 Country Store AR	9:30 Wacky Wordies ULOB DR 1:30 Bingo DLOB 2:45 20 Questions!	10:00 Morning Stretch ULOB 1:30 Crafting with Robert AR 3:30 Country Store AR	10:00 Independent T.V TVL 6:00 Adult Coloring AR
	10:00 Independent TV DLOB 6:00 Adult Coloring AR	10:00 Independent Bible Study & Devotions ULOB 10:15 iN2L - Morning Stretch ULOB 1:30 Wii Bowling TVL	9:00 Open Transport OUT DR 1:30 Bingo & Resident Birthday Party				