



All activities are subject to change.

If you would like an activity/service not reflected on the calendar, please see RSC/Administrator

Monthly wellness checks will be the 1st week of the month.

JULY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



07
All Day | Puzzle Packets!!
9:00a | St. James mass
6:00p | Classic Movie Night w/ Ali

14
All Day | Puzzle Packets!!
9:00a | St. James mass
10:00a | Maisy-Therapy dog
6:00p | Bible fellowship w/ Ali

21
All Day | Puzzle Packets!!
9:00a | St. James mass

28
All Day | Puzzle Packets!!
9:00a | St. James mass
10:00a | Maisy-Therapy dog
6:00p | Bible fellowship w/ Ali

01
10:00a | Drum Circle exercise
2:00p | Resident Council Meeting
5:00p | Kings in a corner

08
10:00a | IN2L exercise
1:20p | Activity Planning Committee meeting
2:30p | Universal Yums (UK)
5:00p | Kings in a corner

15
10:00a | Ribbon exercise
10:15a | Paper closet trip-RSVP
2:00p | Tye-Dye T-shirts-RSVP
5:00p | Kings in a corner

22
10:00a | IN2L exercise
11:00a | July Bday lunch w/ Mickey-RSVP
2:00p | Water color painting
5:00p | Kings in a corner

29
10:00a | Chair Yoga
2:00p | Book Club
5:00p | Kings in a corner

02
2:00p | Exercise Class w/ Healthpro
3:00p | Country store

09
10:00a | Coffee talk w/ Brandie
2:00p | Exercise class w/ Healthpro
3:00p | Country store

16
10:00a | Coffee talk w/ Brandie
2:00p | Exercise Class w/ Healthpro
3:00p | Country store

23
10:00a | Coffee talk w/ Brandie
2:00p | Exercise class w/ Healthpro
3:00p | Country store

30
10:00a | Coffee talk w/ Brandie
2:00p | Exercise Class w/ Healthpro
3:00p | Country store

03
10:00a | IN2L lead Rosary service
2:00p | Food Committee Meeting
3:00p | Happy Hour & Trivia

10
10:00a | Walmart shopping trip-\$-RSVP
10:00a | IN2L lead Rosary service
2:00p | Baking Bee's (Bake sale items)
2:00p | Wii bowling

17
10:00a | IN2L lead Rosary service
2:00p | Wii bowling
3:00p | Water Balloon games

24
10:00a | IN2L lead Rosary service
2:00p | Wii bowling
3:00p | Cooking Class-RSVP

31
10:00a | IN2L lead Rosary service
2:00p | Wii bowling
3:00p | Universal Yums

04 Independence Day
All Day | 4th of July coloring contest
2:00p | Bingo

11
9:30a | Precious the therapy dog
10:30a | Rivets Baseball game-RSVP
2:00p | Bingo
3:00p | Country store

18
10:00a | Pucker Up Natl Sour Candy Day Taste & Learn
1:00p | Men's group (Bird Houses)
2:00p | Bingo
3:00p | Country store
4:00p | Dinner @ Texas Roadhouse-\$-RSVP

25
9:30a | Precious the therapy dog
1:00p | Men's group (History of Pin Ball)
1:30p | Brave Hearts Horse therapy-RSVP
2:00p | Bingo
3:00p | Country store



05
10:00a | Cornhole (Bags)
2:00p | Lifelong learning
5:00p | Dominoes

12
9:30a | Heritage Woods Bake Sale!!
10:00a | Design & Unwind w/ Americold
2:00p | Frankfurter Friday (Hot Dog contest)
5:00p | Dominoes

19
10:00a | Wings & Wheels Museum-FREE-RSVP
2:00p | Resident Talent Exhibit-RSVP
5:00p | Dominoes

26
10:00a | IN2L Game day
12:00p | \$smart Buck\$ Drawing
1:00p | Gorgeous Grandma day celebration-RSVP
5:00p | Dominoes

Open to the public events:
- Friday 7/12 9:30am Heritage Woods Bake Sale!

06
All Day | Puzzle Packets!!
12:00p | Card games
2:00p | Bingo

13
All Day | Puzzle Packets!!
12:00p | Card games
2:00p | Bingo

20
All Day | Puzzle Packets!!
12:00p | Card games
2:00p | Bingo

27
All Day | Puzzle Packets!!
12:00p | Card games
2:00p | Bingo



- Dimensions of Wellness
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- PD** Private Dining Room
- COM** Community Room
- DIN** Dining Room
- t.v.L** Television Lounge
- COU** Courtyard
- lb** Lobby
- ACT** Activity Room
- CS** Country Store
- RA** Resident apartment

Happy Birthday:

- Roger 7/5
- R.C. 7/6
- Donald 7/12
- Janice 7/18
- Linda 7/18
- Richard 7/20
- Patricia 7/21
- Joy 7/29