


# July 2024

Heritage Woods of Batavia

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>OPEN TO THE PUBLIC</b> Wednesday morning exercise "Kicking it with Kim" 10:15am</p> <p>HWB Summer Picnic Saturday July 13, 2024, 11:00am-1:00pm</p> <p>Community Bingo, Tuesday July 16, 2024, 2:00pm</p>	<p>1</p> <p>All Day Monthly Vital Signs</p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:30 Beanbag Baseball Away Game to Constitution House, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>2</p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>3</p> <p>9:15 Manicures, <i>BR2</i></p> <p>10:15 Kicking it with Kim Exercise, <i>An. Con.</i></p> <p>2:00 table games, <i>AR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Misty Batavia Library, <i>AR</i></p> <p>6:30 Billiards/Pool, <i>TV3</i></p>	<p>4</p> <p>9:00 No Medical Transport on July 4, <i>ML</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>2:00 Bible Study, <i>An. Con.</i></p> <p>2:00 Red, White &amp; Blue Bingo, <i>ML</i></p> <p>3:00 Country Store Will Be closed for the Holiday, <i>CS</i></p> <p><b>HAPPY FOURTH OF JULY</b></p>	<p>5</p> <p>9:30 First Bus to Walmart, <i>ML</i></p> <p>10:30 Second Bus to Walmart, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 Summer Fun in the sun Patio Party/weather depending, <i>bp</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>6</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>11:00 Local Dairy Queen Run, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:30 Popcorn Pick Me up/Grab &amp; Go Snacks, <i>ML</i></p> <p>6:30 Popcorn &amp; Movie, <i>TV3</i></p>
<p>7</p> <p>8:00 Bethany Lutheran Church Bus, <i>ML</i></p> <p>8:45 Church of God, <i>PDR</i></p> <p>8:50 Holy Cross Family Church/ Bus, <i>ML</i></p> <p>9:00 Communion Service with Holy Cross Family Church, <i>An. Con.</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>8</p> <p>9:30 Bean Bag Baseball @ Potawatomi community center, <i>ML</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:15 Sweet Life after 50/Batavia Library Outing/Painting, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Trivia Time IN2L, <i>ML</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>9</p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>10:45 Dollar Tree Outing, <i>ML</i></p> <p>1:15 Over What Hill/Batavia Library/Chair Yoga, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 Music Bingo, <i>ADR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>10</p> <p>10:00 Kings &amp; Queens Daycare intergenerational Program, <i>AR</i></p> <p>10:15 Kicking it with Kim Exercise, <i>An. Con.</i></p> <p>10:45 Sit &amp; Stitch at Batavia Library, <i>ML</i></p> <p>1:15 Emagine Theater Outing/"Bye Bye Birdie", <i>ML</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>4:00 Manicures, <i>BR2</i></p> <p>6:30 Billiards/Pool, <i>TV3</i></p>	<p>11</p> <p>9:00 Transport Day, <i>main lobby</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:30 Beanbag Baseball Home game against Constitution House, <i>ML</i></p> <p>2:00 Bible Study, <i>An. Con.</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:00 Pokeno, <i>AR</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>12</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>9:45 First Bus to Walmart, <i>ML</i></p> <p>10:30 Second bus to Walmart, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 Frankfurter Festive Friday, <i>ML</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>13</p> <p>11:00 HWB Summer Picnic, <i>FPL</i></p> 
<p>14</p> <p>8:00 Bethany Lutheran Church Bus, <i>ML</i></p> <p>8:45 Church of God, <i>PDR</i></p> <p>8:50 Holy Cross Family Church/ Bus, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>15</p> <p>8:30 Outing to the DMV-Westchester, IL., <i>ML</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:30 Beanbag Baseball Away Game to Constitution House, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>16</p> <p>9:15 Old Second Bank, <i>ML</i></p> <p>10:30 Exercise, <i>An. Con.</i></p> <p>10:30 Music Trivia IN2L, <i>ML</i></p> <p>1:30 HWB Community Bingo, <i>MDR</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>17</p> <p>10:00 Summer Fun w/Kings &amp; Queens Daycare, <i>ML</i></p> <p>10:15 Kicking it with Kim Exercise, <i>An. Con.</i></p> <p>11:00 Batavia Senior Center Lunch, <i>ML</i></p> <p>2:30 "Discovery Series", With Heritage Therapy Group, <i>An. Con.</i></p> <p>3:00 Manicures, <i>BR2</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Misty Batavia Library, <i>AR</i></p> <p>6:30 Billiards/Pool, <i>TV3</i></p>	<p>18</p> <p>9:00 Transport Day, <i>main lobby</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>10:30 Trivia Time IN2L, <i>AL</i></p> <p>2:00 Bible Study, <i>An. Con.</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>19</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>9:45 First Bus to Walmart, <i>ML</i></p> <p>10:30 Second bus to Walmart, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 Color your World Month/ Pink &amp; Purple Patio Party &amp; Ice Cream Social, <i>bp</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>20</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>10:00 Bean Bag Baseball Practice, <i>An. Con.</i></p> <p>11:00 Weekly Dairy Queen Outing, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Healing Paws/Visiting Pets from Andersons Animal Shelter, <i>ML</i></p> <p>6:30 Snacks &amp; a Movie, <i>TV3</i></p>
<p>21</p> <p>8:00 Bethany Lutheran Church Bus, <i>ML</i></p> <p>8:45 Church of God, <i>PDR</i></p> <p>8:50 Holy Cross Family Church/ Bus, <i>ML</i></p> <p>9:00 Communion Service with Holy Cross Family Church, <i>An. Con.</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>22</p> <p>8:30 Outing to DMV Westchester, IL., <i>ML</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:15 Sweet Life after 50/Batavia Library/Game Time, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Summer Sing Along, <i>bp</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>23</p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>10:45 Big Lot's Shopping Outing, <i>ML</i></p> <p>1:15 Over what Hill/Batavia Library Outing/Chair Yoga w/Misty, <i>ML</i></p> <p>2:00 Town Hall Meeting with Executive Director Eric Forystek, <i>MDR</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>24</p> <p>9:15 Manicures, <i>BR2</i></p> <p>10:00 Catholic Mass With Holy Cross Family Church, <i>An. Con.</i></p> <p>12:00 Men's Luncheon, <i>AR</i></p> <p>2:00 Bingo, <i>ADR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Color Me Simple/Coloring, Relaxation &amp; pleasant conversation, <i>AR</i></p> <p>6:30 Billiards/Pool, <i>TV3</i></p>	<p>25</p> <p>9:00 Transport Day, <i>main lobby</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:30 Beanbag Baseball Home game against Constitution House, <i>ML</i></p> <p>2:00 Bible Study, <i>An. Con.</i></p> <p>2:45 Food Committee, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>26</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>9:45 First Bus to Walmart, <i>ML</i></p> <p>10:30 Second bus to Walmart, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 It's only Rock n Roll/ Festive Friday Fun/ wear your favorite singer or band t-shirt, <i>ML</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>27</p> <p>9:30 Exercise, <i>An. Con.</i></p> <p>10:00 Bean Bag Baseball Practice, <i>An. Con.</i></p> <p>11:00 Weekly Dairy Queen Outing, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:30 Popcorn Pick Me up/Grab &amp; Go Snacks, <i>ML</i></p> <p>6:30 Popcorn &amp; a Movie, <i>TV3</i></p>
<p>28</p> <p>8:00 Bethany Lutheran Church Bus, <i>ML</i></p> <p>8:45 Church of God, <i>PDR</i></p> <p>8:50 Holy Cross Family Church/ Bus, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>29</p> <p>8:30 Bountiful Breakfast &amp; Batavia River Walk/ Quick stop to pick up your own McDonalds Breakfast to take and enjoy at the River Walk, <i>ML</i></p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>1:30 Beanbag Baseball Away Game to Constitution House, <i>ML</i></p> <p>2:00 Bingo, <i>MDR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:30 Trivia Time IN2L, <i>AL</i></p> <p>6:30 Pinochle, <i>AR</i></p>	<p>30</p> <p>10:00 Exercise, <i>An. Con.</i></p> <p>11:00 Out to Lunch Bunch Riverside Pizza, <i>ML</i></p> <p>2:00 Resident Council, <i>ML</i></p> <p>2:00 Wii Bowling, <i>TV3</i></p> <p>2:15 Summertime Sing Along, <i>ML</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>6:30 Wii Bowling, <i>TV3</i></p>	<p>31</p> <p>9:15 Manicures, <i>BR2</i></p> <p>10:15 Kicking it with Kim Exercise, <i>An. Con.</i></p> <p>11:00 Jewel/Osco Outing, <i>ML</i></p> <p>2:15 Bingo, <i>ADR</i></p> <p>3:00 Country Store, <i>CS</i></p> <p>3:00 Misty Batavia Library, <i>AR</i></p> <p>6:30 Billiards/Pool, <i>TV3</i></p>	<p>MEETING PLACES</p> <p><i>An. Con.</i> - 3rd Floor Annex Connector</p> <p><i>ML</i> - Main Lobby</p> <p><i>MDR</i> - Main dining room</p> <p><i>CS</i> - Country Store</p> <p><i>AR</i> - Activity Room</p> <p><i>TV3</i> - TV room 3rd floor</p> <p><i>BR2</i> - Batavia Room 2nd floor</p> <p><i>bp</i> - back patio</p> <p><i>PDR</i> - private dining room</p> <p><i>ADR</i> - annex dining room</p>	<p>THE ACTIVITY CALENDAR IS SUBJECT TO CHANGE. IF THERE IS AN ACTIVITY OR SERVICE YOU WOULD LIKE ON THE CALENDAR, PLEASE CONTACT YOUR RESIDENT SERVICE COORDINATOR</p>	<p>DIMENSIONS OF WELLNESS</p> <p>Physical</p> <p>Spiritual</p> <p>Vocational</p> <p>Intellectual</p> <p>Emotional</p> <p>Environmental</p> <p>Social</p> 