

MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- AR** Activity Room
- LIB** Library
- Otg** Outing
- SR** Sunroom
- GRD** Garden
- I** Independent
- LOB** Lobby
- OG** Outside Grounds
- DR** Dining Room

Please see the Daily Activity Sheets posted in the lobby for any changes.

Happy Birthday!

5/6 Elaine

5/7 Larry

5/9 Marie



May Outings

5/2 5/7

5/14 5/21

5/23 5/30

01

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Working out with Weights AR
 11:00 Derby Talk AR
 2:00 Bingo w/ Enhabit Home Health AR

02

8:00 Morning News AR
 9:30 OC Springfest Trip Otg
 10:30 Coffee & Trivia Social AR
 1:30 OP Library Trip- DIY Fascinators Otg
 3:15 OP Community Church - Communion Offered SR

Nat'l 2 Different Color Shoe Day 03

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Derby Horse Race Game GRD
 2:00 Bingo Bonanza AR
 3:30 Happy Hour Social AR

04

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 1:30 Afternoon Movie Matinee AR
 6:30 Kentucky Derby Race Viewing AR

05

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 1:00 Grab & Go Word Puzzles AR
 3:00 Sunday Cinema of your Choice AR

06

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Stretch & Flex AR
 11:00 Who Am I? Trivia Game AR
 1:00 Pet Visit from Sasha LOB
 2:00 Bingo Bonanza AR

07

8:00 Morning News AR
 8:30 Walking Group GRD
 9:00 Ocean Downs Casino Trip Otg
 10:00 Food Lion Outing OG
 10:30 Healthy Living Food Class- Pico de Gallo AR
 1:15 Bible Study with Betty LIB
 2:00 Happy Hour Social AR

Nat'l Have a Coke Day 08

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Working out with Weights AR
 11:00 Rhyme Time Word Game AR
 12:30 Pop Up Library Visit AR
 2:00 Bingo Bonanza AR

09

8:00 Morning News AR
 10:30 Shut the Box Game AR
 2:00 Mother's Day Tea Social GRD

10

7:30 Men's Breakfast AR
 8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Ball Toning Exercises AR
 11:00 The Daily Chronicles & Discussion AR
 2:00 Bingo Bonanza AR
 6:00 First Baptist Hymn Singing SR

11

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 10:30 Table Games AR
 2:00 Craft Time: Stained Glass Art AR

Mother's Day 12

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 10:30 Church Service with Pastor W. Pimley SR
 2:00 Grab & Go Word Puzzles AR

13

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Stretch & Flex AR
 11:00 May IQ Trivia AR
 2:00 Bingo Bonanza AR

14

8:00 Morning News AR
 8:30 Walking Group GRD
 9:30 OC Boardwalk Trip Otg
 10:00 Food Lion Outing OG
 2:00 Flower Arranging Workshop SR
 3:00 Food Council Meeting DR

15

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Working out with Weights AR
 11:00 Star of the Month: Katherine Hepburn AR
 2:00 Bingo Bonanza AR

16

8:00 Morning News AR
 10:30 Biscuits & Coffee Social AR
 2:00 St. John Neuman - Communion Offered AR
 2:45 Travelogue- Pacific Northwest Trail AR

Nat'l Pizza Party Day 17

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Balance Boogie Exercise Video AR
 11:00 The Daily Chronicles & Discussion AR
 2:00 Bingo Bonanza AR

18

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 1:30 Afternoon Movie Matinee AR

19

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 1:00 Grab & Go Word Puzzles AR
 2:00 Sunday Cinema of your Choice AR

20

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Stretch & Flex AR
 11:00 What Am I? Trivia Game AR
 1:00 Pet Visit with Sasha (Poodle) LOB
 2:00 Bingo Bonanza AR

21

8:00 Morning News AR
 8:30 Walking Group GRD
 10:00 Shorebird Baseball Game Trip Otg
 10:00 Food Lion Outing OG
 1:15 Bible Study with Betty LIB

Sherlock Holmes Day 22

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Working out with Weights AR
 11:00 All About Sherlock Holmes AR
 2:00 Bingo Bonanza AR

23

8:00 Morning News AR
 11:00 Ocean Downs Casino/Lunch Trip Otg
 2:00 Cornhole Toss SR

Nat'l Scavenger Hunt Day 24

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:00 Scavenger Hunt LOB
 11:00 Ball Toning Exercises AR
 2:00 Bingo Bonanza AR

25

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 10:30 Time to Bake AR
 2:00 May Birthday Social AR
 3:15 Game Show Network AR

26

8:00 Morning News AR
 9:00 Exercise Time I
 9:30 Pinochle Game/Learn to Play AR
 10:30 Morning Social AR
 2:00 Table Games AR

Memorial Day 27

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Grab & Go Word Puzzles AR
 2:00 Bingo Bonanza AR

28

8:00 Morning News AR
 8:30 Walking Group GRD
 10:00 Food Lion Outing OG
 10:00 SDMS Chorus DR
 2:00 Resident Council AR
 3:00 Happy Hour Social AR

29

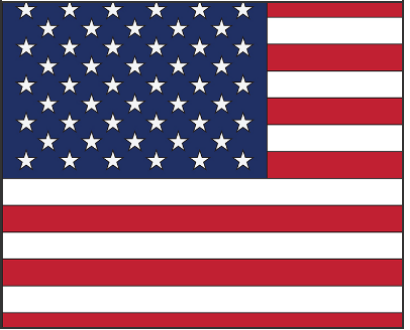
8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Working out with Weights AR
 11:00 Reminiscing & Discussion AR
 2:00 Bingo Bonanza AR

30

8:00 Morning News AR
 10:00 SDMS Chorus DR
 11:00 Out to Lunch Trip Otg
 2:00 Outside Games GRD

31

8:00 Morning News AR
 8:30 Hymn Singing LIB
 10:30 Ball Toning Exercises AR
 11:00 The Daily Chronicles & Discussion AR
 2:00 Bingo Bonanza AR
 4:00 Spring Fling Celebration GRD



Open to Public Event

5/9 Mother's Day Tea Social