

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

APRIL 2024



01

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

02

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

03

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

04

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

05

9:00 Chair Exercises TC  
10:00 Golfing Game TC  
1:00 Manicures TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

06

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

07

9:00 Chair Exercises TC  
9:00 Spiritual/Inspirational Reading TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

08

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

09

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

10

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

11

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

12

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Manicures TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

13

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

14

9:00 Chair Exercises TC  
9:00 Spiritual/Inspirational Reading TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

15

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
1:00 Pet Visit with Sasha (Poodle) LOB  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

16

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

17

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

18

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

19

9:00 Chair Exercises TC  
10:00 Bowling TC  
1:00 Manicures TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

20

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

21

9:00 Chair Exercises TC  
9:00 Spiritual/Inspirational Reading TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

22

9:00 Chair Exercises TC  
10:00 Painting planters TC  
1:00 Planting TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

23

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

24

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

25

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

26

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Manicures TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

27

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

28

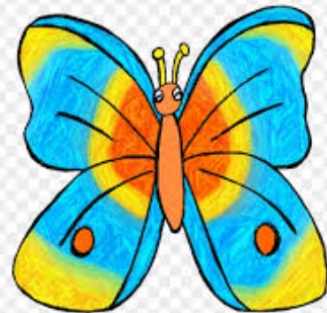
9:00 Chair Exercises TC  
9:00 Spiritual/Inspirational Reading TC  
10:00 Tabletop Fun TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

29

9:00 Chair Exercises TC  
10:00 Tabletop Fun TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC

30

9:00 Chair Exercises TC  
10:00 Music Time TC  
1:00 Creative Art Expression TC  
2:00 Classic TV/Movie TC  
5:00 Fidget/Memory Box TC



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- TC Treasure Cove
- LOB Lobby

April's Fools Day 1st

Earth Day 22nd

Happy Birthday!!

Maryanne F. 8th

Marguerite W. 24th