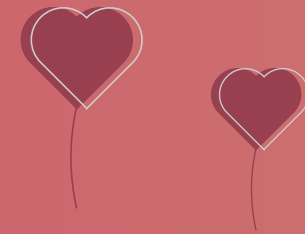


VALENTINE'S DAY



FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places
LL Lower Level by Piano

- AR Activity Room
- CH Chapel
- FR Fitness Room
- BR Billiard Room
- MT Movie Theater
- CA Cafe
- DR Dining Room
- LOB Lobby

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						01	02	03
						9:30 Lutheran Church Service w/Pastor Krueger 10:30 Wii Bowling 3:00 Bingo	9:30 NIU Nursing Students/Fitness Class 10:00 NIU Nursing Students Program 2:00 Easy Peasy Heart Art 3:00 Happy Hour & Word Games	9:00 Peddler Cart Open 10:00 Wii Bowling 1:00 Rummikub 3:00 Bingo 6:30 Saturday Night at the Movies
	04	05	06	07	08	09	10	
	9:30 St. Mary's Catholic Church Service 9:30 Sycamore Methodist DVD Service 10:30 Wii Bowling 1:00 Table Games 2:00 Sunday Matinee & Popcorn	10:00 Cafe Chat w/Elaine 11:00 Moving to Music 1:00 Rummikub 2:00 Jeopardy 6:30 Evening Movie & Popcorn	10:00 Wii Bowling 12:00 Bingo 1:00 Piano Performance by Brandon 2:00 Happiness Now! Support Group w/Elaine 3:00 Bingo	9:00 Jean w/Resource Bank 10:00 10:00 Moving to Music 2:00 Sweetheart Sundae Bar - Hosted by Meghan from ProMedica 2:00 Praying the Rosary	9:30 Lutheran Church Service w/Pastor Krueger 10:30 Wii Bowling 2:30 Cabaret Show - "It's Amore" 6:00 Bingo	12:00 NIU Nursing Students Program 9:30 NIU Nursing Students/Fitness Class 10:30 Shopping Trip to Kohl's 3:00 Happy Hour & Word Games	9:00 Peddler Cart Open 10:00 Wii Bowling 1:00 Rummikub 3:00 Bingo 6:30 Saturday Night at the Movies	
	11	12	13	Valentine's Day	14	15	16	17
	9:30 St. Mary's Catholic Church Service 9:30 Sycamore Methodist DVD Service 10:30 Wii Bowling 1:00 Table Games 2:00 Sunday Matinee & Popcorn	10:00 Moving to Music 1:00 Rummikub 2:00 Arts & Crafts - Big Kiss Centerpiece 6:30 Evening Movie & Popcorn	10:00 Wii Bowling 1:00 Rummikub 2:00 Exercise DVD 3:00 Bingo	Valentine's Day 10:00 10:00 Moving to Music 1:30 Arts & Crafts - Photo Finish Roses 2:00 Praying the Rosary w/Linda 3:00 Valentine's Day Prize Bingo	9:30 Lutheran Church Service w/Pastor Krueger 10:30 Wii Bowling 1:00 Rummikub 3:00 Bingo	12:00 NIU Nursing Students Program 9:30 NIU Nursing Students/Fitness Class 2:00 Hangman 3:00 Happy Hour & Word Games	9:00 Peddler Cart Open 10:00 Wii Bowling 1:00 Rummikub 3:00 Bingo 6:30 Saturday Night at the Movies	
	18	President's Day	19	20	21	22	23	24
	9:30 St. Mary's Catholic Church Service 9:30 Sycamore Methodist DVD Service 10:30 Wii Bowling 1:00 Table Games 2:00 Sunday Matinee & Popcorn	President's Day 10:00 Cafe Chat w/Elaine 11:00 Moving to Music 1:00 Rummikub 2:00 Presidential Trivia 6:30 Evening Movie & Popcorn	10:00 Wii Bowling 1:00 Rummikub 2:00 Happiness Now! Support Group w/Elaine 3:00 Bingo	9:00 Jean w/Resource Bank 10:00 10:00 Moving to Music 12:00 February Birthday Celebration 2:00 Praying the Rosary w/Linda	9:30 Lutheran Church Service w/Pastor Krueger 10:30 Wii Bowling 1:00 Rummikub 3:00 Bingo	12:00 NIU Nursing Students Program 9:30 NIU Nursing Students/Fitness Class 10:30 Shopping Trip to Dollar Tree 1:30 Words Within Words 3:00 Happy Hour & Word Games	9:00 Peddler Cart Open 10:00 Wii Bowling 1:00 Piano Performance by Brandon 3:00 Bingo 6:30 Saturday Night at the Movies	
	25	26	27	28	29			
	9:30 St. Mary's Catholic Church Service 9:30 Sycamore Methodist DVD Service 10:30 Wii Bowling 1:00 Table Games 2:00 Sunday Matinee & Popcorn	10:00 Moving to Music 1:00 Rummikub 2:00 Universal Yums Program 6:30 Evening Movie & Popcorn	10:00 Wii Bowling 1:00 Rummikub 1:30 Piano Performance by Ann Chen 3:00 Bingo	10:00 10:00 Moving to Music 2:00 Food Council Meeting 2:00 Praying the Rosary w/Linda 3:00 Town Hall Resident Meeting	9:30 Lutheran Church Service w/Pastor Krueger 10:30 Wii Bowling 1:00 Rummikub 3:00 Bingo			