

HAPPY FOURTH OF JULY

JULY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- LOB** Lobby
- ER** Exercise Room
- AR** Activity Room 2nd floor
- CH** Chapel
- THE** Theatre
- D.A.R.** Diamond Art Room
- GR1** Game Room 1st floor
- Bis** Bistro
- G-** Garden Patio
- Pat**

Birthdays

Residents

Ruth P. July 5

Joan T. July 9

Mary Jane T. July 20

Don B July 21

Donna S July 28

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		01 10:15a \$Strength & Flexibility ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:00p Convenience Store AR 1:30p Fellowship & Refreshment w/Barb CH 3:00p \$ Live & Learn LOB	02 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Osteo-Flexercise ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Diamond Art D.A.R. 3:00p Card Games w/Monica GR1	03 10:15a \$Stretch with Julie ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Bingo Series AR 2:30p Mid Day Movie THE 3:00p Baking: 4th of July Cake AR 3:30p Pool with Ed GR1	04 Independence Day	05 10:00a \$Body Aerobics ER 11:00a Trivia Masters LOB 11:30a Pet Therapy LOB w/Gracie & Charlie 1:00p \$ Walking Club LOB 1:30p Bridge Club D.A.R. 2:30p Entertainment & Social LOB	06 9:00a Coffee & News Bis 10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:00p \$ Walking Club LOB 1:30p Resident Led Bingo AR 3:00p Friends at the Courtyard LOB 3:30p Game room is Open GR1
	07 9:00a Coffee & News Bis 10:00a Virtual Church Svc (Non Denominational) THE 10:30a Rosary CH 1:30p Bible Study & Refreshment w/ Jose CH 2:30p Hymn Songs Listening at The Chapel CH	08 10:15a \$Strength & Flexibility ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:00p Convenience Store AR 1:30p Fellowship & Refreshment w/Barb CH 3:30p Tag You're It! Show & Tell LOB	09 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Osteo-Flexercise ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Diamond Art D.A.R. 2:30p Mid Day Movie THE 3:00p Travelogue: Italy ER	10 10:15a \$Stretch with Julie ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Bingo Series AR 2:30p Mid Day Movie THE 3:00p Shopping: Dollar Tree LOB 3:30p Pool with Ed GR1	11 8:00a Doctors Appts. LOB 10:15a \$ Fitness Fun! ER 11:00a Rivets with Kyle LOB 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:00p Wine glass Painting with Monica AR 2:30p Baking with Cheryl AR	12 9:30a Outing: TBD LOB 10:00a \$Zumba ER 11:00a Trivia Masters LOB 11:30a Pet Therapy LOB w/Gracie & Charlie 1:30p Bridge Club D.A.R. 1:30p Ice Cream Party with Anna Bis	13 9:00a Coffee & News Bis 10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:00p \$ Walking Club LOB 1:30p Resident Led Bingo AR 3:00p Friends at the Courtyard LOB 3:30p Game room is Open GR1
	14 9:00a Coffee & News Bis 10:00a Virtual Church Svc (Non Denominational) THE 10:30a Rosary CH 1:30p Bible Study & Refreshment w/ Jose CH 2:30p Hymn Songs Listening at The Chapel CH	15 10:15a \$Strength & Flexibility ER 11:00a Trivia Masters LOB 1:00p Convenience Store AR 1:30p Fellowship & Refreshment w/Barb CH 3:00p French-American LOB	16 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Osteo-Flexercise ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Diamond Art D.A.R. 2:00p Bingo-cize with Holly! ER 2:30p Mid Day Movie THE	17 10:15a \$Stretch with Julie ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Bingo Series AR 2:30p Mid Day Movie THE 2:30p Lemonade Social with Alyssa! G-Pat 3:30p Pool with Ed GR1	18 8:00a Doctors Appts. LOB 10:15a \$ Fitness Fun! ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Veterans' Club GR1 2:00p Bingo-cize with Holly! ER 2:30p Mid Day Movie THE	19 10:00a \$Body Aerobics ER 11:00a Trivia Masters LOB 11:30a Pet Therapy LOB w/Gracie & Charlie 1:00p \$ Walking Club LOB 1:30p Bridge Club D.A.R. 2:30p Mid Day Movie THE 3:00p Friday Social Bis	20 9:00a Coffee & News Bis 10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:30p Resident Led Bingo AR 2:30p MidDay Movie THE 3:00p Friends at the Courtyard LOB 3:30p Game room is Open GR1
	21 9:00a Coffee & News Bis 10:00a Virtual Church Svc THE 10:30a Rosary CH 1:00p \$ Walking Club LOB 1:30p Bible Study & Refreshment w/ Jose CH 2:30p Hymn Songs Listening at The Chapel CH	22 10:15a \$Strength & Flexibility ER 11:00a Trivia Masters LOB 1:00p Convenience Store Open AR 1:30p Fellowship & Refreshment w/Barb CH 3:00p Live & Learn Series ER 3:30p Tag You're It! Show & Tell LOB	23 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Osteo-Flexercise ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Diamond Art D.A.R. 2:00p Bingo-cize with Holly! ER 3:00p New Resident Social LOB	24 10:15a \$Stretch with Julie ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Bingo Series AR 2:30p Mid Day Movie THE 3:30p Pool with Ed GR1	25 8:00a Doctors Appts. LOB 10:15a \$ Fitness Fun! ER 10:15a Resident Council Meeting ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 2:30p Mid Day Movie THE 2:30p Art Show LOB	26 10:00a \$Zumba ER 11:00a Trivia Masters LOB 11:30a Pet Therapy LOB w/Gracie & Charlie 1:00p \$ Walking Club LOB 1:30p Bridge Club D.A.R. 2:30p Friday Social w/Chip Messner LOB	27 9:00a Coffee & News Bis 10:00a Morning Devotion CH 10:15a \$ Virtual Exercise ER 1:00p \$ Walking Club LOB 1:30p Resident Led Bingo AR 3:00p Friends at the Courtyard LOB 3:30p Game room is Open GR1
	28 9:00a Coffee & News Bis 10:00a Virtual Church Svc THE 10:30a Rosary CH 1:00p \$ Walking Club LOB 1:30p Bible Study & Refreshment w/ Jose CH 2:30p Hymn Songs Listening at The Chapel CH	29 10:15a \$Strength & Flexibility ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:00p Convenience Store Open AR 1:30p Fellowship & Refreshment w/Barb CH 2:30p Live & Learn ER	30 8:00a Doctors Appts. LOB 9:00a Deacon--Rosary CH 10:15a \$ Osteo-Flexercise ER 11:00a Trivia Masters LOB 1:30p Diamond Art D.A.R. 2:00p Bingo-cize with Holly! ER 3:00p Birthday Social & Smart Buck Raffle LOB	31 10:15a \$Stretch with Julie ER 11:00a Trivia Masters LOB 1:00p \$ Walking Club LOB 1:30p Bingo Series AR 2:30p Mid Day Movie THE 2:30p Popsicle Social with Dena! G-Pat 3:30p Pool with Ed GR1			