



APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual



Meeting Places

- AR** Activity Room
- FP** Front Porch
- DR** Dining Room
- AR** activity room
- RR** Resident Rooms
- CA** Common Areas
- PL** Parking Lot

Happy Birthday

Doris 4/5

Helen 4/10

Kay 4/20

Carol 4/24

James 4/24

Karen 4/25

April is

National Fly a Kite Month

1st April fools Day

22nd Earth Day

23rd Picnic Day

	01	02	03	04	05	06		
	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ chair yoga</p> <p>12:30-1:30p AR Resident Council Meeting-\$</p> <p>1:00-2:00p DR Bingo</p> <p>2:00-3:00p FP Trivia</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-12:00p AR Take out Tuesday Taco Bell</p> <p>12:30-1:30p AR Discovery Series W/Anna PT-\$</p> <p>1:00-3:00p AR Nail Glamour</p> <p>3:00-4:00p AR Music Karaoke</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a FP Silver Shoes</p> <p>1:00-2:00p AR Exercise & hydrate- \$ chair exercise</p> <p>2:00-3:00p AR Church w/Terry, Gerry and Ken</p> <p>3:00-4:00p AR Music Residents Choice</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Kickball</p> <p>1:00-2:00p AR Arts and Crafts</p> <p>2:00-3:30p AR Domino's</p> <p>3:00-4:00p FP current events/social</p>	<p>10:00-11:00a AR Exercise & hydrate- \$ Volleyball</p> <p>12:30-1:30p AR Bingo</p> <p>1:30-3:00p AR UNO CARD GAME & Domino's</p> <p>3:00-4:00p AR puzzles-\$</p> <p>5:30-7:30p AR Friday Night Movie</p>	<p>8:00-11:00a AR Morning News /TV time</p> <p>1:30-2:30p RR Puzzle Packet-\$</p> <p>3:00-4:00p CA Creative Coloring</p>		
	<p>8:00-11:00a RR TV Worship-check your local listing</p> <p>12:00-1:00p RR Crossword Puzzles \$</p> <p>1:00-2:00p AR Puzzle</p> <p>2:00-3:00p AR Brooks Layman church services Cedar Grove</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Balloon Swat</p> <p>1:00-2:00p DR Bingo</p> <p>2:00-3:00p AR UNO CARD GAME & Domino's</p> <p>3:00-4:00p FP Golf hole in one</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-10:30a AR pet therapy</p> <p>1:00-3:00p AR Nail Glamour</p> <p>1:30-2:30p AR New Hope Baptist Church</p> <p>2:30-3:30p AR Afternoon TV Time</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Kickball</p> <p>12:00-1:00p DR Garden Club</p> <p>2:00-3:00p AR Church w/Terry, Gerry and Ken</p> <p>3:00-4:00p AR Music Residents Choice</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ chair yoga</p> <p>12:30-1:30p AR Arts and Crafts</p> <p>2:00-3:30p AR Domino's</p> <p>3:00-4:00p FP current events/social</p>	<p>10:00-11:00a AR Exercise & hydrate- \$ Bowling</p> <p>12:30-1:30p AR Bingo</p> <p>2:00-3:00p AR puzzles & Games</p> <p>3:00-4:00p FP Trivia</p>		
	<p>8:00-11:00a RR TV Worship-check your local listing</p> <p>12:00-1:00p RR Crossword Puzzles \$</p> <p>1:00-2:00p AR Puzzle</p> <p>2:00-3:00p AR Brooks Layman church services Cedar Grove</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ chair exercise</p> <p>1:00-2:00p DR Bingo</p> <p>2:00-4:00p AR Happy Birthday</p> <p>3:00-4:00p FP Name that tune</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Balloon Swat</p> <p>1:00-3:00p AR Nail Glamour</p> <p>1:30-2:30p AR New Hope Baptist Church</p> <p>3:00-4:00p AR Music Karaoke</p> <p>5:30-6:30p FP Men's Social</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a FP Silver Shoes</p> <p>12:00-1:00p AR Exercise & hydrate- \$ chair yoga</p> <p>2:00-3:00p AR Church w/Terry, Gerry and Ken</p> <p>3:00-4:00p FP Music Residents Choice</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Kickball</p> <p>12:30-1:30p AR Arts and Crafts</p> <p>2:00-3:30p AR Domino's</p> <p>3:00-4:00p FP current events/social</p>	<p>10:00-11:00a AR Exercise & hydrate- \$ Volleyball</p> <p>12:30-2:00p FP Fly A Kite</p> <p>2:00-3:00p AR Bingo</p> <p>3:00-4:00p AR puzzles & friday treat day-\$</p>		
	<p>8:00-11:00a RR TV Worship-check your local listing</p> <p>12:00-1:00p RR Crossword Puzzles \$</p> <p>1:00-2:00p AR Puzzle</p> <p>2:00-3:00p AR Brooks Layman church services Cedar Grove</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-1:00p CA Mary B's</p> <p>1:00-2:00p DR Bingo</p> <p>2:00-3:00p AR UNO CARD GAME & Domino's</p> <p>3:00-4:00p FP Golf hole in one</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:30-12:00p PL Picnic at Cedar Grove</p> <p>1:00-3:00p AR Nail Glamour</p> <p>1:30-2:30p AR New Hope Baptist Church</p> <p>2:30-3:30p AR Afternoon TV Time</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ chair exercise</p> <p>12:00-1:00p DR Garden Club</p> <p>2:00-3:00p AR Church w/Terry, Gerry and Ken</p> <p>3:00-4:00p FP Music Residents Choice</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Kickball</p> <p>12:30-1:30p AR Arts and Crafts</p> <p>2:00-3:30p AR Domino's</p> <p>3:00-4:00p FP current events/social</p>	<p>10:00-11:00a AR Exercise & hydrate- \$ chair yoga</p> <p>1:00-2:00p AR Bingo</p> <p>2:00-3:00p AR puzzles & friday treat day-\$</p> <p>3:00-4:00p FP Golf hole in one</p> <p>5:30-6:30p FP Ladies Club</p>		
	<p>8:00-11:00a RR TV Worship-check your local listing</p> <p>12:00-1:00p RR Crossword Puzzles \$</p> <p>1:00-2:00p AR Puzzle</p> <p>2:00-3:00p AR Brooks Layman church services Cedar Grove</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ Kickball</p> <p>1:00-2:00p DR Bingo</p> <p>2:00-3:00p AR smart bucks drawing</p> <p>3:00-4:00p FP Name that tune</p>	<p>9:30-10:00a AR Memory Support Game</p> <p>10:00-11:00a AR Exercise & hydrate- \$ chair yoga</p> <p>1:00-3:00p AR Nail Glamour</p> <p>1:30-2:30p AR New Hope Baptist Church</p> <p>3:00-4:00p AR Music Karaoke</p>					