



# JUNE 2024

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**Jun 30**

**01**

### Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

### Meeting Places

- B** Lobby
- D** Second Floor Activity Room
- C** Second Floor T.V. Lounge
- A** Dining room
- X** Country Store
- F** Third Floor Fitness Circle
- E** Third Floor Library
- J** Off Sight

### Open to Public Events

June 20

Alzheimer's Longest Day Bake Sale

Walker Wash with Hospice of Southern Illinois

**ACTIVITIES ARE SUBJECT TO CHANGE**

10:00  Catholic Church Services <b>C</b> 2:30  Bingo <b>A</b>							9:00  Pick Up Your Puzzle Pages <b>B</b> 10:00  Bible Study <b>D</b> 1:30  Pinochle <b>D</b>
<b>02</b> 10:00  Catholic Church Services <b>C</b> 11:00  Harley Rides <b>A</b> 2:30  Bingo <b>A</b>	<b>03</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 1:00  Poker Club <b>E</b> 2:00  Fish Bowl Game <b>D</b> 6:00  Crochet Club <b>D</b>	<b>04</b> 8:00  Essential Medical Transport <b>B</b> 10:00  Country Store <b>X</b> 6:30  Table Games <b>D</b>	<b>05</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 10:30  Meet Fredbird Outing/Belleville IL <b>J</b> 11:00  Mary's Market <b>B</b> 1:00  Poker Club <b>E</b> 6:00  Crochet Club <b>D</b>	<b>06</b> 8:30  Thursday Challenge - <b>B</b> 10:00  Shopping at Walmart <b>J</b> 1:00  Country Store <b>X</b> 1:00  Menu Committe Meeting <b>D</b> 2:00  Cover the Number Game <b>D</b> 6:00  Movie: <b>C</b>	<b>07</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 2:00  Water balloon fight with Staff <b>F</b> 6:00  Crochet Club <b>D</b>	<b>08</b> 9:00  Pick Up Your Puzzle Pages <b>B</b> 10:00  Bible Study <b>D</b> 1:00  Pinochle Club <b>D</b> 1:30  Pinochle <b>D</b>	
<b>09</b> 10:00  Catholic Church Services <b>C</b> 2:30  Bingo <b>A</b>	<b>10</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 1:00  Poker Club <b>E</b> 2:00  Pampering Day/ Katrina from Mary Kay <b>D</b> 6:00  Crochet Club <b>D</b>	<b>11</b> 8:00  Essential Medical Transport <b>B</b> 10:00  Country Store <b>X</b> 6:30  Table Games <b>D</b>	<b>12</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 10:00  Pet Therapy, Play time with Esther <b>D</b> 10:30  Communion with Rev. Joe <b>C</b> 11:00  Mary's Market <b>B</b> 1:00  Poker Club <b>E</b> 6:00  Crochet Club <b>D</b>	<b>13</b> 8:30  Thursday Challenge - <b>B</b> 10:00  Shopping at Dollar Tree <b>J</b> 1:00  Country Store <b>X</b> 2:30  Resident Council Meeting <b>A</b> 6:00  Movie: <b>C</b>	<b>14</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 2:00  Music with Ed Settle <b>A</b> 6:00  Crochet Club <b>D</b>	<b>15</b> 9:00  Pick Up Your Puzzle Pages <b>B</b> 10:00  Bible Study <b>D</b> 1:30  Pinochle <b>D</b>	
<b>16</b> 10:00  Catholic Church Services <b>C</b> 2:30  Bingo <b>A</b>	<b>17</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 12:00  Hangman <b>D</b> 1:00  Poker Club <b>E</b> 6:00  Crochet Club <b>D</b>	<b>18</b> 8:00  Essential Medical Transport <b>B</b> 10:00  Country Store <b>X</b> 10:00  Morning Chat w/ Lee <b>A</b> 6:30  Table Games <b>D</b>	<b>19</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 11:00  Mary's Market <b>B</b> 1:00  Poker Club <b>E</b> 1:00  Walker Wash with Hospice of Southern Illinois <b>D</b> 2:00  Food Council Meeting <b>A</b> 6:00  Crochet Club <b>D</b>	<b>20</b> 8:30  Thursday Challenge - <b>B</b> 10:00  Shopping at Walmart <b>J</b> 1:00  Country Store <b>X</b> 2:00  Movie Matinee/ popcorn <b>D</b> 6:00  Movie: <b>C</b>	<b>21</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 2:30  Birthday Party/ music with Sam Brown <b>A</b> 6:00  Crochet Club <b>D</b>	<b>22</b> 9:00  Pick Up Your Puzzle Pages <b>B</b> 10:00  Bible Study <b>D</b> 1:00  Pinochle Club <b>D</b> 1:30  Pinochle <b>D</b>	
<b>23</b> 10:00  Catholic Church Services <b>C</b> 2:30  Bingo <b>A</b>	<b>24</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 1:00  Poker Club <b>E</b> 2:00  Cooking with Laura <b>D</b> 6:00  Crochet Club <b>D</b>	<b>25</b> 8:00  Essential Medical Transport <b>B</b> 10:00  Country Store <b>X</b> 1:30  Health Pro Education <b>D</b> 6:30  Table Games <b>D</b>	<b>26</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 11:00  Mary's Market <b>B</b> 1:00  Poker Club <b>E</b> 2:00  Crafts <b>D</b> 6:00  Crochet Club <b>D</b>	<b>27</b> 8:30  Thursday Challenge - <b>B</b> 10:00  Open Transport <b>J</b> 1:00  Country Store <b>X</b> 2:00  Happy Hour <b>D</b> 6:00  Movie: <b>C</b>	<b>28</b> 10:00  Country Store <b>X</b> 10:00  Exercise/Morning March <b>F</b> 2:00  Ship, Captain Crew dice game <b>D</b> 6:00  Crochet Club <b>D</b>	<b>29</b> 9:00  Pick Up Your Puzzle Pages <b>B</b> 10:00  Bible Study <b>D</b> 1:30  Pinochle <b>D</b>	