

ACTIVITIES ARE SUBJECT TO CHANGE



MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- ResApt** Resident Apartment
- LBY** Lobby

**OPEN TO THE PUBLIC**

Bingo 20th @ 6pm

Ice Cream Social

21st @ 2:15pm

				<b>01</b> 9:30  Morning Devotions DR 1:15  Let's take a walk DR 2:15  Virtual Exercise Class DR	<b>02</b> 9:30  Monthly Vitals DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Monthly Vitals DR	<b>03</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:00  Women's Pinochle Group DR 2:15  Shopping @ Walmart LBY	<b>04</b> 1:15  Let's take a walk DR 2:15  Bingo DR
	<b>05</b> 9:00  Fellowship w/ The First Christian Church DR 1:15  Let's take a walk DR 2:15  Coffee & Conversation DR	<b>06</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:15  Afternoon Devotions DR	<b>07</b> 9:00  Men's Pinochle Group LBY 9:30  Trivian DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR	<b>08</b> 10:00  Spa Time w/ Lori from Mary Kay DR 1:15  Let's take a walk DR 2:15  Virtual Exercise Class DR	<b>09</b> 9:30  Jenga DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Bingo DR 6:00  Church of God DR	<b>10</b> 9:30  Virtual Exercise Class DR 1:00  Shopping @ Walmart LBY 2:00  Mother's Day Tea DR	<b>11</b> 9:30  Bingo DR 1:15  Let's take a walk DR
	<b>12</b> 9:00  Fellowship w/ The First Christian Church DR 1:15  Let's take a walk DR 2:15  Coffee & Conversation DR	<b>13</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:15  Uno DR	<b>14</b> 9:00  Men's Pinochle Group LBY 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Spring Craft DR	<b>15</b> 9:30  Morning Devotions DR 1:15  Let's take a walk DR 2:15  Virtual Exercise Class DR 7:00  Worship w/ The Mennonites DR	<b>16</b> 9:30  Color and Calm DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Bingo DR	<b>17</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:00  Women's Pinochle Group DR 2:15  Shopping @ Walmart LBY 6:00  Music by Elaine DR	<b>18</b> 1:15  Let's take a walk DR 2:15  Bingo DR
	<b>19</b> 9:00  Fellowship w/ The First Christian Church DR 1:15  Let's take a walk DR 2:15  Coffee & Conversation DR 6:00  Fellowship w/ The Second Baptist Church DR	<b>20</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:15  Afternoon Devotions DR 6:00  Bingo w/ Melissa DR	<b>21</b> 9:00  Men's Pinochle Group LBY 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Ice Cream Social DR	<b>22</b> 9:30  Card Bingo DR 1:15  Let's take a walk DR 2:15  Virtual Exercise Class DR	<b>23</b> 9:30  Uno DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Bingo DR	<b>24</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:00  Women's Pinochle Group DR 2:15  Shopping @ Walmart LBY	<b>25</b> 9:30  Bingo DR 1:15  Let's take a walk DR
	<b>26</b> 9:00  Fellowship w/ The First Christian Church DR 1:15  Let's take a walk DR 2:15  Coffee & Conversation DR	<b>27</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:15  Cardio Drumming DR	<b>28</b> 9:00  Men's Pinochle Group LBY 9:30  Rob Your Neighbor - game DR 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:15  Monthly Resident Council/Food Council meetings & monthly resident birthday party DR	<b>29</b> 9:30  Morning Devotions DR 1:15  Let's take a walk DR 2:15  Virtual Exercise Class DR	<b>30</b> 9:30  Soaking up some sunshine - weather permitting LBY 11:00  1 on 1 Visits ResApt 1:15  Let's take a walk DR 2:00  Afternoon Music w/ A Saxophonist DR	<b>31</b> 9:30  Virtual Exercise Class DR 1:15  Let's take a walk DR 2:00  Women's Pinochle Group DR 2:15  Shopping @ Walmart LBY	