

ACTIVITIES ARE SUBJECT TO CHANGE



MARCH 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- ResApt** Resident Apartment
- LB** Lobby
- BS** Beauty Shop

FAMILY NIGHT

Bingo 3/18 @ 6pm

OPEN TO THE PUBLIC

Exercise w/ Aperion

Wednesday afternoons @ 2:15

Mar 31	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
9:15 Fellowship w/ The First Christian Church DR 1:15 Let's take a walk DR 2:15 Coffee & Conversation DR	9:30 Virtual Exercise Class DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Shopping @ Walmart LB	1:15 Let's take a walk DR 2:15 Bingo LB	9:15 Fellowship w/ The First Christian Church DR 1:15 Let's take a walk DR 2:15 Coffee & Conversation DR	9:30 Virtual Exercise Class DR 1:15 Let's take a walk DR 2:15 Show & Share DR	9:00 Men's Pinochle Group LB 9:30 Cloudy w/ a chance of Chuckles DR 1:15 Let's take a walk DR 2:15 Bingo DR	9:30 Morning Devotions LB 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Exercise w/ Aperion DR	9:30 Monthly Vitals DR 1:15 Let's take a walk DR 2:15 Monthly Vitals DR	9:30 Virtual Exercise Class DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Shopping @ Walmart LB	1:15 Let's take a walk DR 2:15 Afternoon Matinee LB	9:15 Fellowship w/ The First Christian Church DR 1:15 Let's take a walk DR 2:15 Coffee & Conversation DR	9:30 Virtual Exercise Class DR 1:15 Let's take a walk DR 2:15 Spiritually Speaking w/ Melissa LB	9:00 Men's Pinochle Group LB 9:30 Balloon Ball DR 1:15 Let's take a walk DR 2:15 Ice Cream Social DR	9:30 Yahtzee DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Exercise w/ Aperion DR	9:30 Morning Devotions DR 1:15 Let's take a walk DR 2:15 4 wings & a prayer - Butterfly Documentary LB 6:00 Church of God DR	9:30 Virtual Exercise Class DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Shopping @ Walmart LB 6:00 Music by Elaine & Guest DR	1:15 Let's take a walk DR 2:15 Bingo DR	9:15 Fellowship w/ The First Christian Church DR 1:15 Let's take a walk DR 2:15 Coffee & Conversation DR 6:00 Fellowship w/ Second Baptist Church DR	9:30 Virtual Exercise Class DR 1:15 Let's take a walk DR 2:15 Duck Hunt DR 6:00 Bingo w/ Melissa DR	9:00 Men's Pinochle Group LB 1:15 Let's take a walk DR 2:15 Spring Slushie Social DR	9:30 Spring Craft DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Exercise w/ Aperion DR 7:00 Worship w/ The Mennonites DR	8:30 Quarterly Visit from The Podiatrist BS 9:30 Morning Devotions DR 1:15 Let's take a walk DR 2:15 Making Memories - Discussion DR	9:30 Virtual Exercise Class DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Shopping @ Walmart LB	9:15 Fellowship w/ The First Christian Church DR 1:15 Let's take a walk DR 2:15 Coffee & Conversation DR	9:30 Virtual Exercise Class DR 1:15 Let's take a walk DR 2:15 Nail Care DR	9:00 Men's Pinochle Group LB 9:30 Card Bingo DR 1:15 Let's take a walk DR 2:15 Monthly Resident Council/Food Council meetings & monthly resident birthday party DR	9:30 Cranium Crunchers DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Exercise w/ Aperion DR	9:30 Morning Devotions DR 1:15 Let's take a walk DR 2:15 Baseball Trivia DR	9:30 Virtual Exercise Class DR 11:00 One on One Visits ResApt 1:15 Let's take a walk DR 2:15 Shopping @ Walmart LB	1:15 Let's take a walk DR 2:15 Bingo DR	