

Activities subject to change.



4TH OF JULY

INDEPENDENCE DAY

JULY 2024 SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Birthdays:

Pearl 7/21

Happy 102nd Birthday to

Pearl!

Sofia 7/7

Holidays:

Independence Day 7/4

MEMORY CARE CALENDAR!

	MEMORY CARE CALENDAR!	01 10:00 Gardening Group 11:00 Chair yoga 1:00 Reading Club 1:30 Manicure Mondays! 1:30 Hugo Visits 2:00 Cranium Crunch Game or Trivia 5:00 Coloring & Puzzles with CNA's	02 All Day Hair Salon Day 10:00 Community Store visits 10:30 Bingo w/ Jess 11:00 Coffee with Mayor Irvin 1:30 Balloon Toss w/ CNA's 3:00 Karaoke & Dancing 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages	03 9:30 game time! 10:00 Morning Yoga 11:00 Bingo or Board Game 1:00 Manicures & Music 2:00 Relaxation & Meditation 3:00 Movie & Snack 5:30 Balloon Toss Game	04 10:15 Communion Service 10:30 Bingo w/ Jess 11:00 Gardening Group 1:00 Cranium Crunch - Puzzles & Music 1:30 Balloon Toss w/ CNA's 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages 5:00 Karaoke & Music	05 9:00 Church Service 10:00 Bible Study 10:30 Gardening Group 11:00 Chair yoga 1:30 Crafty Hour w/ Teresa 2:30 meditation time 3:00 Classic Movie & Popcorn!	06 All Day Weekend Activity Packets 10:00 Independent Puzzles 1:30 Chair Exercise with CNA's 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna
	07 All Day Weekend Activity Packets 9:30 Hymn Sing Along and Bible Reading 10:00 Coffee & Tea Social with Teresa 10:30 quick crafts!! 11:00 Chair yoga with Teresa 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna	08 10:00 Gardening Group 11:00 Chair yoga 1:00 Reading Club 1:30 Manicure Mondays! 1:30 Hugo Visits 2:00 Crafty Hour w/ Teresa 5:00 Coloring & Puzzles with CNA's	09 All Day Hair Salon Day 10:00 Community Store visits 10:30 Guess the Price Game! 11:00 Gardening Group 11:30 Ntn'l Sugar Cookie Day Cookies! 1:30 Balloon Toss w/ CNA's 3:00 Karaoke & Dancing 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages	10 9:30 game time! 10:00 Morning Yoga 11:00 Bingo or Board Game 1:00 Manicures & Music 1:30 Bookmobile Outing! 2:00 Relaxation & Meditation 3:00 Movie & Snack 5:30 Balloon Toss Game	11 10:15 Communion Service 10:30 Bingo w/ Jess 11:00 Gardening Group 11:30 ntn'l Make a Sundae Day! 1:00 Cranium Crunch - Puzzles & Music 1:30 Balloon Toss w/ CNA's 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages 5:00 Karaoke & Music	12 9:00 Church Service 10:00 Bible Study 10:30 Gardening Group 11:00 Chair yoga 2:30 Michael Bellas Show 2:30 meditation time 3:00 Classic Movie & Popcorn!	13 All Day Weekend Activity Packets 9:00 2nd Annual Car Show 10:00 Independent Puzzles 1:30 Chair Exercise with CNA's 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna
	14 All Day Weekend Activity Packets 9:30 Hymn Sing Along and Bible Reading 10:00 Coffee & Tea Social with Teresa 10:30 quick crafts!! 11:00 Chair yoga with Teresa 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna	15 10:00 Gardening Group 11:00 Chair yoga 1:00 Reading Club 1:30 Manicure Mondays! 1:30 Hugo Visits 2:00 Guess the Song 5:00 Coloring & Puzzles with CNA's	16 All Day Hair Salon Day 10:00 Community Store visits 10:30 Bingo w/ Jess 11:00 Gardening Group 1:30 Balloon Toss w/ CNA's 3:00 Karaoke & Dancing 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages	17 9:30 game time! 10:00 Morning Yoga 11:00 Bingo or Board Game 1:00 Manicures & Music 2:00 Relaxation & Meditation 3:00 Movie & Snack 5:30 Balloon Toss Game	18 10:00 Melissa's 60s & 70s Show 10:15 Communion Service 10:30 Bingo w/ Jess 11:00 Gardening Group 1:00 Cranium Crunch - Puzzles & Music 1:30 Balloon Toss w/ CNA's 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages 5:00 Karaoke & Music	19 9:00 Church Service 10:00 Bible Study 10:30 Gardening Group 11:00 Chair yoga 1:30 Tie Dye Shirts in the courtyard! 2:30 meditation time 3:00 Classic Movie & Popcorn!	20 All Day Weekend Activity Packets 10:00 Independent Puzzles 1:30 Chair Exercise with CNA's 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna
	21 All Day Weekend Activity Packets 9:30 Hymn Sing Along and Bible Reading 10:00 Coffee & Tea Social with Teresa 10:30 quick crafts!! 11:00 Chair yoga with Teresa 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna	22 10:00 Gardening Group 11:00 Chair yoga 1:00 Reading Club 1:30 Manicure Mondays! 1:30 Hugo Visits 2:00 Walk & Talk w/ Teresa 5:00 Coloring & Puzzles with CNA's	23 All Day Hair Salon Day 10:00 Community Store visits 10:30 Bingo w/ Jess 11:00 Al & Rustie sing along! 11:00 Gardening Group 1:30 Balloon Toss w/ CNA's 3:00 Karaoke & Dancing 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages	24 9:30 game time! 10:00 Morning Yoga 11:00 Bingo or Board Game 1:00 Manicures & Music 1:30 Bookmobile Outing! 2:00 Relaxation & Meditation 3:00 Movie & Snack 5:30 Balloon Toss Game	25 9:30 Rosary Making event 10:15 Communion Service 10:30 Bingo w/ Jess 11:00 Gardening Group 1:00 Cranium Crunch - Puzzles & Music 1:30 Balloon Toss w/ CNA's 3:30 Independent Coloring & Drawing 4:00 Spa Hand Massages 5:00 Karaoke & Music	26 9:00 Church Service 10:00 Bible Study 10:30 Gardening Group 11:00 Chair yoga 1:00 July Birthday Social 2:30 meditation time 3:00 Classic Movie & Popcorn!	27 All Day Weekend Activity Packets 10:00 Independent Puzzles 11:30 Family Day Cookout! 1:30 Chair Exercise with CNA's 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna
	28 All Day Weekend Activity Packets 9:30 Hymn Sing Along and Bible Reading 10:00 Coffee & Tea Social with Teresa 10:30 quick crafts!! 11:00 Chair yoga with Teresa 2:00 Independent Coloring & Music 3:00 Walk and Talk with cna	29 10:00 Gardening Group 11:00 Chair yoga 1:00 Reading Club 1:30 Manicure Mondays! 1:30 Hugo Visits 2:00 Craft Hour w/ teresa 5:00 Coloring & Puzzles with CNA's	30 All Day Hair Salon Day 10:00 Community Store visits 10:30 Bingo w/ Jess 11:00 Gardening Group 1:30 Balloon Toss w/ CNA's 3:00 Karaoke & Dancing 3:30 Independent Coloring & Drawing	31 9:30 game time! 10:00 Morning Yoga 11:00 Bingo or Board Game 1:00 Manicures & Music 3:00 Movie & Snack		OPEN TO THE PUBLIC: 2nd annual car show 7/13 9-1pm Family Cookout 7/23 11:30-1pm Dementia Support Group 7/31 5:30-6:30pm	