

Activities subject to change.



JULY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- BWL** Bardwell Room
- BFR** Bistro/Front Room
- CS** Community Store
- IH** Irvin Hall
- CYD** Courtyard
- 6LR** 6th fl. Living Room
- EE** east entrance

Birthdays:

Pearl 7/21

Happy 102nd Birthday to Pearl!

Sofia 7/7

Holidays:

Independence Day 7/4

	* = signing up is required to participate.	01 10:00 Take a Break Craft w/ Crystal* BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 2:00 Personal Hugo Visits! BFR 3:00 Manicures BWL 4:00 Board games BWL	02 All Day Hair Salon Day BWL 10:00 Community Store CS 11:00 Coffee with Mayor Irvin IH 11:00 Popcorn Hour! BFR 2:00 Yoga w/ Jessie BWL 3:00 RummiKub! BWL 5:30 Resident Led Card Games BWL	03 9:00 Appointment Shuttle* BFR 10:00 Puzzles w/ Friends BWL 11:00 Popcorn Hour! BFR 1:00 4th of July Bingo w/ Tanya DR 2:00 Chair Yoga BWL 3:00 Board game of Choice BWL 5:30 Resident Led Board Game BWL	04 8:00 4th of July Parade* BFR 10:00 Community Store CS 10:00 Communion Service IH 11:00 Popcorn Hour! BFR 2:00 Chair Yoga BWL 3:00 RummiKub! BWL 4:00 Bocce Ball Game CYD 5:30 Resident Led Card Games BWL	05 9:00 Church Service BWL 10:00 Resident Bible Study BWL 10:30 Jewel-Osco Outing* BFR 11:00 Popcorn Hour! BWL 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 5:30 Resident Led Board Game BWL	06 All Day Weekend Activity Packets BWL 11:00 Resident Led indoor walking BWL 12:30 Bored Board Activities with Friends BWL 2:00 resident led exercises BWL 5:30 Resident Led Board Game BWL
	07 All Day Weekend Activity Packets BWL 10:00 Independent Board & Card Games BWL 2:00 Resident led Chair Exercises 6LR 3:00 Bored Board Activities BWL 5:30 Resident Led Board Game BWL	08 10:00 Morning Yoga BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 4:00 Board games BWL 5:30 Activity Sheets BWL	09 All Day Hair Salon Day BWL 10:00 Community Store CS 11:00 Popcorn Hour! BFR 1:30 Guess the Movie/Song Trivia BWL 2:00 Yoga w/ Jessie BWL 3:00 RummiKub! BWL 5:30 Resident Led Card Games BWL	10 10:00 Santori Library Outing* BFR 10:00 Puzzles w/ Friends BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BRAWL BWL 2:00 Chair Yoga BWL 3:00 Board game of Choice BWL 5:30 Resident Led Board Game BWL	11 10:00 Community Store CS 10:00 Communion Service IH 11:00 Popcorn Hour! BFR 2:00 Chair Yoga BWL 3:00 RummiKub! BWL 4:00 Bocce Ball Game CYD 5:30 Resident Led Card Games BWL	12 9:00 Church Service BWL 10:00 Resident Bible Study BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 5:30 Resident Led Board Game BWL	13 All Day Weekend Activity Packets BWL 9:00 2nd Annual Car Show EE 11:00 Resident Led indoor walking BWL 12:30 Bored Board Activities with Friends BWL 2:00 resident led exercises BWL 5:30 Resident Led Board Game BWL
	14 All Day Weekend Activity Packets BWL 10:00 Independent Board & Card Games BWL 2:00 Resident led Chair Exercises 6LR 3:00 Bored Board Activities BWL 5:30 Resident Led Board Game BWL	15 10:00 Morning Yoga BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 4:00 Board games BWL 5:30 Activity Sheets BWL	16 All Day Hair Salon Day BWL 10:00 Community Store CS 11:00 Popcorn Hour! BFR 1:00 Card Making Craft BWL 2:00 Yoga w/ Jessie BWL 3:00 Captel Phone Demo BWL 3:00 RummiKub! BWL 5:30 Resident Led Card Games BWL	17 9:30 Aurora Farmers Market* BFR 10:00 Puzzles w/ Friends BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BRAWL BWL 2:00 Chair Yoga BWL 3:00 Board game of Choice BWL 5:30 Resident Led Board Game BWL	18 10:00 Community Store CS 10:00 Communion Service IH 10:30 Melissa's 60s & 70s Show BWL 11:00 Popcorn Hour! BFR 1:00 Cooking Class - Chicken Bruschetta DR 2:00 Chair Yoga BWL 3:00 RummiKub! BWL 3:00 Resident Council DR 4:00 Bocce Ball Game CYD	19 9:00 Church Service BWL 10:00 Resident Bible Study BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 5:30 Resident Led Board Game BWL	20 All Day Weekend Activity Packets BWL 11:00 Resident Led indoor walking BWL 12:30 Bored Board Activities with Friends BWL 2:00 resident led exercises BWL 5:30 Resident Led Board Game BWL
	21 All Day Weekend Activity Packets BWL 10:00 Independent Board & Card Games BWL 2:00 Resident led Chair Exercises 6LR 3:00 Bored Board Activities BWL 5:30 Resident Led Board Game BWL	22 10:00 Morning Yoga BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 2:00 Personal Hugo Visits! BFR 3:00 Manicures BWL 4:00 Board games BWL 5:30 Activity Sheets BWL	23 All Day Hair Salon Day BWL 10:00 Community Store CS 11:00 Popcorn Hour! BFR 1:30 Guess the price 50's edition BWL 2:00 Yoga w/ Jessie BWL 3:00 RummiKub! BWL 5:30 Resident Led Card Games BWL	24 10:00 Walgreens Outing* BFR 10:00 Puzzles w/ Friends BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BRAWL BWL 2:00 Chair Yoga BWL 3:00 Mason Jar Beach Craft* BWL 3:00 Board game of Choice BWL 5:30 Resident Led Board Game BWL	25 9:30 Rosary Making event BWL 10:00 Community Store CS 10:00 Communion Service IH 11:00 Popcorn Hour! BFR 2:00 Chair Yoga BWL 3:00 RummiKub! BWL 3:00 Food Council DR 4:00 Bocce Ball Game CYD 5:30 Card Games BWL	26 9:00 Church Service BWL 10:00 Resident Bible Study BWL 11:00 Popcorn Hour! BFR 1:00 July Birthday Social CYD 2:00 Exercise Follow the Leader BWL 2:30 Smart Bucks Raffle BWL 3:00 Manicures BWL 5:30 Resident Led Board Game BWL	27 All Day Weekend Activity Packets BWL 11:00 Resident Led indoor walking BWL 11:30 Family Day Cookout! DR 12:30 Bored Board Activities with Friends BWL 2:00 resident led exercises BWL 5:30 Resident Led Board Game BWL
	28 All Day Weekend Activity Packets BWL 10:00 Independent Board & Card Games BWL 2:00 Resident led Chair Exercises 6LR 3:00 Bored Board Activities BWL 5:30 Resident Led Board Game BWL	29 10:00 Paint n' Sip w/ Jess* BWL 10:00 Morning Yoga BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BWL 2:00 Exercise Follow the Leader BWL 3:00 Manicures BWL 4:00 Board games BWL 5:30 Activity Sheets BWL	30 All Day Hair Salon Day BWL 10:00 Community Store CS 11:00 Popcorn Hour! BFR 1:30 Guess the Price 80's edition BWL 2:00 Yoga w/ Jessie BWL 3:00 RummiKub! BWL 5:30 Resident Led Card Games BWL	31 9:00 Appointment Shuttle* BFR 10:00 Puzzles w/ Friends BWL 11:00 Popcorn Hour! BFR 1:00 BINGO BRAWL BWL 2:00 Chair Yoga BWL 2:30 Pictionary w/ Teresa BWL 3:00 Board game of Choice BWL 5:30 Dementia Support Group BWL 5:30 Board Games BWL	OPEN TO THE PUBLIC: 2nd Annual Car Show 7/13 9-1pm Family Day Cookout 7/23 11:30-1pm Dementia Support Group 7/31 5:30-6:30pm		