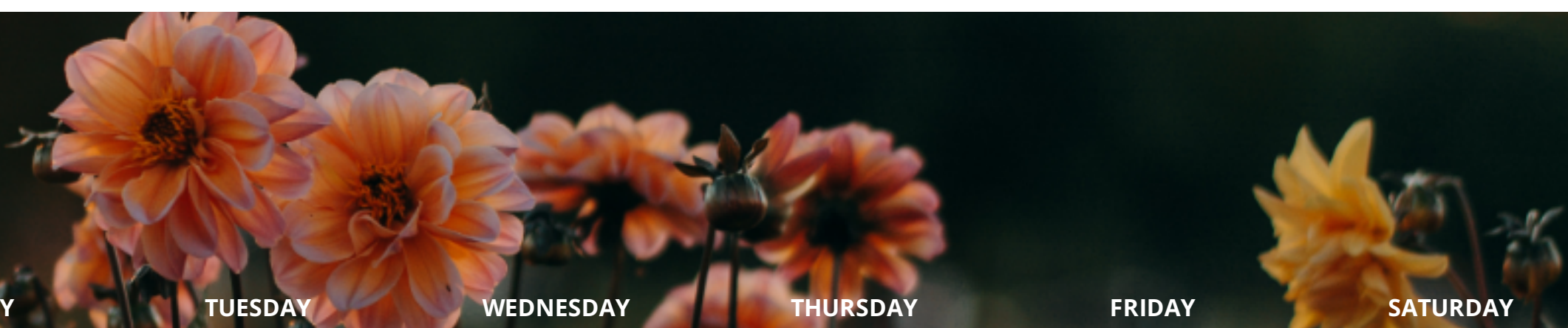


Activities subject to change.



MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Birthdays:

Carol 5/2

Janet 5/12

Barbara 5/24

Holidays:

May 5 - Cinco de Mayo

May 6 - National Nurses Day

May 12 - Mother's Day

May 27 - Memorial Day

May 31 - National Smile Day :)

	MEMORY CARE		OPEN TO THE PUBLIC: May 12th Mother's Day Tea & Coffee Party 10:00am May 17th Garden Planting Day 2-4pm May 29th Dementia Support Group 5-6pm	01 10:00a Balloon Toss w/ CNA's 10:30a Beach Volleyball 11:00a BINGO w/ CNA's 1:00p Bookmobile Visits! 1:00p Cranium Crunch - Singalongs 1:30p Ring Toss 2:00p Crafty Hour w/ Teresa 3:00p Movie & Snack	02 10:00a Communion Service 10:00a Communion Service 11:00a Chair yoga 11:30a Spa Hand Massages 1:30p Cranium Crunch - Puzzles & Music 1:30p Balloon Toss w/ CNA's 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	03 9:00a Church Service & Hymn Singing 10:00a Chair yoga 11:00a Spa Relaxation Hour 12:00p Cinco De Mayo Lunch! 1:00p Reading Club 2:00p Rootbeer Floats! 3:00p Classic Movie & Popcorn!	04 All Day Weekend Activity Packets 10:00a Independent Puzzles 1:30p Chair Exercise with CNA's 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna 3:30p Movie & Snack
05 All Day Weekend Activity Packets 9:30a Hymn Sing Along and Bible Reading 10:00a Coffee & Tea Social with Teresa 10:30a Cinco De Mayo Craft 11:30a Chair yoga with Teresa 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna	06 10:00a Chair yoga 10:30a crafting corner 1:00p Reading Club 1:30p Manicure Mondays! 3:00p Movie & Snacks 5:00p Coloring & Puzzles with CNA's	07 All Day Hair Salon Day 10:00a Coffee with Mayor Irvin 11:00a Chair yoga 11:30a Reading Club 1:30p Balloon Toss w/ CNA's 3:00p Cranium Crunch - Puzzles & Music 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	08 10:00a Balloon Toss w/ CNA's 10:30a Beach Volleyball 11:00a BINGO with CNA's 12:00p Phillips Park Sunken Garden! 1:00p Bookmobile Visits! 1:30p Ring Toss 2:00p Chair yoga 3:00p Movie & Snack	09 10:00a Communion Service 10:00a Communion Service 11:00a Chair yoga 11:30a Spa Hand Massages 1:30p Cranium Crunch - Puzzles & Music 1:30p Balloon Toss w/ CNA's 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	10 9:00a Church Service & Hymn Singing 10:00a Chair yoga 10:00a Resident Led Bible Study 11:00a Spa Relaxation Hour 1:00p Mother's Day Craft 3:00p Classic Movie & Popcorn!	11 All Day Weekend Activity Packets 10:00a Independent Puzzles 1:30p Chair Exercise with CNA's 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna 3:30p Movie & Snack	
12 All Day Weekend Activity Packets 9:30a Hymn Sing Along and Bible Reading 10:00a Mother's Day Tea Party! 10:30a quick crafts!! 11:00a Chair yoga with Teresa 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna	13 10:00a Chair yoga 10:30a crafting corner 1:00p Reading Club 1:30p Manicure Mondays! 1:30p Hugo Visits 3:00p Movie & Snacks 5:00p Coloring & Puzzles with CNA's	14 11:00a Chair yoga 11:30a Reading Club 1:30p Balloon Toss w/ CNA's 3:00p Cranium Crunch - Puzzles & Music 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	15 10:00a Balloon Toss w/ CNA's 10:30a Beach Volleyball 11:00a BINGO with CNA's 1:00p Bookmobile Visits! 1:00p crafting corner 1:30p Ring Toss 2:00p Chair yoga 3:00p Movie & Snack	16 10:00a Communion Service 10:00a Communion Service 11:00a Chair yoga 11:30a Spa Hand Massages 1:30p Cranium Crunch - Puzzles & Music 1:30p Balloon Toss w/ CNA's 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	17 9:00a Church Service & Hymn Singing 10:00a Chair yoga 10:00a Resident Led Bible Study 11:00a Spa Relaxation Hour 1:00p Reading Club 2:00p Garden Planting! 3:00p Classic Movie & Popcorn!	18 All Day Weekend Activity Packets 10:00a Independent Puzzles 1:30p Chair Exercise with CNA's 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna 3:30p Movie & Snack	
19 All Day Weekend Activity Packets 9:30a Hymn Sing Along and Bible Reading 10:00a Coffee & Tea Social with Teresa 10:30a quick crafts!! 11:00a Chair yoga with Teresa 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna	20 10:00a Chair yoga 10:30a crafting corner 1:00p Reading Club 1:30p Manicure Mondays! 3:00p Movie & Snacks 5:00p Coloring & Puzzles with CNA's	21 All Day Hair Salon Day 11:00a Chair yoga 11:30a Reading Club 1:30p Balloon Toss w/ CNA's 3:00p Cranium Crunch - Puzzles & Music 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	22 10:00a Balloon Toss w/ CNA's 10:30a Beach Volleyball 11:00a BINGO with CNA's 1:00p Bookmobile Visits! 1:00p crafting corner 1:30p Ring Toss 2:00p Chair yoga 3:00p Movie & Snack	23 10:00a Communion Service 10:00a Communion Service 11:00a Chair yoga 11:30a Spa Hand Massages 1:30p Cranium Crunch - Puzzles & Music 1:30p Balloon Toss w/ CNA's 2:30p Cooking Class - Guacamole! 5:00p Trivia videos with CNA's	24 9:00a Church Service & Hymn Singing 10:00a Chair yoga 10:00a Resident Led Bible Study 11:00a Spa Relaxation Hour 1:00p Reading Club 3:00p Classic Movie & Popcorn!	25 All Day Weekend Activity Packets 10:00a Independent Puzzles 1:30p Chair Exercise with CNA's 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna 3:30p Movie & Snack	
26 All Day Weekend Activity Packets 9:00a Memorial Day Church Service 10:00a Coffee & Tea Social with Teresa 10:30a quick crafts!! 11:00a Chair yoga with Teresa 2:00p Independent Coloring & Music 3:00p Walk and Talk with cna	27 10:00a Chair yoga 10:30a Memorial Day Poppy Discussion 11:00a Poppy Flower Craft 1:00p Reading Club 1:30p Manicure Mondays! 1:30p Hugo Visits 3:00p Movie & Snacks 5:00p Coloring & Puzzles with CNA's	28 11:00a Chair yoga 11:30a Reading Club 1:00p Ice Cream Social 1:30p Balloon Toss w/ CNA's 3:00p Cranium Crunch - Puzzles & Music 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	29 10:00a Balloon Toss w/ CNA's 10:30a Beach Volleyball 11:00a BINGO with CNA's 1:00p Bookmobile Visits! 1:00p May Birthday Social 1:00p crafting corner 1:30p Ring Toss 2:00p Chair yoga 3:00p Movie & Snack	30 10:00a Communion Service 10:00a Communion Service 11:00a Chair yoga 11:30a Spa Hand Massages 1:30p Cranium Crunch - Puzzles & Music 1:30p Balloon Toss w/ CNA's 3:30p Independent Coloring & Drawing 5:00p Trivia videos with CNA's	31 9:00a Church Service & Hymn Singing 10:00a Chair yoga 10:00a Resident Led Bible Study 11:00a Spa Relaxation Hour 1:00p Reading Club 3:00p Classic Movie & Popcorn!		