

Activities subject to change.



MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- BWL** Bardwell Room
- BFR** Bistro/Front Room
- CS** Community Store
- IH** Irvin Hall
- DR** Dining Room
- DT** Dining Tables
- CYD** Courtyard
- 6LR** 6th fl. Living Room
- DRH** dining room hall

Birthdays:

Carol 5/2

Janet 5/12

Barbara 5/24

Holidays:

May 5 - Cinco de Mayo

May 6 - National Nurses Day

May 12 - Mother's Day

May 27 - Memorial Day

May 31 - National Smile Day

OPEN TO THE PUBLIC:
May 10th Mother's Day Tea Party 1:30pm
May 17th Garden Planting Day 2-4pm
May 29th Dementia Support Group 5-6pm



05
 All Day | Weekend Activity Packets
 10:00a | Independent Board & Card Games **BWL**
 12:00p | Cinco De Mayo Lunch! **DR**
 2:00p | Resident led Chair Exercises **6LR**
 3:00p | Bored Board Activities **BWL**

12
 All Day | Weekend Activity Packets
 10:00a | Independent Board & Card Games **BWL**
 2:00p | Resident led Chair Exercises **6LR**
 3:00p | Bored Board Activities **BWL**

19
 All Day | Weekend Activity Packets
 10:00a | Independent Board & Card Games **BWL**
 2:00p | Resident led Chair Exercises **6LR**
 3:00p | Bored Board Activities **BWL**

26
 All Day | Weekend Activity Packets
 10:00a | Independent Board & Card Games **BWL**
 2:00p | Resident led Chair Exercises **6LR**
 3:00p | Bored Board Activities **BWL**

06
 10:00a | Morning Yoga **BWL**
 11:00a | Bingo with Jessica **BWL**
 1:30p | pictionary! **BWL**
 2:00p | Walking club! **BFR**
 3:00p | Mothers Day Craft! **BWL**
 4:00p | Board games **BWL**

13
 10:00a | Morning Yoga **BWL**
 11:00a | Bingo with Jessica **BWL**
 1:30p | pictionary! **BWL**
 2:00p | Personal Hugo Visits! **BFR**
 2:00p | Walking club! **BFR**
 3:00p | Manicure Mondays! **BWL**
 4:00p | Board games **BWL**

20
 10:00a | Morning Yoga **BWL**
 11:00a | Bingo with Jessica **BWL**
 1:30p | pictionary! **BWL**
 2:00p | Personal Hugo Visits! **BFR**
 2:00p | Walking club! **BFR**
 3:00p | Manicure Mondays! **BWL**
 4:00p | Board games **BWL**

27
 All Day | Memorial Day packets in **BWL ROOM!**
 10:00a | Morning Yoga **BWL**
 1:00p | independent board games **BWL**
 1:30p | pictionary! **BWL**
 2:00p | Walking club! **BFR**
 3:00p | Manicure Mondays! **BWL**
 4:00p | Board games **BWL**

07
 All Day | Hair Salon Day **DR**
 10:00a | Coffee with Mayor Irvin **CS**
 10:00a | Community Store Open! **CS**
 11:00a | board game of choice **BWL**
 1:00p | Bingo w/ Jessica **BWL**
 2:00p | Chair Cardio **BWL**
 5:30p | Card Games **BWL**

14
 10:00a | Community Store Open! **CS**
 11:00a | board game of your choice! **BWL**
 1:00p | Bingo with Jessica **BWL**
 2:00p | Chair Cardio **BWL**
 5:30p | Independent Card Games **BWL**

21
 All Day | Hair Salon Day **CS**
 10:00a | Community Store Open! **CS**
 11:00a | board game of your choice! **BWL**
 1:00p | Bingo with Jessica **BWL**
 2:00p | Chair Cardio **BWL**
 5:30p | Independent Card Games **BWL**

28
 10:00a | Community Store Open! **CS**
 11:00a | board game of your choice! **BWL**
 1:00p | Bingo! **BWL**
 2:00p | Chair yoga w/ Oak Street Health **BWL**
 3:00p | Courtyard Garden Craft **BWL**
 5:30p | Card Games **BWL**

01
 9:00a | Appointment Day** **BFR**
 1:00p | Bookmobile Visits! **BFR**
 1:00p | Word Search Social **BWL**
 2:00p | Chair Yoga **BWL**
 3:00p | Manicures & Music **BWL**
 4:00p | Card Games **BWL**

08
 10:00a | Walgreens Outing** **BFR**
 1:00p | Bookmobile Visits! **BFR**
 1:00p | Word Search Social **BWL**
 2:00p | Chair Yoga **BWL**
 3:00p | Manicures & Music **BWL**
 4:00p | Card Games **BWL**

15
 10:00a | Santori Library Outing** **BFR**
 11:30a | Senior Fraud Awareness Presentation **BWL**
 1:00p | Bookmobile Visit! **BFR**
 1:00p | Word Search Social **BWL**
 2:00p | Chair Yoga **BWL**
 3:00p | Manicures **BWL**
 4:00p | Cards **BWL**

22
 10:30a | Grandma's Table Brunch** **BFR**
 1:00p | Bookmobile Visits! **BFR**
 1:00p | Word Search Social **BWL**
 2:00p | Chair Yoga **BWL**
 3:00p | Manicures & Music **BWL**
 4:00p | Card Games **BWL**

29
 9:00a | Appointment Day** **BFR**
 1:00p | Bookmobile Visits! **BFR**
 1:00p | May Birthday Social **DRH**
 2:00p | Chair Yoga **BWL**
 3:00p | Manicures & Music **BWL**
 4:00p | Card Games **BWL**
 5:00p | Dementia Support Group **BWL**

02
 10:00a | Community Store Open **CS**
 10:00a | Communion Service **IH**
 11:00a | Card Games **BWL**
 1:00p | Cooking Class - Homemade Guacamole **DR**
 2:00p | Chair yoga **BWL**
 2:30p | RummiKub **BWL**
 3:00p | Movie w/ Popcorn! **BFR**

09
 10:00a | Community Store Open! **CS**
 10:00a | Communion Service **IH**
 11:00a | Card Games **BWL**
 1:00p | Mix Media Discussion **BWL**
 2:00p | Chair Stretching **BWL**
 2:30p | RummiKub! **BWL**
 3:00p | Bistro Movie w/ Popcorn! **BFR**

16
 10:00a | Community Store Open! **CS**
 10:00a | Communion Service **IH**
 11:00a | Independent Card Games **BWL**
 1:00p | Bingo & Coffee w/ Senior Services **DRH**
 1:00p | Mix Media Discussion **BWL**
 2:00p | Chair Stretching **BWL**
 2:30p | RummiKub! **BWL**
 3:00p | Resident Council Meeting **BFR**

23
 10:00a | Community Store Open! **CS**
 10:00a | Communion Service **IH**
 11:00a | Independent Card Games **BWL**
 11:30a | Boys & Girls Club Presentation & popcorn **BWL**
 1:00p | Mix Media Discussion **BWL**
 2:00p | Chair Stretching **BWL**
 2:30p | RummiKub! **BWL**
 3:00p | Bistro Movie w/ Popcorn! **BFR**

30
 10:00a | Community Store Open! **CS**
 10:00a | Communion Service **IH**
 11:00a | Card Games **BWL**
 1:00p | Mix Media Discussion **BWL**
 2:00p | Chair Stretching **BWL**
 2:30p | RummiKub **BWL**
 3:00p | Bistro Movie w/ Popcorn! **BFR**

03
 9:00a | Church Service **BWL**
 11:00a | Bingo w/ Jessica **BWL**
 12:00p | Cinco de Mayo Lunch **DT**
 1:00p | Root Beer Floats w/ Compassus! **DR**
 2:00p | Exercise Follow the Leader **BWL**
 3:00p | Bocce ball outdoor game **CYD**

10
 9:00a | Church Service **BWL**
 10:00a | Resident Led Bible Study **BWL**
 11:00a | Bingo! **BWL**
 1:30p | Mothers Day Tea Party! **DRH**
 2:00p | Exercise Follow the Leader **BWL**
 3:00p | Bocce ball Outdoor game **CYD**

17
 9:00a | Church Service **BWL**
 10:00a | Resident Led Bible Study **BWL**
 11:00a | Bingo with Jessica **BWL**
 2:00p | Garden Planting! **CYD**
 2:00p | Exercise Follow the Leader **BWL**
 3:00p | Bocce ball Outdoor game **CYD**

24
 9:00a | Church Service & Hymn Singing **BWL**
 10:00a | Resident Led Bible Study **BWL**
 11:00a | Cover All Bingo with Jessica **BWL**
 1:00p | Food Council Meeting **DR**
 2:00p | Exercise Follow the Leader **BWL**
 3:00p | Bocce ball Outdoor games! **CYD**

31
 9:00a | Church Service **BWL**
 10:00a | Resident Bible Study **BWL**
 11:00a | Bingo w/ Jessica **BWL**
 12:00p | Smart Bucks Raffle **DR**
 1:30p | pictionary **BWL**
 2:00p | Exercise Follow the Leader **BWL**
 3:00p | Bocce ball Outdoor game **CYD**

04
 All Day | Weekend Activity Packets **BWL**
 11:00a | Resident Led indoor walking **BWL**
 12:30p | Bored Board Activities with Friends **BWL**
 2:00p | resident led exercises **BWL**
 3:30p | RummiKub Game! **BWL**

11
 All Day | Weekend Activity Packets **BWL**
 11:00a | Resident Led indoor walking **BWL**
 12:30p | Bored Board Activities with Friends **BWL**
 2:00p | resident led exercises **BWL**
 3:30p | RummiKub Game! **BWL**

18
 All Day | Weekend Activity Packets **BWL**
 11:00a | Resident Led indoor walking **BWL**
 12:30p | Bored Board Activities with Friends **BWL**
 2:00p | resident led exercises **BWL**
 3:30p | RummiKub Game! **BWL**

25
 All Day | Weekend Activity Packets **BWL**
 11:00a | Resident Led indoor walking **BWL**
 12:30p | Bored Board Activities with Friends **BWL**
 2:00p | resident led exercises **BWL**
 3:30p | RummiKub Game! **BWL**