

Activities subject to change.



APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Birthdays:

Cathi L. 4/7

Ed L. 4/8

Paula M. 4/10

Louis C. 4/19

Michael P. 4/26

Barbara M. 4/29

Holidays:

Autism Awareness 4/2

World Parkinson's Day 4/11

Earth Day 4/22

♥ Memory Care

| 01 | 02 | 03 | 04 | 05 | 06 |
|---|--|--|---|--|---|
| <p>10:00a Coffee & Craft</p> <p>11:30a Walk & Talk with Teresa</p> <p>1:00p Ice Cream Social with Teresa</p> <p>1:30p Hugo Visits</p> <p>2:00p Manicure Mondays!</p> <p>3:00p Movie & Snack</p> | <p>9:30a Fitness Fun - Chair Yoga</p> <p>10:00a Bingo or Board Game</p> <p>11:00a Gratitude Journal & Discuss</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>3:00p Cranium Crunch - Puzzles & Music</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>10:00a Santori Library Outing**</p> <p>10:30a Games with CNA's</p> <p>11:00a Fitness Fun - Chair Yoga & Balloons</p> <p>1:00p Bookmobile Visits!</p> <p>1:00p Cranium Crunch -Singalongs</p> <p>1:30p Ring Toss</p> <p>2:00p Crafty Hour w/ Teresa</p> <p>3:00p Movie & Snack</p> | <p>10:00a Communion Service</p> <p>11:00a Fitness Fun - chair cardio</p> <p>11:30a Spa Hand Massages</p> <p>1:30p Cranium Crunch - Puzzles & Music</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>2:30p Walk and Talk with CNA's</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>9:00a Church Service & Hymn Singing</p> <p>10:00a Resident Led Bible Study</p> <p>11:00a Fitness Fun - chair Zumba with Teresa</p> <p>1:00p Crafty Hour with Teresa</p> <p>2:00p Cranium Crunch - Trivia or a Game</p> <p>3:00p Bake Choc Chip Banana Bread</p> | <p>All Day Weekend Activity Packets</p> <p>10:00a Independent Puzzles</p> <p>1:30p Chair Exercise with CNA's</p> <p>2:00p Independent Coloring & Music</p> <p>3:00p Walk and Talk with cna</p> <p>3:30p Movie & Snack</p> |
| 07 | 08 | 09 | 10 | 11 | 12 |
| <p>All Day Weekend Activity Packets</p> <p>9:30a Hymn Sing Along Sundays'</p> <p>10:00a Coffee & Tea Social with Teresa</p> <p>10:30a quick crafts!!</p> <p>11:00a Chair yoga with Teresa</p> <p>2:00p Independent Coloring & Music</p> <p>3:00p Walk and Talk with cna</p> | <p>10:00a Solar Eclipse Craft!</p> <p>11:00a Walk & Talk with Teresa</p> <p>1:00p meditation & relaxtion</p> <p>1:30p Solar Eclipse Viewing w/ glasses!</p> <p>2:00p Manicure Mondays!</p> <p>3:00p Movie & Snack</p> | <p>9:00a Hair Salon Day**</p> <p>9:30a Fitness Fun - Chair Yoga</p> <p>10:00a Bingo or Board Game</p> <p>11:00a Gratitude Journal & Discuss</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>3:00p Cranium Crunch - Puzzles & Music</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>9:30a CallaLily Victorian Tea Room**</p> <p>10:30a Games with CNA's</p> <p>11:00a Fitness Fun - Chair Yoga & Balloons</p> <p>1:00p Bookmobile Visits!Cranium</p> <p>1:00p Crunch -Singalongs</p> <p>1:30p Beach Ball Tarp Toss</p> <p>2:00p Crafty Hour w/ Teresa</p> <p>3:00p Movie & Snack</p> | <p>10:00a Communion Service</p> <p>11:00a Fitness Fun - chair cardio</p> <p>11:30a Spa Hand Massages</p> <p>1:30p Cranium Crunch - Puzzles & Music</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>2:30p Painting Pottery**</p> <p>2:30p Walk and Talk with CNA's</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>9:00a Church Service & Hymn Singing</p> <p>10:00a Resident Led Bible Study</p> <p>11:00a Fitness Fun - chair Zumba with Teresa</p> <p>1:00p Crafty Hour with Teresa</p> <p>2:00p Cranium Crunch - Trivia or a Game</p> <p>2:30p Classic Movie & Popcorn!</p> |
| 14 | 15 | 16 | 17 | 18 | 19 |
| <p>All Day Weekend Activity Packets</p> <p>9:30a Hymn Sing Along Sundays'</p> <p>10:00a Coffee & Tea Social with Teresa</p> <p>10:30a quick crafts!!</p> <p>11:00a Chair yoga with Teresa</p> <p>2:00p Independent Coloring & Music</p> <p>3:00p Walk and Talk with cna</p> | <p>10:00a Coffee & Craft</p> <p>11:30a Walk & Talk with Teresa</p> <p>1:00p meditation & relaxtion</p> <p>1:30p Hugo Visits</p> <p>2:00p Manicure Mondays!</p> <p>3:00p Movie & Snack</p> | <p>9:30a Fitness Fun - Chair Yoga</p> <p>10:00a Bingo or Board Game</p> <p>11:00a Gratitude Journal & Discuss</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>3:00p Cranium Crunch - Puzzles & Music</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>10:30a Games with CNA's</p> <p>11:00a Fitness Fun - Chair Yoga & Balloons</p> <p>1:00p Bookmobile Visits!</p> <p>1:00p Cranium Crunch - Singalongs</p> <p>1:30p Ring Toss</p> <p>2:00p Crafty Hour w/ Teresa</p> <p>3:00p Movie & Snack</p> | <p>10:00a Communion Service</p> <p>11:00a Fitness Fun - chair cardio</p> <p>11:30a Spa Hand Massages</p> <p>1:30p Cranium Crunch - Puzzles & Music</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>2:30p Walk and Talk with CNA's</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>9:00a Church Service & Hymn Singing</p> <p>10:00a Resident Led Bible Study</p> <p>11:00a Fitness Fun - chair Zumba with Teresa</p> <p>1:00p Crafty Hour with Teresa</p> <p>1:30p Earth Day - Bird Feeder Craft**</p> <p>2:30p Classic Movie & Popcorn!</p> |
| 21 | 22 | 23 | 24 | 25 | 26 |
| <p>All Day Weekend Activity Packets</p> <p>9:30a Hymn Sing Along Sundays'</p> <p>10:00a Coffee & Tea Social with Teresa</p> <p>10:30a quick crafts!!</p> <p>11:00a Chair yoga with Teresa</p> <p>2:00p Independent Coloring & Music</p> <p>3:00p Walk and Talk with cna</p> | <p>10:00a Coffee & Craft</p> <p>11:30a Walk & Talk with Teresa</p> <p>1:00p meditation & relaxtion</p> <p>1:30p Pokerkeno</p> <p>2:00p Manicure Mondays!</p> <p>3:00p Movie & Snack</p> | <p>9:00a Hair Salon Day**</p> <p>9:30a Fitness Fun - Chair Yoga</p> <p>10:00a Bingo or Board Game</p> <p>11:00a Gratitude Journal & Discuss</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>3:00p Cranium Crunch - Puzzles & Music</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>10:30a Games with CNA's</p> <p>11:00a Fitness Fun - Chair Yoga & Balloons</p> <p>1:00p Bookmobile Visits!Cranium</p> <p>1:00p Crunch -Singalongs</p> <p>1:30p Beach Ball Tarp Toss</p> <p>2:00p Crafty Hour w/ Teresa Movie & Snack</p> <p>5:00p Dementia Support Group</p> | <p>9:30a Rosary-Making Event</p> <p>10:00a Communion Service</p> <p>11:00a Fitness Fun - chair cardio</p> <p>11:30a Spa Hand Massages</p> <p>1:30p Cranium Crunch - Puzzles & Music</p> <p>1:30p Balloon Toss w/ CNA's</p> <p>2:30p Walk and Talk with CNA's</p> <p>3:30p Independent Coloring & Drawing</p> <p>5:00p Trivia videos with CNA's</p> | <p>9:00a Church Service & Hymn Singing</p> <p>10:00a Resident Led Bible Study</p> <p>11:00a Fitness Fun - chair Zumba with Teresa</p> <p>1:00p April Birthday Social</p> <p>2:00p Cranium Crunch - Trivia or a Game</p> <p>2:30p Classic Movie & Popcorn!</p> |
| 28 | 29 | 30 | | <p><i>Open to the Public:</i></p> <p>4/19 Earth Day Craft</p> <p>4/24 Dementia Support Group</p> <p>4/27 Spring Family Day</p> | |