

Activities subject to change.



APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- BWL** Bardwell Room
- 2SA** 2nd floor Salon
- BFR** Bistro/Front Room
- DRH** dining room hall
- CS** Community Store
- 327** Room 327
- DR** Dining Room
- 6LR** 6th fl. Living Room
- CYD** Courtyard

Birthdays:

Cathi L. 4/7

Ed L. 4/8

Paula M. 4/10

Louis C. 4/19

Michael P. 4/26

Barbara M. 4/29

Holidays:

Autism Awareness 4/2

World Parkinson's Day 4/11

<p><b>Open To The Public:</b></p> <p><b>4/19 Earth Day Bird Feeder Craft 1:30pm</b></p> <p><b>4/24 Dementia Support Group 5pm</b></p> <p><b>4/27 Spring Family Day 10:30am</b></p>	<p><b>01</b></p> <p>9:30a  April Fools Day's History &amp; Activity <b>BWL</b></p> <p>11:00a  Bingo with Jessica <b>BWL</b></p> <p>1:30p  Balloon Toss! <b>BWL</b></p> <p>2:00p  Hugo Visits! <b>BFR</b></p> <p>2:00p  Walking club!Bored <b>BFR</b></p> <p>3:00p  Board Activity Sheets <b>DRH</b></p> <p>4:00p  Board games <b>BWL</b></p>	<p><b>02</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  independent board games <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Chair Cardio <b>BWL</b></p> <p>2:30p  pictionary! <b>BWL</b></p> <p>5:30p  Independent Card Games <b>BWL</b></p>	<p><b>03</b></p> <p>10:00a  Santori Library Outing** <b>BFR</b></p> <p>1:00p  Bookmobile Visits! <b>BFR</b></p> <p>1:00p  Word Search Social <b>BWL</b></p> <p>2:00p  Chair Yoga <b>BWL</b></p> <p>3:00p  Manicures &amp; Music <b>BWL</b></p> <p>4:00p  Card Games <b>BWL</b></p>	<p><b>04</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  Independent Card Games <b>BWL</b></p> <p>1:00p  Mix Media Discussion <b>BWL</b></p> <p>2:00p  Chair Stretching <b>BWL</b></p> <p>2:30p  Cooking - Greek Cucumber Salad <b>327</b></p>	<p><b>05</b></p> <p>9:00a  Church Service &amp; Hymn Singing <b>BWL</b></p> <p>10:00a  Resident Led Bible Study <b>BWL</b></p> <p>11:00a  Cover All Bingo with Jessica <b>BWL</b></p> <p>2:00p  Exercise Follow the Leader <b>BWL</b></p> <p>3:00p  Bake Choc Chip Banana Bread <b>DR</b></p>	<p><b>06</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>11:00a  Resident Led indoor walking <b>BWL</b></p> <p>12:30p  Bored Board Activities with Friends <b>BWL</b></p> <p>2:00p  resident led exercises <b>BWL</b></p> <p>3:30p  RummiKub Game! <b>BWL</b></p>						
<p><b>07</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>10:00a  Independent Board &amp; Card Games <b>BWL</b></p> <p>2:00p  Resident led Chair Exercises <b>6LR</b></p> <p>3:00p  Bored Board Activities <b>BWL</b></p>	<p><b>08</b></p> <p>10:00a  Solar Eclipse Craft! <b>BWL</b></p> <p>11:00a  Bingo with Jessica <b>BWL</b></p> <p>1:30p  Solar Eclipse Viewing w/ glasses! <b>CYD</b></p> <p>2:00p  Walking club! <b>BFR</b></p> <p>3:00p  Bored Board Activity Sheets <b>DRH</b></p> <p>4:00p  Board games <b>BWL</b></p>	<p><b>09</b></p> <p>9:00a  Hair Salon Day** <b>2SA</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  independent board games <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Chair Yoga w/ Oak Street <b>BWL</b></p> <p>3:00p  Pictionary! <b>BWL</b></p> <p>5:30p  Independent Card Games <b>BWL</b></p>	<p><b>10</b></p> <p>9:30a  CallaLily Victorian Tea Room** <b>BFR</b></p> <p>1:00p  Bookmobile Visits! <b>BFR</b></p> <p>1:00p  Word Search Social <b>BWL</b></p> <p>2:00p  Chair Yoga <b>BWL</b></p> <p>3:00p  Manicures &amp; Music <b>BWL</b></p> <p>4:00p  Card Games <b>BWL</b></p>	<p><b>11</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  World Parkinson's Day w/ HealthPro! <b>BWL</b></p> <p>1:00p  Mix Media Discussion <b>BWL</b></p> <p>2:00p  Chair Stretching <b>BWL</b></p> <p>2:30p  Painting Pottery** <b>BWL</b></p>	<p><b>12</b></p> <p>9:00a  Church Service &amp; Hymn Singing <b>BWL</b></p> <p>10:00a  Resident Led Bible Study <b>BWL</b></p> <p>11:00a  Cover All Bingo with Jessica <b>BWL</b></p> <p>2:00p  Exercise Follow the Leader <b>BWL</b></p> <p>2:30p  Movie &amp; Popcorn (Resident choice) <b>BFR</b></p>	<p><b>13</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>11:00a  Resident Led indoor walking <b>BWL</b></p> <p>12:30p  Bored Board Activities with Friends <b>BWL</b></p> <p>2:00p  resident led exercises <b>BWL</b></p> <p>3:30p  RummiKub Game! <b>BWL</b></p>						
<p><b>14</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>10:00a  Independent Board &amp; Card Games <b>BWL</b></p> <p>2:00p  Resident led Chair Exercises <b>6LR</b></p> <p>3:00p  Bored Board Activities <b>BWL</b></p>	<p><b>15</b></p> <p>10:00a  Gratitude Journal &amp; Discuss <b>BWL</b></p> <p>11:00a  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Hugo Visits! <b>BFR</b></p> <p>2:00p  Walking club!Bored <b>BFR</b></p> <p>3:00p  Board Activity Sheets <b>DRH</b></p> <p>4:00p  Board games <b>BWL</b></p>	<p><b>16</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  independent board games <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Chair Cardio <b>BWL</b></p> <p>2:30p  pictionary! <b>BWL</b></p> <p>3:00p  Resident Council Meeting <b>DR</b></p> <p>5:30p  Independent Card Games <b>BWL</b></p>	<p><b>17</b></p> <p>10:00a  Walgreens Outing** <b>BFR</b></p> <p>1:00p  Bookmobile Visits! <b>BFR</b></p> <p>1:00p  Haiku Poem Day - Making our own Haiku <b>BWL</b></p> <p>2:00p  Chair Yoga <b>BWL</b></p> <p>3:00p  Manicures &amp; Music <b>BWL</b></p> <p>4:00p  Card Games <b>BWL</b></p>	<p><b>18</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  Independent Card Games <b>BWL</b></p> <p>1:00p  Mix Media Discussion <b>BWL</b></p> <p>2:00p  Chair Stretching <b>BWL</b></p>	<p><b>19</b></p> <p>9:00a  Church Service &amp; Hymn Singing <b>BWL</b></p> <p>10:00a  Resident Led Bible Study <b>BWL</b></p> <p>11:00a  Cover All Bingo with Jessica <b>BWL</b></p> <p>1:30p  Earth Day - Bird Feeder Craft** <b>DR</b></p> <p>2:00p  Exercise Follow the Leader <b>BWL</b></p>	<p><b>20</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>11:00a  Resident Led indoor walking <b>BWL</b></p> <p>12:30p  Bored Board Activities with Friends <b>BWL</b></p> <p>2:00p  resident led exercises <b>BWL</b></p> <p>3:30p  RummiKub Game! <b>BWL</b></p>						
<p><b>21</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>10:00a  Independent Board &amp; Card Games <b>BWL</b></p> <p>2:00p  Resident led Chair Exercises <b>6LR</b></p> <p>3:00p  Bored Board Activities <b>BWL</b></p>	<p><b>22</b></p> <p>10:00a  Morning Yoga <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Walking club! <b>BFR</b></p> <p>3:00p  Bored Board Activity Sheets <b>DRH</b></p>	<p><b>23</b></p> <p>9:00a  Hair Salon Day** <b>2SA</b></p> <p>10:00a  Thrive over 55 event <b>CS</b></p> <p>11:00a  board games <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Chair Yoga w/ Oak Street <b>BWL</b></p> <p>3:00p  pictionary! <b>BWL</b></p> <p>5:30p  Independent Card Games <b>BWL</b></p>	<p><b>24</b></p> <p>9:00a  Appointment Day** <b>BFR</b></p> <p>1:00p  Bookmobile Visits! <b>BFR</b></p> <p>1:00p  Food Council Meeting <b>DR</b></p> <p>2:00p  Chair Yoga <b>BWL</b></p> <p>3:00p  Manicures &amp; Music <b>BWL</b></p> <p>4:00p  Card Games <b>BWL</b></p> <p>5:00p  Dementia Support Group <b>BWL</b></p>	<p><b>25</b></p> <p>9:30a  Rosary-Making Event <b>BWL</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  Independent Card Games <b>BWL</b></p> <p>1:00p  Mix Media Discussion <b>BWL</b></p> <p>2:00p  Chair Stretching <b>BWL</b></p>	<p><b>26</b></p> <p>9:00a  Church Service &amp; Hymn Singing <b>BWL</b></p> <p>10:00a  Resident Led Bible Study <b>BWL</b></p> <p>11:00a  Cover All Bingo with Jessica <b>BWL</b></p> <p>1:00p  April Birthday Social <b>DR</b></p> <p>2:00p  Exercise Follow the Leader <b>BWL</b></p> <p>3:30p  Men's Group - Pizza &amp; Poker** <b>DRH</b></p>	<p><b>27</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>10:30a  Spring Family Event! <b>DR</b></p> <p>11:00a  Resident Led indoor walking <b>BWL</b></p> <p>12:30p  Bored Board Activities with Friends <b>BWL</b></p> <p>2:00p  resident led exercises <b>BWL</b></p> <p>3:30p  RummiKub Game! <b>BWL</b></p>						
<p><b>28</b></p> <p>All Day  Weekend Activity Packets <b>BWL</b></p> <p>10:00a  Independent Board &amp; Card Games <b>BWL</b></p> <p>2:00p  Resident led Chair Exercises <b>6LR</b></p> <p>3:00p  Bored Board Activities <b>BWL</b></p>							<p><b>29</b></p> <p>10:00a  Morning Yoga <b>BWL</b></p> <p>11:00a  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Hugo Visits! <b>BFR</b></p> <p>2:00p  Walking club! <b>BFR</b></p> <p>3:00p  Bored Board Activity Sheets <b>DRH</b></p> <p>4:00p  Board games <b>BWL</b></p>	<p><b>30</b></p> <p>10:00a  Community Store Open! <b>CS</b></p> <p>11:00a  independent board games <b>BWL</b></p> <p>1:00p  Bingo with Jessica <b>BWL</b></p> <p>2:00p  Chair Cardio <b>BWL</b></p> <p>2:30p  pictionary! <b>BWL</b></p> <p>5:30p  Independent Card Games <b>BWL</b></p>	<p><b>ANY ACTIVITY WITH A (**)</b> <b>HAS A SIGN UP SHEET!</b></p>			