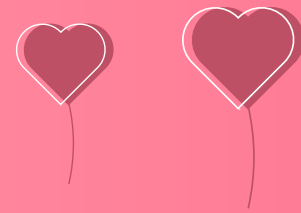
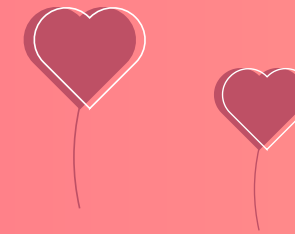


Activities subject to change.



# VALENTINE'S DAY



FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- BWL** Bardwell Room
- IH** Irvin Hall
- CS** Community Store
- DR** Dining Room
- BFR** Bistro/Front Room
- 6LR** 6th fl. Living Room
- DRH** dining room hall
- 2SA** 2nd floor Salon

Birthdays:

Joyce B. 2/13

Holidays:

Black History Month

Valentine's Day 2/14

Random Acts of Kindness

Day 2/17

Love Your Pet Day 2/20

Presidents Day 2/20

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>ALL CRAFTS &amp; OUTINGS HAVE A SIGN UP SHEET!</b></p> <p><b>Please sign up to attend!!***</b></p>		<p><b>OPEN TO THE PUBLIC:</b></p> <p><b>2/28 Dementia Support Group</b></p> <p><b>2/29 10 Warning Signs of Alzheimer's Disease</b></p>		<p><b>01</b></p> <p>10:00a Communion Service IH 10:00a Community Store Open! CS 10:30a Aurora University Student Activity! DR 11:30a Independent Card Games BWL 2:00p Flashcard Fitness BWL 3:00p Game with Jessica - You Choose! BWL</p>	<p><b>02</b></p> <p>9:00a Church Service &amp; Hymns BWL 10:00a Resident Led Bible Study BWL 11:00a Bingo with Jessica BWL 1:30p Fly Swatter Balloon Toss BWL 2:00p Chair Zumba Exercise BWL 6:00p Dueling Pianos Event - Prisco Center BFR</p>	<p><b>03</b></p> <p>All Day Weekend Activity Packets 9:30a Coffee &amp; Chat with Staff BFR 1:00p Resident Led indoor walking BWL 1:30p Independent Bored Board Sheets BWL</p>
<b>04</b>	<p>All Day Weekend Activity Packets 10:00a Independent Board &amp; Card Games BWL 11:00a Chair Exercises with Teresa 6LR</p>	<p><b>05</b></p> <p>10:00a Game with Jessica - Pass the Piggs BWL 11:00a Bingo with Jessica BWL 1:30p Balloon Toss! BWL 2:00p Indoor Walking Exercise BWL 2:00p Personal Hugo Visits! BFR 3:00p Bored Board Activities with Friends DRH</p>	<p><b>06</b></p> <p>10:00a Community Store Open! CS 11:00a Independent Puzzles &amp; Music BWL 1:00p Bingo with Jessica BWL 2:00p Chair Cardio Class BWL 2:30p Cool Down Stretching/yoga BWL</p>	<p><b>07</b></p> <p>10:00a Shopping: Craft Store for Card Supplies! BFR 1:00p Valentine's Day Card Making (sign up) BWL 2:00p Chair Yoga BWL 3:00p Manicures &amp; Music BWL</p>	<p><b>08</b></p> <p>10:00a Communion Service IH 10:00a Community Store Open! CS 10:30a Aurora University Student Activity! DR 11:30a Independent Card Games BWL 2:00p Flashcard Fitness BWL 3:00p Game with Jessica - You Choose! BWL 4:00p Happy Half Hour! DR</p>	<p><b>09</b></p> <p>9:00a Church Service &amp; Hymn Singing BWL 10:00a Resident Led Bible Study BWL 11:00a Cover All Bingo with Jessica BWL 1:30p Food Council Meeting DR 2:00p Chair Zumba Dance Exercise BWL 3:00p Decorating SuperBowl cupcakes! BWL</p>	<p><b>10</b></p> <p>All Day Weekend Activity Packets 9:30a Coffee &amp; Chat with Staff BFR 1:00p Resident Led indoor walking BWL 1:30p Independent Bored Board Sheets BWL</p>
<b>11</b>	<p>All Day Super Bowl Sunday!! 10:00a Independent Board &amp; Card Games BWL 11:00a Chair Exercises with Teresa 6LR 4:00p Super Bowl LVIII Party! DR</p>	<p><b>12</b></p> <p>10:00a Game with Jessica - Bunco BWL 11:00a Bingo with Jessica BWL 1:00p Love Letter Garland Craft BWL 1:30p Balloon Toss! BWL 2:00p Indoor Walking Exercise BWL 2:30p Voting Registration Workshop* BWL</p>	<p><b>13</b></p> <p>10:00a Community Store Open! CS 11:00a Independent Puzzles &amp; Music BWL 1:00p Bingo with Jessica BWL 1:00p Fat Tuesday Harner's Patzcki's! BFR 2:00p Chair Cardio Class BWL 2:30p Cool Down Stretching/yoga BWL</p>	<p><b>14</b></p> <p>All Day Wear Valentine's Day Colors today! 9:30a Starbucks Coffee outing! (Sign up) BFR 1:00p Valentine Bingo &amp; Treats w/ Tanya BWL 2:00p Chair Yoga BWL 3:00p Manicures &amp; Music BWL</p>	<p><b>15</b></p> <p>10:00a Communion Service IH 10:00a Community Store Open! CS 10:30a Aurora University Student Activity! DR 11:30a Independent Card Games BWL 2:00p Flashcard Fitness BWL 3:00p Game with Jessica - You Choose! BWL</p>	<p><b>16</b></p> <p>9:00a Church Service &amp; Hymn Singing BWL 10:00a Resident Led Bible Study BWL 11:00a Cover All Bingo with Jessica BWL 1:00p Valentine Theme Paint &amp; Sip w/ Becki! BWL 2:00p Chair Zumba Dance Exercise BWL 3:00p Men's Group DR</p>	<p><b>17</b></p> <p>All Day Weekend Activity Packets 9:30a Coffee &amp; Chat with Staff BFR 1:00p Resident Led indoor walking BWL 1:30p Independent Bored Board Sheets BWL</p>
<b>18</b>	<p>All Day Weekend Activity Packets 10:00a Independent Board &amp; Card Games BWL 11:00a Chair Exercises with Teresa 6LR</p>	<p><b>19</b></p> <p>10:00a Game with Jessica - RummiKube BWL 11:00a Bingo with Jessica BWL 1:30p Balloon Toss! BWL 2:00p Indoor Walking Exercise BWL 2:00p Personal Hugo Visits! BFR 3:00p Bored Board Activities with Friends DRH</p>	<p><b>20</b></p> <p>10:00a Community Store Open! CS 11:00a Independent Puzzles &amp; Music BWL 1:00p Bingo with Jessica BWL 2:00p Chair Cardio Class BWL 2:30p Cool Down Stretching/yoga BWL 2:30p Resident Council Meeting DR</p>	<p><b>21</b></p> <p>9:30a Santori Library Outing! (sign up) BFR 1:00p Word Search Social BWL 1:30p Cooking Class - Chicken Parmesan DR 2:00p Chair Yoga BWL 3:00p Manicures &amp; Music BWL</p>	<p><b>22</b></p> <p>10:00a Communion Service IH 10:00a Community Store Open! CS 10:30a Aurora University Student Activity! DR 11:30a Independent Card Games BWL 1:00p February Birthday Party! DR 2:00p Flashcard Fitness BWL 3:00p Game with Jessica - You Choose! BWL</p>	<p><b>23</b></p> <p>9:00a Church Service &amp; Hymn Singing BWL 10:00a Hair Salon Day! 2SA 10:00a Resident Led Bible Study BWL 11:00a Cover All Bingo with Jessica BWL 1:30p Fly Swatter Balloon Toss BWL 2:00p Chair Zumba Dance Exercise BWL 3:00p Men's Group DR</p>	<p><b>24</b></p> <p>All Day Weekend Activity Packets 9:30a Coffee &amp; Chat with Staff BFR 1:00p Resident Led indoor walking BWL 1:30p Independent Bored Board Sheets BWL</p>
<b>25</b>	<p>All Day Weekend Activity Packets 10:00a Independent Board &amp; Card Games BWL 11:00a Chair Exercises with Teresa 6LR</p>	<p><b>26</b></p> <p>10:00a Game with Jessica - You Choose!! BWL 11:00a Bingo with Jessica BWL 1:30p Balloon Toss! BWL 2:00p Indoor Walking Exercise BWL 3:00p Bored Board Activities with Friends DRH</p>	<p><b>27</b></p> <p>10:00a Community Store Open! CS 11:00a Independent Puzzles &amp; Music BWL 1:00p Bingo with Jessica BWL 2:00p Chair Cardio Class BWL 2:30p Cool Down Stretching/yoga BWL</p>	<p><b>28</b></p> <p>9:00a Appointment Day Shuttle Services (sign up) BFR 1:00p Word Search Social BWL 2:00p Chair Yoga BWL 3:00p Manicures &amp; Music BWL 5:00p Dementia Support Group BWL</p>	<p><b>29</b></p> <p>10:00a Communion Service IH 10:00a Store is Open! CS 12:00p Smartbucks Raffle winner announced! DR 1:00p Ice Cream Social - Back dining hall DRH 2:00p 10 Warning Signs of Alzheimer's BWL 2:00p Flashcard Fitness BWL 3:00p Game with Jessica! BWL</p>		

